



Hope Interfaith Center

April – June 2008

A message from Reverend Janice Hope Gorman:

Duality Consciousness or “Us vs. Them”

Dear Friends,

Have you found yourself caught in one of these conversations lately? “You’re wrong and I’m right!” or “I am good and you are bad!” or any of the many polar opposite stances we have the ability to take!

In case you haven’t noticed, the energies of polarization are alive and well on the planet these days. What is polarization? It’s when you feel compelled to choose one side over another and see your side as the right side. This stuff always kicks up during a Presidential election year!

I am working very hard on my ownership of duality consciousness. And this is where I am — I’m not a liberal or a conservative, a Democrat or a Republican, an apple or an orange. I am not native nor am I white. I am not Buddhist nor Hindu nor Catholic nor Protestant. Because I know that whenever I start identifying myself through narrowly defined societal templates, I wind up seeing my self as limited to one or another. Whenever any of us start to identify with a group or belief, we get all caught up in hateful thoughts, projecting our ire at someone we believe to be opposite of us, the antithesis of us.

By objectifying the “other” as something wrong or bad, all manner of spiritual disease manifests. Your whole life becomes an exercise in having to defend your viewpoint, to continually engage in useless debate, and to maintain the “either/or” mindset such as “You’re either with me, or you’re against me.” There’s no way we will reach across this barrier and create peace because we cannot see each other as ourselves.

Over the past week or so I’ve realized that I can’t DO polarization anymore! I thought I had moved beyond it in many ways, but I only recently realized how caught up in it I could still become. I see a lot of clients and students that feel like they don’t DO polarization any more but in reality they do. People in

the metaphysical and holistic health communities are like every other community — they can be immersed in drama and extremes just like political groups. There are people who call themselves “Spiritual Warriors” who have identified something or someone as the enemy. “Spiritual Warriors” tend to create one scenario after another that polarizes them against others.

People at most metaphysical chat forums these days are absolutely obsessed with the idea that the government expends huge amounts of time and energy to break our meetings up. Just like that, they are in polarity! Pretty messed up, eh? No wonder nobody ever takes anything that the “New Agers” do very seriously. They discredit themselves with all of their insane behavior and their sheer inability to get along. So much for being enlightened! Enlightenment doesn’t seem to take you very far these days. For many people, it doesn’t even allow them to go out of the house; they get so caught up in fear and paranoia.

I’m realizing more and more that the definition of true enlightenment for me has to involve moving beyond polarity. This isn’t easy to do. I myself am withdrawing my energy from the illusion and now, just truly, I am love no matter what — or at least doing my best to be love in word, thought and deed. I’m just finding, for me, anyway, that the balance point and the place in my life that is closest to God or Goddess consciousness is a place of unity. It’s the balance point between extremes. It’s the place where you can stand comfortably with one foot in each reality, without having your balance upset or getting tripped up.

This is unity consciousness. And I believe it is the new consciousness that we are all being prompted to switch into, much as it can appear hard to get there from here. When you’re down and dirty in the mud trying to defend yourself (or your point of view) it

(continued on page 2)

(Hope's letter, continued from page 1)

takes a huge act of humility to back off. I did not say that this process of LOVE was going to be easy! But I do believe it can be, if we allow our consciousness to shift and change and evolve where it needs to be. It might not happen overnight. But we'll get there!

First you must notice where the demons of polarity have you in their death grip. This is the first step. Once you see how you have polarity consciousness, it is then that you are being drawn into your own wisdom. You now have the chance to be something different! Then you will return to LOVE! And don't kid yourself — some of the most spiritual beings will find themselves living in polarities. That's the challenge that is presenting itself now to each and every person on this planet. It you find yourself locked in some life and death struggle right now, and you're trying to preserve your reputation, telling everyone that you have the corner on healing or trying to convince others that your political views are right or insisting (as many New Agers do) that you have the sole pipeline to divine wisdom, well, then, this essay is about YOU!

These days are "interesting times." But I believe it's up to us what we make of them. They can either turn into a curse or become the ultimate blessing, depending upon which attitude we bring to the table.

For ME, I'm focusing on perceiving this reality as a blessing and a wonderful opportunity to break free of polarity's grip, to become more balanced, centered, and ultimately free of kindergarten drama. As I continue to define myself as love and treat others in a loving way I am in the ONENESS!

I invite you to join me in this journey of ONENESS! From classes at the Center to Spiritual Services to my videos on the web site, my prayer is that everything we do will continue to help us all remain in the ONENESS and create from there!

