



Hope Interfaith Center

April - June 2011

~ A message from Reverend Janice Hope Gorman ~

“Break Through to New Ground”

Dear Friends,

Most of you are hearing that 2011 will be a year of transformation. Up until now, our transformation has been internal. In 2011, we all have begun a new era through the consciousness of co-creation, an outward manifestation of our inward transformations. This means that this year it becomes absolutely vital and essential that our thoughts are clear and in alignment with whom we really are and what we really want!

The Masters say that we will see big chunks of our new lives come into plain view, which means that our new roles become more apparent to us. I read a line once that said — “If your life was about to become all that you’ve ever dreamed of, what would you need to DO right now to prepare yourself? This is where your focus needs to be.” So, I ask us all — “What is paramount for our successful take-off?”

We are being asked to apply the masculine energy of structure, discipline and organization in our lives... to tighten up the ship and get ready for take-off! I think it’s interesting that the last space shuttle from NASA in Florida is planned for take-off in mid-April. I believe that this is a symbol of the times for us. We are called to take inspired action when prompted and when shown. Perhaps this is why I talked so much about watching for those signs — “Signs of Synchronicities!”

Although 2010 was a very busy year internally and we were faced with a lot of forced change, it was

exactly what we needed to get us to this place. The necessity to become real to make changes, to come into balance has been circling us like sharks. Now is the time! And, of course, you have heard many teachers say that if you don’t change you’re going to get bitten and/or eaten up!

I have seen many now muster up their energy to hit the road and make changes, speak their truths and become real. Congratulations! Congratulations! Congratulations! You are walking your talk! And it is only April. WOW! Watch for what is next. People who needed to move into smaller houses did so. People who needed to go out and find new jobs have done so or are doing so. People who have needed to change some friendships did so or are doing so. People who needed to take better care of their bodies are doing so.

The Beloved Masculine and Divine Feminine energies of “Lovingly Moments of Change” are here! These changes also have happened within HIC with my beloved Penny moving on and my beloved assistant Jody Scholtz coming on board. These days are exciting, as we are the creators of our new dawning!

Come and join us at HIC for a plethora of opportunities that are designed to set you on fire with passion to live your authentic truths!

With Pure Heart,
Hope



~ **Hope Interfaith Center** ~

114 Pohl Road
Mankato, MN 56001
507-386-1242

email: friend01@hickorytech.net
Visit us at: www.hopeinterfaithcenter.com

Janice Hope Gorman, Minister

Jody Scholtz, Office Manager

Joni Rae O'Connell, Financial Minister

Center Steward: Rev. MaryAnn Morningstar

Health Minister: Rev. Carol Parsley

Reiki Master Teacher and Counselor: Rev. Christine Kile

HIC Board of Directors:

Dean Pettis Julie Thorleifson

Jo Gangestad Kim Cummings

Kathy Heine

**For directions to the Center and other information,
see right or please visit us online at:
www.hopeinterfaithcenter.com**

~ **SPIRITUAL SERVICES** ~

Second Sunday of every month • 10:00 a.m.

Hope Interfaith Center

facilitated by Hope

The Hope Interfaith Center holds a spiritual service the second Sunday of each month. We open our arms to all to come together and recognize that we are ONE in the eyes of CREATION! All Sacred Pathways Are Honored. Come and invite a friend!

Sunday, April 10 – “Flower Essences”

Sunday, May 8 – “The Divine Goddess Honoring”

Sunday, June 12 – “Summer Rituals”

Sunday “Salons”

Third Sunday of the month • 10:00 a.m.

Hope Interfaith Center

These gatherings will give us an opportunity to connect, discuss the previous week's worship topic, and share our spiritual journeys. We will have coffee made and water for tea!

“Salons” will be held:

Sunday, April 17

Sunday, May 15

Sunday, June 19

~ **All Sacred Pathways Honored** ~

Directions to The Hope Interfaith Center
114 Pohl Road, Mankato

From the West:

Highway 14 East to Highway 22 South

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)

Hoffman Road becomes Glenwood Avenue (curvy road)

Turn left onto Pohl Rd.

The Center is the deep magenta building on the right corner

From the East:

Highway 14 West to Highway 22 South

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)

Hoffman Road becomes Glenwood Avenue (curvy road)

Turn left onto Pohl Rd.

