



Hope Interfaith Center

January - March 2011

A message from Reverend Janice Hope Gorman:

***“Celebrate! Celebrate!
Dance to the music of 2011!”***

Dear Friends,

Pay attention! The cosmic party of our ONENESS is here. We are now in the New Year of 2011. Community celebrations have already begun at sacred sites all over our planet! They will continue throughout this year! In February, 20 people from the HIC community will travel to Hawaii to celebrate this awakening.

CELEBRATIONS are what I am going to focus on during this year at the Center as well as in my own personal life. A deep gentleness and deep love permeates our planet now, asking all souls to listen to the whispers of their hearts.

Every year brings with it new energies and these new energies come with many gifts. One of the gifts this year given to all of us is the power to BUST the prophecies of doom and gloom as we keep on attuning to the highest level of Light. This is a must in these changing times. A lifting up of our energies will continue to occur on a cellular and spiritual level as we celebrate this year by tuning in and aligning with the highest vibration of Love!

This year will be magnificent as we continue to open up our high hearts. Let us now raise our right hands together and pledge that we will be more and more on top of our personal lives instead of allowing old patterns of behavior to keep surfacing, which then creates life falling down on top of us!

Let the trumpets sound and the angels sing and the celebration begin! For now the Gateway of Unity

has arrived! Let us all unite in our ONENESS. The energies coming from the gateway of the number 11 gives us an opportunity to have a direct link to the Diamond Light contained in our High Heart. You are prepared now for a new birth!

At the Hope Interfaith Center we will celebrate with you! Some of you will start new businesses, some of you will move, some of you will begin new relationships, and many of us will break out of the chains of fear, lack, doubt, and limitation. We will have much to celebrate!

Master Kuthumi speaks often to me and asks me to tell you to “Arise! Walk in your Soul Light, speak through your Soul Light, feel through your Soul Diamond energy which comes through your Soul Light!”

Come and join us at HIC to continue to strengthen your energy field and awaken your Spirit by attending any or all events we have here at the “temple on the hill”. Let’s celebrate together, shall we?

Read the rest of this newsletter and ask your heart to open up and lead you to the right gathering, the right monthly Spiritual Service or Spiritual Study, the right person on staff here that can and will help you on your journey.

We look forward to spending time together!

With Pure Heart,
Hope



Hope Interfaith Center

114 Pohl Road
Mankato, MN 56001
507-386-1242

email: friend01@hickorytech.net
Visit us at: www.hopeinterfaithcenter.com

Janice Hope Gorman, Minister

Penelope Tower, Associate Minister

Joni Rae O'Connell, Financial Minister

Center Steward: Rev. MaryAnn Morningstar

Spiritual Counselor: Rev. Ursula Christ

Health Ministers: Carol Parsley, Jody Scholtz, Mona Smiley

Reiki Master Teacher and Counselor: Rev. Christine Kile

HIC Board of Directors:

Dean Pettis Ursula Christ

Jo Gangestad Julie Thorleifson

Kathy Heine Kim Cummings

For directions to the Center and other information,
please see page 7 or visit us online at:
www.hopeinterfaithcenter.com

SPIRITUAL SERVICES

Second Sunday of every month • 10:00 a.m.

Hope Interfaith Center

facilitated by Hope

The Hope Interfaith Center holds a spiritual service the second Sunday of each month. We open our arms to all to come together and recognize that we are ONE in the eyes of CREATION! All Sacred Pathways Are Honored. Come and invite a friend!

Sunday, January 9 – “The Gate is OPEN”

Sunday, February 13 – “Sacred Geometry”

Sunday, March 13 – “Contact and Connect”

Sunday “Salons”

Third Sunday of the month • 10:00 a.m.

Hope Interfaith Center

These gatherings will give us an opportunity to connect, discuss the previous week's worship topic, and share our spiritual journeys. We will have coffee made and water for tea!

“Salons” will be held:

Sunday, January 16

Sunday, February 20

Sunday, March 20

~ All Sacred Pathways Honored ~

Directions to The Hope Interfaith Center 114 Pohl Road, Mankato

From the West:

Highway 14 East to Highway 22 South

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)

Hoffman Road becomes Glenwood Avenue (curvy road)

Turn left onto Pohl Rd.

The Center is the deep magenta building on the right corner

From the East:

Highway 14 West to Highway 22 South

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)

Hoffman Road becomes Glenwood Avenue (curvy road)

Turn left onto Pohl Rd.

The Center is the deep magenta building on the right corner

From the North:

Highway 169 South to Highway 22 South (one block past the last stop light in St. Peter)

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)

Hoffman Road becomes Glenwood Avenue (curvy road)

Turn left onto Pohl Rd.

The Center is the deep magenta building on the right corner

From the South:

Highway 169 North to Riverfront exit

Turn right onto Riverfront Dr. (past West High School)

Turn right onto Stoltzman Rd. (follow this road and signs to MSU)

Turn left onto Stadium Rd. (drive up hill past MSU)

Turn left onto Pohl Rd. (twin homes on corner)

The Center is deep magenta, the last building on the corner

Suggested Donation Prices for Spiritual Counseling

The suggested donation for spiritual counseling is \$50.00 in person and \$55.00 for phone readings (\$5.00 for postage).