With Pure Heart Always,
Mother Hope



Hope Interfaith Center

Janice Hope Gorman, Minister
Penelope Tower, Associate Minister
Joni Rae O'Connell, Financial Minister
Lisa Starkweather, Center Steward Minister

Hope Interfaith Center
808 North 2nd Street
Mankato, MN 56001

507-386-1242

e-mail: friend01@hickorytech.net

Visit us at: www.hopeinterfaithcenter.com

Notes...

When you come to the Center, we ask respectfully that you remove your shoes. This is to not just keep the Center clean, it is to help keep the energy clear. There are cubbies by the front door for storing your shoes. Some are bringing slippers to keep in the cubbies to use when they visit. Thank you!

Directions to the Center

There is parking on the street in front of the building and in the alley behind the building. There is also parking lot across the alley behind the Center.

From the north: Hwy 169 S, exit east onto Hwy 14, exit south (rt.) onto Riverfront Drive. Drive to Madison Ave (stop light) and turn left. Immediately get into your right lane and take the first right onto N. 2nd St. (be aware of merging traffic!) The Center is the 4th building on the right hand side.

From the south: Hwy 169 N, exit east onto Hwy 14, exit south (rt.) onto Riverfront Drive. Drive to Madison Ave (stop light) and turn left. Immediately get into your right lane and take the first right onto N. 2nd St. (be aware of merging traffic!) The Center is the 4th building on the right hand side.

Spiritual Counseling

As Hope Interfaith Center expands and the need and desire for spiritual counseling and co-journing is greater, we wish to remind you that Rev. Penny Tower, the Associate Minister at HIC, is available for private counseling. She has been Hope's 'right hand co-journer' for many years and is also able to help those on the Spiritual journey remember who they really are! Call HIC to make appointments with Penny.

Suggested Donation Prices for Spiritual Counseling

The suggested donation for spiritual counseling is \$50.00 in person and \$55.00 for phone readings (\$5.00 for postage).

*** **IT'S IMPORTANT TO RSVP** ***

Please RSVP for gatherings by calling or e-mailing your intention to attend. It's a really nice thing to do for yourself and it helps in our planning. Thank you!

~ *All Sacred Pathways Honored* ~

SPIRITUAL SERVICES

Second Sunday of every month • 10:00 a.m.
NEW LOCATION! INFORMATION BELOW!
facilitated by Hope

The Hope Interfaith Center is going through a “Dance of Transition!” Our dance will take on a new tempo, which will transform us all into another kind of adventure. Many of you may already know that the YWCA has been sold, which means that we will no longer be using that beautiful space to meet for large gatherings. We ask that you participate fully and joyously and consciously with our NEW UNFOLDMENT – keep us and our search for a new location in your hearts and keep coming to our monthly Spiritual Services! Below is where we will be meeting and what will happen for the next three months:

Sunday, April 13, 10 a.m. — “Earth Day”
Upper North Mankato Community Room, Fire Station #2
1825 Howard Drive, North Mankato.

Sunday, May 11, 10 a.m. — “Mother’s Day”
Upper North Mankato Community Room, Fire Station #2
1825 Howard Drive, North Mankato.

Sunday, June 8, 10 a.m. — “Shall We Gather At The River”
We will meet at the river at Sibley Park (900 Mound Ave in Mankato) – the space where we’ll gather is to the rear of the park, across from the parking lot by the ball fields. Please bring a blanket or lawn chair if you wish! If you are unsure where this park is, we will have a carpool caravan leaving from HIC at 9:40 a.m.

Sunday “Salons”

Third Sunday of the month • 10:00 a.m.
Dunn Bros., Commerce Dr., North Mankato

The salons will take place at the North Mankato Dunn Bros. Coffee. Salons will begin at 10:00 a.m. These gatherings will give us an opportunity to connect, discuss the previous week’s worship topic and share spiritual journeys.

“Salons” will be held:

Sunday, April 20
Sunday, May 18
Sunday, June 15

Hope Interfaith of Minneapolis

Third Sunday of the month • 3:30 p.m.
Baha’i Center, 3644 Chicago Ave, Mpls.

Contact Rev. Rebecca Fabunmi at 612-871-8311.

Hope Interfaith Minneapolis Services:

Sunday, April 20
Sunday, May 18
Sunday, June 15

Full Moon Groups

A personal invitation to gather in group!