The Center is the deep magenta building on the right corner

From the North:

Highway 169 South to Highway 22 South (one block past the last stop light in St. Peter)

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)

Hoffman Road becomes Glenwood Avenue (curvy road)

Turn left onto Pohl Rd.

The Center is the deep magenta building on the right corner

From the South:

Highway 169 North to Riverfront exit

Turn right onto Riverfront Dr. (past West High School)

Turn right onto Stoltzman Rd. (follow this road and signs to MSU)

Turn left onto Stadium Rd. (drive up hill past MSU)

Turn left onto Pohl Rd. (twin homes on corner)

The Center is deep magenta, the last building on the corner

Suggested Donation Prices for Spiritual Counseling

The suggested donation for spiritual counseling is \$50.00 in person and \$55.00 for phone readings (\$5.00 for postage).

Remember that we are a non-profit spiritual center, therefore your donations are tax deductible.

****** IT'S IMPORTANT TO RSVP ******

Please RSVP for gatherings by calling or emailing your intention to attend. It's a really nice thing to do for yourself and it helps in our planning. Thank you!

When you come to the Center, we would ask that you remove your shoes if possible. There are mats and cubbies that will hold your shoes. This is not only to help keep the Center clean but it is also a way of honoring the sacredness of the space. Thank you.



~ Full Moon Groups ~

A personal invitation to gather in group!

Those in training in the mystery schools were taught to use two phases of the moon to help them bring the inner world and outer world together: the new moon for new beginnings, and the full moon to appraise our progress. Moon Groups are a wonderful time of ritual, prayer and enjoying the knowledge and wisdom that comes when people gather together and share as a family of Light. Events are child-friendly and held at the Hope Interfaith Center unless otherwise noted. **Please RSVP by calling 507-386-1242 three days prior.**

April Full Moon

Sunday, April 17 • 7:00 p.m.

Hope Interfaith Center

*Unveiled & Revealed: A Gathering for Women
facilitated by Liz "Rosalia" Bode
(love donation accepted)*

Now is the time. You, dear Goddess, are invited to participate in this unique experience of Goddess Belly Dancing! Experience the reconnection to your ancient roots and female relationships as you participate in a group that explores the Divine Feminine through movement while incorporating the influence of some of the core values of social work within a woman's spiritual context and experience. Goddess Belly Dancing embraces and honors women of all walks of life and of all shapes of life. Come prepared to move, laugh and relish in the company of women! Please bring some type of hip scarf or even a simple piece of cloth that can be tied around your hips and wear comfortable clothing.

Liz Bode has been belly dancing since 2006 and is the Spirit Director of RakStar Fusion Belly Dancers, an eclectic troupe based in Mankato. Liz holds a Bachelor of Social Work degree.

Please RSVP at least one week before this gathering.

May Full Moon

Monday, May 16 • 7:00 p.m.

Hope Interfaith Center

*Crystal Teachings
facilitated by Teri Spence*

This is an introduction to crystal teachings. Beginners are welcome! For anyone interested in learning more about

crystals or minerals please join us. Learn the different ways you can collect, clean, clear, charge and program your crystals. You will also be able to learn the different ways in which you can use your crystals for healing, protection, spiritual work and decoration, just to name a few. Get acquainted with your crystals and have a great relationship with them!

June Full Moon

Tuesday, June 21 • 7:00 p.m.

Hope Interfaith Center

Summer Solstice Celebration

*"The most beautiful thing we can experience
is the mysterious.*

It is the source of all true art and science.

He to whom this emotion is a stranger,

*who can no longer pause to wonder and stand rapt in awe,
is as good as dead; his eyes are closed..."*

~ Albert Einstein

The Ancient Mysteries call forth a return to Nature's rhythms on an intuitive level. Spirit and Nature in Harmony! The earth seasons are designed to promote specific evolutionary needs for us on a Conscious Spiritual level.

The Summer Solstice is the high point of the Year of the Soul. It is that point in the year in which the energies of Nature reach their culmination, and it is the time in which the Christ energies touch the body, mind, and soul of all living things. This is the time of the Mystic marriage, the uniting of the male and female to give birth to the Holy Child within us.

Join us in a service that will bring to you significance in the meaning of this full etheric energy! All are welcome!

~ Gatherings and Opportunities ~

HIC — A Place of Healing Renewal

Hope Interfaith Center supports the work of those who share this building with us! We are happy to offer to our community the wealth of knowledge that these healers and teachers bring.