Those in training in the mystery schools were taught to use two phases of the moon to help them bring the inner world and outer world together: the new moon for new beginnings, and the full moon to appraise our progress.

Moon Groups are a wonderful time of ritual, prayer, and enjoying the knowledge and wisdom that comes when people gather together and share as a family of Light. Events are child-friendly and held at the Hope Interfaith Center unless otherwise noted. **Please RSVP by calling 507-386-1242 three days prior.**

April Full Moon

Tuesday, April 22 • 6:00 p.m.
Nile Café, Madison Avenue, Mankato
Community Meal

Please come and join in community to share a meal, conversation and fellowship! We will meet at the restaurant. The maximum number that we can have attend is 20, so your RSVP is very important.

May Full Moon

Tuesday, May 20 • 6:20 p.m.
Hope Interfaith Center

A Night at the Movies

This evening we will go to a local movie theater and watch a film together. Afterwards, those who wish to can connect at a local coffee shop to chat about it! What movie will we see? We won’t know until about a week before the date, so this is a wonderful opportunity to “go with the flow!”

June Full Moon / Rite of the Summer Solstice

Wednesday, June 18 • 7:00 p.m.
HIC Backyard

The Summer Solstice is the high point of the Year of the Soul. It is that point in the year in which the energies of Nature reach their culmination, and it is the time in which the Christ energies touch the body, mind, and soul of all living things. This is the time of the Mystic marriage, the uniting of the male and female to give birth to the Holy Child within us!

What better way to celebrate the Child within, bring in the summer and honor the June full moon than to gather around a fire and make summertime S’Mores? We will provide the makings and equipment – you come and share in the fellowship of this magical night! Join us in a service that will bring to you significance in the meaning of this full etheric energy!

Gatherings and Opportunities

Serenity Support Group
Wednesdays beginning April 2
Hope Interfaith Center
facilitated by Judy Mosca

(suggested love donation: \$5.00 per gathering)

The Serenity Support Group will resume its meetings at the Hope Interfaith Center beginning April 2nd. These gatherings provide a caring, supportive space for people who are seeking spiritual peace in the midst of life situations. Although the group will meet at HIC on Wednesdays, please call Judy at 507-387-9054 for the time or, if you are new to the group, for more information!

Monthly Spiritual Study
(refer to the calendar for dates)

Hope Interfaith Center
facilitated by Rev. Hope and Rev. Ursula Christ

(suggested love donation: \$5.00 per class)

In addition to our continued study of the book "The Disappearance of the Universe," for the next three months we will also be focusing on the "Compassionate Brain" and how empathy creates an "Earth Community." Three essential themes and teachings will happen. First, that the brain is an incredibly compliant and adaptable information-processing organ; second, its varied adaptations are stimulated by both environmental influences and internal needs and wishes; and third, it is never too late to change the programming!

Part of what we will cover will be:

- 1) Identifying and removing the "packing and defense" mechanisms.
- 2) Options for re-assembly!
- 3) Advice about "new" installations!

What is the optimal brain? We will suggest that the more sensitive, intellectually and emotionally intelligent brain is associated with behaviors such as sensibleness, humility, prudence, truthfulness, reliability, responsibility and courtesy. Achieving these states is not accomplished solely by oneself, but rather through open, expansive connections to others, as well as a fortunate Earth Community environment!

Come join us and feed your mind as well as your heart with others of like minds! Now Is The Time!

Rite of the Summer Solstice
Wednesday, June 18 • 7:00 p.m.

See page 3 for information.

Spring Book Study
"The Two Marys" by Sylvia Browne
Thursdays, May 8, 15 and 22 • 7:00 p.m.

Hope Interfaith Center
facilitated by Hope

Hope is always looking for books but books always seem to find her! Last year's book study on "The Expected One" about Mary of Magdala, was hugely popular!

This May, Hope is inviting women to join her for another book study/sharing about "The Two Marys" by Sylvia Browne. "The Two Marys" focuses on the lives of the two most important women in the life of Jesus: Mary his mother and Mary Magdalene.

Jesus' mother had an enormous influence on him, which has been marginalized in many ways. Also, the idea of Jesus being married to Mary Magdalene still is not defined as truth.

Come join Hope once again and honor the women in Red from our past. Consider it your Ladies' Night Out! Let us celebrate, laugh, tingle and remember what the power of a woman feels like!

Week One: chapters 1 and 2

Week Two: chapters 3 – 5

Week Three: chapters 6 and 7

Sunday Noon Meal — Salvation Army
Sunday, June 22 • 11:00 a.m. to 1:30 p.m.

Volunteers needed to bring food & serve!

The Sunday Noon Meal serves a healthy, full meal to those in our area who are in need of nourishment and fellowship. It is served every Sunday and uses the Salvation Army sight as its base facility. Currently about 100 guests are served each Sunday.

Serving the Sunday Noon Meal involves the following: We will need approximately 16 people/units to donate, make and serve the food. There are five categories – the main dish, a vegetable, salad, bread, butter and milk, and dessert. Penny has more information and there is a sign up sheet in the foyer at HIC. On the Sunday we serve, we will meet at the Salvation Army at 11:00 a.m. The meal is served from noon until 1 p.m. and all volunteers should be able to leave, following clean up, by 1:30. This is a very worthwhile way to serve others and a good family activity, too. If you are unable to help serve that day, you can donate food (ask what is needed) or money to buy food – there are many options available to come forward and serve! Please sign up by June 15!

Healing Opportunities

Healing Energy Therapies

April and May 2008

Two members of our community are again offering their services of healing in exchange for a small love donation. Contact them directly to make appointments or register.

REIKI (*pronounced ray-key*)

Reiki is a Japanese holistic, light touch, energy-based healing art that balances the normal flow of energy throughout the body. It can enhance and accelerate the body's innate healing abilities and heals on all levels: physical, emotional, mental and spiritual. During a reiki session the receiver lays on a massage table fully clothed (although reiki can be given seated or standing), as the practitioner places hands on or near the body in a series of hand positions. Sessions last 30-90 minutes.

Wendy Rockswold has been practicing reiki, yoga and other forms of energy work for the past eight years. She is a Reiki Master who has studied with Melanie Williams, Deb Schubert, Mona Cenicerros and Janice Gorman. Wendy is committed to helping children and adults recognize their own healing abilities.

Wendy will offer private sessions at HIC on these dates:

April 2 and 3 • 8:00 a.m. to 1:30 p.m.

April 30 and May 1 • 8:00 a.m. to 1:30 p.m.

Call or e-mail Wendy for appointments:

507-387-4824 / wrockswold@gmail.com

QIGONG MEDITATIONS TO ENERGIZE AND HEAL

(*pronounced che-gong and means energy work*)

This ancient method of healing has been practiced in China for thousands of years. Each of us has energy flowing thru our bodies. When energy gets out of balance or stuck, blockages can occur. A Qigong healing can remove blockages and balance energy so that we can heal in a perfect way—physically, mentally and spiritually.

Lois Weber is a long time student of Master Chunyi Lin, founder of Spring Forest Qigong (SFQ). She was introduced to this wondrous mode of healing in the year 2000 to help her with a nonunion fracture in her leg. Lois has completed four levels of training with Master Lin and has been teaching and practicing SFQ daily for almost 8 years.

Lois will be leading a three-week series of meditations incorporating Qigong healing at HIC on these dates:

April 7, 14 and 21 • 10:00 to 11:00 a.m.

Each week you will experience calming energy through meditation and by receiving individual energy work. These techniques are simple, yet powerful enough to relieve physical pain, reduce stress, depression and address many other health concerns.

To register, call or e-mail Lois:

507-387-1633 / Email: loie560@yahoo.com

Personal Growth Group

10 weekly meetings beginning April 9

7:00 to 8:30 p.m.

Hope Interfaith Center

Facilitated by Ocho

(suggested love donation:

\$10.00 per gathering;

sliding donation scale available)

Throughout history, spiritual masters have made insights about personal growth through self-denial, prayer and compassionate service. More recently, humanistic psychology has come to similar insights into the process of personal growth and its relationship to emotions, thoughts and behavior.

For those seeking the most valuable and meaningful life possible, the words that come from these insights can be an inspiration. But the words are not the insights.

This group gives members the opportunity to learn from each other and practice compassionate communication, honesty, empathy, acceptance, awareness, rationality, balance and other skills of personal growth. It gives the members experiences with these practices and an opportunity to share their experiences with other members. The result of this practice is an increase in feelings of personal choice, as well as of mastery over oneself and one's life situation.

Ocho (Dave O'Connell) is a practicing Mental Health Coach in Mankato, working with families and children. He is also a singer/songwriter. He received his Bachelor's Degree summa cum laude from Minnesota State University, Mankato, in 2004, and his Master's in Mental Health Counseling at Southern Oregon University in 2006. In Oregon, he practiced counseling with adults, children, families, students and sexual minorities. He was also employed as a spiritual youth leader with the Unitarian Universalist Fellowship.