In one office upstairs here at HIC you will find the “Health Minister” Rev. Carol Parsley (507-420-3437), who can help all with nutritional wholeness. Across the hall you will find the office of Christine Kile (507-382-7364), Reiki Master and practitioner of integrative therapies.

We invite you to call them to find out how they may help you on your journey to wholeness and health on all levels of your human and spiritual being!

Serenity Support Group

Hope Interfaith Center

facilitated by Judy Mosca

(suggested love donation: \$5.00 per gathering)

The Serenity Support Group is open to all who are seeking peace in the midst of these challenging times. SSG meets most Wednesdays, beginning at 12:30 p.m. An email notice will be sent out with dates. For further information and/or to register and get the schedule, please call Judy Mosca at 507-387-4629, Heart of Peace Spiritual Companionship.

Monthly Spiritual Study

(refer to the calendar for dates)

Hope Interfaith Center

facilitated by Hope

(suggested love donation: \$5.00 per gathering)

Creating an Energy Attractor

The next spiritual study is dedicated to “Creating an Energy Attractor.” In a simple but highly effective method, you place your awareness in your “second body,” your KA. This energy body is in the same shape and size as your physical body, but is energetic in nature, rather than made of flesh and blood. It permeates every space of your body, and thus every cell of your body is within the KA. Your KA is also highly receptive to subtle energies — especially to all forms of light and to the charged photons and magnetic energies that comprise the solar winds of change on this earth.

Come learn how to connect and charge the KA body as we move through this incredible shift in consciousness. Looking forward to seeing you all!

Providence Partners

(refer to the calendar for dates)

Hope Interfaith Center

This financial investment group meets monthly to study smart and conscious investments, and investing as a group. There are still a few spaces open for new investors. Call Joe Gilbert at 507-317-3966 for more information.

Relationship Group

(refer to the calendar for dates)

Hope Interfaith Center

facilitated by Hope

You and your beloved are invited to come to Hope Interfaith Center for our monthly Relationship Group! It has proven to be a source of support and growth by helping make love relationships holier, healthier, and happier! This quarter we will be working with the material of Gary Chapman (5 Love Languages). Come and learn more!

Toning for Transformation, Tranquility and Transcendence

Mondays • 5:30 p.m. (refer to the calendar for dates)

No Gathering when HIC is closed

Hope Interfaith Center

facilitated by Jo Gangestad and Ruth Ann Rosenwinkel

Vibrational healing and vibrational balance is coming to the forefront of many teachings, whether they be in the realm of spiritual, health or general well-being! You are invited to come Monday evenings for half an hour of toning with Jo and Ruth Ann. You need not have any previous experience — every sound we make is a tone! However, intentional use of our vocal chords can bring us into amazing spaces of wholeness. As a group it is even more powerful! Come every week or come when you can, but we invite you to come!

The Time Returns

(formerly The Mary Magdalene Circle)

First Monday of the month • 6:30 p.m.

(refer to the calendar for dates)

Hope Interfaith Center

A new name and a new focus! Inspired by Mary Magdalene, we invite women to join us as we gather to share our wisdom and to encourage and support each other on our journey to the Oneness. All are welcome! For more information about the group, contact: Jan Uhlenkamp (507-354-9454) or Mary Lou Nelson (952-607-6766). Please RSVP at least one week before by calling Mary Lou.

Monday Morning Wellness Circle

Mondays • 9:30 to 11:00 a.m.

(refer to the calendar for dates)

No gathering when HIC is closed

Hope Interfaith Center

facilitated by Lois Weber

(suggested love donation: \$5 per gathering)

Join Lois and others for some Drumming and Qigong! We will learn, practice and receive qigong. Lois will guide the group in meditation and energy work. You need not have taken Qigong classes to attend and participate.

Come to the Circle and receive/share unconditional love. Call Lois if you have questions at 507-327-9250.

Men's Group

Wednesdays • 5:30 to 6:30 p.m.

(refer to the calendar for dates)

Hope Interfaith Center

facilitated by Bob Dickhudt

A Men's group, with the purpose of increasing Spiritual Awareness, began this past November. Various methods — including music, visualizations, meditation, discussion, literature and others — will be used as determined by the group. Bob Dickhudt, a long time friend of Hope's, leads this group. Bob has a background in music (guitar and voice) and is devoted to his spiritual growth and awareness, having participated in numerous personal retreats.

This group meets every other week. If you have any questions, contact Bob at 507-779 -6971.

Journaling

(refer to the calendar for dates)

Hope Interfaith Center

facilitated by Klea Brewton Fitzgerald and Judy Mosca

You are invited to join Klea and Judy for an evening of journaling. Learn new techniques and continue on with your own journaling discipline — what a great way to gain insight to your own wisdom and guidance! Bring your notebook or journal and a writing utensil. Newcomers are always welcome!

Reiki Share

Mondays April 25, May 23, June 27 • 7:00 p.m.

Hope Interfaith Center

facilitated by Christine Kile

Join Christine and others in a Reiki Share. Come together, break into groups and give one another healing Reiki energy. No need to have prior experience with energy healing — Christine will guide us and lead the sessions. You will leave this evening relaxed and renewed!

Qigong and Drumming

Thursdays April 28, May 26, June 23

6:30 to 8:30 p.m.

Hope Interfaith Center

facilitated by Lois Weber

(suggested love donation: \$5 per gathering)

This gathering includes drumming and qigong (bring your drum if you have one...we do have a few extras). No prior qigong experience is necessary. We practice simple qigong movements and a sitting meditation that brings inner peace and healing. We often do group energy work or one-on-one if someone needs a little extra help. If you have questions, call Lois at 507-387-1633.

Integration Classes for 2011!

April 2, July 9 and October 8 • 10:00 a.m. to noon

Hope Interfaith Center

facilitated by Hope

Please mark your calendars for the three Integration Classes that will be offered this year. These classes are for all who are registered for and receiving the Monthly Teaching CDs.

Mankato Area Fair Trade Meeting

Tuesday, April 12 • 7:00 p.m.

Hope Interfaith Center

The Mankato Area Fair Trade Town Initiative group is meeting at HIC. This is an important time for this group as we are hoping to have the Mankato Area become the first official "Fair Trade Town" in Minnesota this year; BUT this will take some work and contacts.

We are part of the World community and now more than ever it is important to show respect for each other by how we chose the products we use. Please come if you would like to know more about Fair Trade and/or how to help in our local effort.

Book Reflection, Part 3

"Women, Food and God" by Geneen Roth

Saturday, May 21 • 10:00 a.m.

Hope Interfaith Center

facilitated by Hope and Deb Nelson

"When you believe in yourself more than you believe in food to take care of your emotions, then you will lose weight!"

We will laugh and talk and pray in this next group. We will talk about "Radical Acceptance" which will lead to "Radical Health". You may attend whether or not you have read this inspirational book. Please RSVP by May 19.

***6th Annual HIC FUNraising
Garage Sale!***

Friday, June 24 • 8:00 a.m. to 6:00 p.m.

Saturday, June 25 • 8:00 a.m. to 2:00 p.m.

Hope Interfaith Center

Your donations of gently used saleable items will make this yard sale a HUGE success!

Please bring your items on Tuesday, June 21, for Solstice. We will be putting items in the entrance of the Great Room. On Thursday, June 23, leave your items under the tents on the HIC yard. Call if you need to make other arrangements!

**“I Am Love -
The Way of the Heart”**

2011 Monthly Teaching CDs

facilitated by Hope

(suggested donation of \$10 per month)

As we approach 2012 the Mayan calendar comes to a close. The feathered serpent symbolizes our ascended state as fully realized galactic humans. “Out of darkness we are reborn!”

The purpose of these recordings is to remind you how precious and powerful you are. We are now entering a time of using our energies to create our new reality. The stages that we have gone through have been “Discovery,” “Application,” “Growth” and now the next stage is “Mastery.” The gateway to “Mastery” is now open, and the key is to stay in the highest vibration of your life.

Join me every month by ordering your Monthly CD teachings! It is not too late to join in on this exciting adventure of becoming a “Master” of Love. Love is the highest vibration, which has the ability to change your life and your planet. Please call the Center at 507-386-1242 to enroll!

THANK YOU! MERCI! GRACIAS! XIE, XIE!

ASANTI! DANKE! SPASIBA!

Hearty thanks to all who helped at HIC last quarter!

We want to thank Mark and Carol Parsley for bringing their popcorn machine and supplying the popcorn during the movie night!

We also want to thank Bonnie Welch for the office supplies!

As always, we also appreciate all those who help out around HIC without even being asked! Simple gifts such as putting chairs away, helping in the kitchen after Sunday Service, emptying garbage, etc. — all of those actions are witnessed and appreciated!