The group will meet weekly for 10 weeks. Meetings will be held at HIC. Members are asked to attend all meetings, as much as is possible. After the first meeting, no new members will be able to enter the circle.

For questions please call Ocho at 206-384-6002. Please register for this class by April 4th!

Practicing Stewardship with your Money in Times of Change!

April 24, May 29 and June 26 • 6:30 to 8:30 p.m.

Hope Interfaith Center

Facilitated by Paul Gorman,

*SCC Farm Business Management Instructor
and avocational investor*

(love donations accepted)

The financial and psychological impact of all the news about a recession has heightened concerns regarding finances and investments. Attend our three-part series on becoming a better steward of your financial life.

Paul Gorman has 19 years of experience working with farm businesses in all areas of finance and accounting. He has become more proactive in his own family's money management during the past decade and is comfortable and conversant in most areas of investment. Paul has experience in commodity trading, stocks, mutual funds, and online brokerages as well as conventional and tax-deferred investments.

First Session on April 24

“Getting Control of Your Spending & Debt”

Fundamentals, tools and inexpensive software for tracking and managing finances will be demonstrated. We will visit websites where participants can learn more at their own pace.

Second Session on May 29

“Planning for Your Financial Future”

We'll look at strategies that apply to people at all income levels and ages. Understanding, selecting and managing IRA, SEP-Keogh, and other forms of retirement funds will be covered.

Third session on June 26

“Selecting Investments”

We will look at criteria for selecting types of investments and choices of stocks or funds within those types, and demonstrate tools to “weed out” risky or poor performing stocks or funds.

This introductory series may lead to an ongoing monthly investment club if the participants express a desire to learn more and earn more.

*When I do good, I feel good;
when I do bad, I feel bad,
and that is my religion.*

attributed to Abraham Lincoln

Drum Making

Saturday, April 26 • 1:00 to 4:00 p.m.

First Congregational Church UCC, Mankato

Facilitated by Scott Tower

*“The Drum is the Great Spirit's favorite instrument.
That's why we were all given a heartbeat.”*

~Mano, Native Elder

RSVP needed by April 14th so supplies can be ordered!

Back by popular demand! Scott has been asked to teach how to make drums once again. This will be an afternoon for you to make your own drum and connect with your own creative heartbeat! Scott has been making drums for 6 years and loves to share his passion for this native instrument. Below are the choices you have for a basic 8 sided or round drum. If you have a wish for something different, please call Scott at 507-327-0857 and he can help you with cost and feasibility. You may call or e-mail the Center to place your order for the kits listed below and to register for this class!

13" 8 sided cedar framed drum with deer rawhide: \$50.00

15" 8 sided cedar framed drum with deer rawhide: \$60.00

10" round maple drum with elk rawhide: \$25.00

16" round maple drum with elk rawhide: \$55.00

Drum stick (pre-made): \$10.00

Healing Our World

Guided Healing Meditation

Thursday, May 1 • 7:00 to 8:00 p.m.

Thursday, June 5 • 7:00 to 8:00 p.m.

Hope Interfaith Center

Facilitated by Lois Weber

When we focus on the beauty of perfect healing love and the joy of sharing it with every man, women and child in every corner of our world, the benefits can be far-reaching and transforming. Coming together in community to do this meditation makes the intent of the energy even more powerful. (This is the same meditation that Lois led us through at the Winter Solstice last December – many commented on the power and beauty of it!)

The more energy we send out to help others to heal, the more healing energy that the Universe returns to each of us. It is such a beautiful and powerful cycle. This qigong meditation is recorded by Master Chunyi Lin, founder of Spring Forest Qigong.

***“FUN”raising Opportunities
for the Hope Interfaith Center!***

**Applebee’s Flapjack Fundraiser Breakfast
Saturday, April 26 • 8:00 to 10:00 a.m.
Mankato Applebee’s, 1900 Adams Street**

Tickets: \$5.00 – purchase at HIC

Come and enjoy a short stack for a tall cause! We will be in the kitchen at the Applebee Restaurant cooking up a storm and would love to serve YOU! Tickets can be purchased at HIC – invite your friends, bring your family, spread the word!

If you wish to volunteer in the kitchen or be a server, please connect with Penny – we will need a dozen helpers. Thanks in advance!

**Third Annual Garage Sale:
Thursday, June 26 • 3:00 to 6:00 p.m.
Friday, June 27 • 8:00 a.m. to 6:00 p.m.
Saturday, June 28 • 8:00 am to 1:00 p.m.
Hope Interfaith Center**

Your donations of gently used saleable items will make this yard sale a HUGE success!!!

Drop off times at HIC will be:

June 3 and 4 from 10:00 a.m. to 4:00 p.m.

June 18 and 19 from 8:00 a.m. to 1:00 p.m.

Other drop-off times by appointment only. Please call to make sure that someone is at the Center.

We are very grateful to all who donated and volunteered last year. We all come together and form a very wonderful, supportive community!

Kim Stanton is asking for volunteers to sign up at HIC or call her! Please call e-mail Kim:
507-345-6563 / ofthemoment@myclearwave.net

Hope’s Web Cam Experiences 2008

“From my home to yours!”

Sunday evening 8:00 p.m. CST

Mother Hope invites you to continue to tune in each week to listen to her short teachings via a web cam and the internet! Join her in making the connection to flow with the momentum that unites All Creation!

The call of the higher purpose of Divine Intent calls for a radical change in the ground rules that govern physical reality. In order that All Life might partake in the opportunity to taste their innate Divinity and, ultimately, unite in ONENESS, it is necessary that certain conditions be altered so that the energies of stagnation might be transcended by those who were ready to be free.

Go to the HIC website at www.hopeinterfaithcenter.com and open the icon named ‘video.’ Each week offers a new topic that will have a connection to Body, Mind, Spirit and Oneness.

Hope promises to share with you her own journey of living her life in Spiritual and Physical Alignment (SPA), no matter where that journey may take her. And she invites you to make a commitment to take action as the God-Being that you are, to create the YOU that is meant to be!

Reusable Grocery Totes

available at HIC

In keeping with our committed desire to support the “Congregations Caring for Creation,” the Hope Interfaith Center has invested in reusable grocery totes. They are roomy and feature a reinforced bottom.

The totes are available at the Center for only \$6.00 each. Help eliminate the use of plastic bags that pollute our landfills and let us all help “Green the Earth!”

*Don’t think of God in terms of forms,
because forms are limited and God is unlimited.*

C.S. Lewis

All sacred pathways honored

Calendar of HIC Events

April

- 1 HIC Board Meeting 6:30 p.m.
- 2 Serenity Support (every Wednesday)
- 2 Reiki offered
- 3 Reiki offered
- 7,14,21 Qigong Meditation 10 a.m.
- 9 Personal Growth Group (10 wks) 7 p.m.
- 13 Spiritual Service 10 a.m.
- 20 Salon at Dunn Bros. 10 a.m.
- 20 Minneapolis HIC Service 3:30 p.m.
- 22 Full Moon gathering 6 p.m.
- 24 Stewardship Class 6:30 p.m.
- 26 Flapjack Fundraiser 8-10 a.m.
- 26 Drum Making 1 p.m.
- 28 Spiritual Study 9 a.m.
- 29 Spiritual Study 7 p.m.
- 30 Reiki offered

May

- 1 Reiki offered
- 1 Healing World Meditation 7 p.m.
- 8,15,22 Book Study for Women 7 p.m.
- 11 Spiritual Service 10 a.m.
- 18 Salon at Dunn Bros. 10 a.m.
- 18 Minneapolis HIC Service 3:30 p.m.
- 20 Full Moon gathering 6:20 p.m.
- 26 NO Spiritual Study
- 27 Spiritual Study 7 p.m.
- 29 Stewardship Class 6:30 p.m.

June

- 3 HIC Board Meeting 6:30 p.m.
- 5 Healing World Meditation 7 p.m.
- 8 Spiritual Service 10 a.m.
- 9-13 HIC closed - Wednesday activities still on!
- 15 Salon at Dunn Bros. 10 a.m.
- 15 Minneapolis HIC Service 3:30 p.m.
- 18 Summer Solstice/Full Moon 7 p.m.
- 22 Sunday Noon Meal served 11 a.m.
- 23 Spiritual Study 9 a.m.
- 24 Spiritual Study 7 p.m.
- 25 Stewardship Class 6:30 p.m.
- 26,27,28 HIC Garage Sale

Please RSVP for all events: 507-386-1242

Visit www.hopeinterfaithcenter.com for a printable calendar of events.

Hope Interfaith Center
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