*“All changes,
even the
most longed for,
have their
melancholy;
for what we
leave behind us
is a part
of ourselves;
we must die
to one life
before we can
enter another.”*

~ Anatole France

Hello Jody Scholtz...

It is my honor to introduce to you HIC's new receptionist and my new assistant! Jody Scholtz started on March 1, so many of you have already met her or talked with her. She holds a shared resonance with the band of frequency called "joy" and "enthusiasm".

Her frequency is a wonderful vibrational tuning fork of humbleness and gratitude and servanthood. She is ready to serve us all! What a wonderful addition to this Temple. She is here to serve you and your needs and here to assist me in the journey of helping me keep organized and on top of things!

As always, any shift can be difficult...so I am asking this Community to support the shift that is now taking place at Hope Interfaith Center. Our Center is continuing to be known by more and more people as a place that is filled with Love and Light.

Every time I do a rose petal ceremony outside the doorways of HIC, new people arrive to check us out! Upon arrival every one can feel the vibration of ancient wisdom that represents a path of harmony and joy and love. When people stay long enough, the heart softens and a holy experience begins to be felt in every part of their body and soul. The vibration of this Center is always dedicated to helping others feel refreshed in restorative love. The rose has been connected with the temple of Aphrodite from 1000 BC. So, may the beloved Aphrodite bless this temple and bless Jody as she holds a very important job within HIC.

...and goodbye Penny Tower

Now, my goodbye to my dear friend and spiritual sister, Rev. Penny Tower — I love you deeply and cherish your beautiful heart that has been so devoted to me and the mission of this Temple.

Our time together for over six years here has been filled with many events and happenings. Thank you for your willingness to embrace each one of those days with a sense of a new adventure in whatever form it would take. Most of all, thank you showing that you believe in me always, and in doing so, through the language of your heart, you supported my decisions and trusted that I was energetically making my decisions in my own heart.

It is very rare to have a best friend and an excellent student and a humble servant all rolled up into one fantastic person! But you have served this Center above and beyond the call of duty. So, blessings, my friend as you embark on your New Journey!

~ Hope

~ Calendar of Events ~

Please RSVP for all events: 507-386-1242

*Visit www.hopeinterfaithcenter.com
for a printable calendar of events*

April

- 2 Integration Class 10 a.m.
- 4,11,18,25 Morning Wellness Circle 9:30 a.m.
Toning 5:30 p.m.
- 4 Time Returns Group 6:30 p.m.
- 6,20 Men's Group 5:30 p.m.
- 7 Providence Partners 7 p.m.
- 10 Spiritual Service 10 a.m.
- 12 Mankato Area Fair Trade Meeting 7 p.m.
- 14 Relationship Group 7 p.m.
- 17 Sunday Salon 10 am
- 17 Full Moon 7 p.m.
- 19 Journaling 7 p.m.
- 25 Reiki Share 7 p.m.
- 26 Spiritual Study 7 p.m.
- 28 Qigong and Drumming 6:30 p.m.

NOTE: HIC is closed April 21-23.

Calendar events will continue to take place.

May

- 2, 9, 16 Morning Wellness Circle 9:30a.m.
Toning 5:30 p.m.
- 2 Time Returns Group 6:30 p.m.
- 4,18 Men's Group 5:30 p.m.
- 5 Providence Partners 7pm
- 8 Spiritual Service 10pm
- 15 Salon 10 am.
- 16 Full Moon 7 p.m.
- 17 Journaling 7 p.m.
- 19 Relationship Group 7 p.m.
- 21 Book Reflection 10 a.m.
- 23 Reiki Share 7 p.m.
- 26 Qigong and Drumming 6:30 p.m.

NOTE: HIC is closed May 23-30.

Calendar events will continue to take place.

June

- 1,15,29 Men's Group 5:30 p.m.
- 2 Providence Partners 7 p.m.
- 6,13,20,27 Morning Wellness Circle 9:30 a.m.
Toning 5:30 p.m.
- 6 Time Returns Group 6:30 p.m.
- 12 Spiritual Service 10 a.m.
- 16 Relationship Group 7 p.m.
- 19 Sunday Salon 10 a.m.
- 21 Solstice 7 p.m.
- 23 Qigong and Drumming 6:30 p.m.
- 27 Reiki Share 7 p.m.
- 28 Spiritual Study 7 p.m.

All sacred pathways honored

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