Remember that we are a non-profit spiritual center, therefore your donations are tax deductible.

*** IT'S IMPORTANT TO RSVP ***

Please RSVP for gatherings by calling or emailing your intention to attend. It's a really nice thing to do for yourself and it helps in our planning. Thank you!

When you come to the Center, we would ask that you remove your shoes if possible. There are mats and cubbies that will hold your shoes. This is not only to help keep the Center clean but it is also a way of honoring the sacredness of the space. Thank you.

“I Am Love - The Way of the Heart” 2011 Monthly Teaching CDs

Beginning in January 2011, Hope will be producing a compelling collection of teachings about Oneness and Love. Monthly teachings CDs are a perfect gift for this New Year for yourself or to give to others. 2011 is a gateway year into Love, which is the highest frequency in the Universe. A mass consciousness of awakening is happening this year.

The purpose of these recordings is to model to you how we are meant to shine. These CDs will remind you how precious and powerful you are. We are now entering a time of learning how to read all energies and how to bring them into the Universe — through our relationships, our jobs, our communities. For many of you, the initial stages of transformation are now nearing completion. You have accomplished a level of detachment and are no longer a walking time bomb of emotions. All of this has been no small feat. Congratulations!

The stages that you have gone through have been “Discovery,” “Application,” “Growth,” and now the next stage is “Mastery.” The gateway to “Mastery” is now open and the key to escort you through the portal of change is your vibration. These CDs will coach you every month into staying in alignment with your Master Self! Each person’s life is a unique journey and each of you are invaluable to every layer of restoring the “PLAN”. We are well within the process of ascension now. To keep the momentum going is key to being in your higher consciousness and to create a life of flow and grace. This process of ascension needs you! Come join Hope in crossing the finish line of ascension. We at the Hope Interfaith Center provide opportunities such as these CDs to help you keep up your momentum. Please call the Center at 507-386-1242 to enroll now! The suggested donation for the CDs is \$10 per month.

THANK YOU!

Hearty thanks to all who helped at HIC last quarter!

During this time we served the Sunday Noon Meal at the Mankato Salvation Army, hosted a fundraising concert, held our annual Silent Auction, had a Pie Social, and winterized the Center! Thanks to Kim and Andrew Cummings, Sean and Joni O’Connell, Nancy Besse and Tom Licklider, Jan and Jim Uhrencamp, Jody Scholtz, Angela Anderson, Becky Kaderlik, Mona Smiley, Klea Brewton Fitzgerald, Scott and Penny Tower, Jen Galvin & Nate Anderson, Ursula Christ, Bonnie Smasal, Deb Nelson, Janice and Paul Gorman, Trish and Richard Bruxvoort Colligan, Dayna Cobb, Anita Markham and family, Carol Parsley, Bakers Square, HyVee, and Perkins. And continued thanks to all of you who do the little things, often unnoticed (moving chairs in the Great Room, cleaning up the kitchen, etc), that help keep HIC flowing and growing!

Full Moon Groups

A personal invitation to gather in group!

Those in training in the mystery schools were taught to use two phases of the moon to help them bring the inner world and outer world together: the new moon for new beginnings, and the full moon to appraise our progress. Moon Groups are a wonderful time of ritual, prayer and enjoying the knowledge and wisdom that comes when people gather together and share as a family of Light. Events are child-friendly and held at the Hope Interfaith Center unless otherwise noted. **Please RSVP by calling 507-386-1242 three days prior.**

January Full Moon

Wednesday, January 19 • 6:30 p.m.

Hope Interfaith Center

AVATAR Movie Night and Healthy Snack Potluck

The hit movie Avatar opened many doors to new thoughts and new questions! Let’s come together and watch this film, whether for the first or multiple time(s), as we celebrate the power of the full moon. Mark and Carol Parsley are bringing their popcorn machine to treat us all! If you wish, you can bring a healthy snack to share as well – HIC will provide the beverages

February Full Moon

The Full Moon comes to us on Friday, February 18. Hope Interfaith Center will be closed during that time. We invite you to create your own sacred, celebratory time – spend time reflecting on the cocooning winter thus far, visualizing what is being germinated that will spring forth next month, sending a letter of love and support to a friend, taking a walk on the crisp, white pathways at a nature center, watching flames jump in a fireplace! Enjoy this day!

March Full Moon

Rite of the Vernal Equinox

Sunday, March 20 • 7:00 p.m.

Hope Interfaith Center

The Ancient Mysteries call forth a return to Nature’s rhythms on an intuitive level. Spirit and Nature in Harmony! The earth seasons are designed to promote specific evolutionary needs. The autumn is the seed planting time; winter is the gestation of the seed and the taking root. The spring is the bursting forth of those new seeds to release new aspiring life to be harvested in the summer. The Spring Equinox opens the veil between the physical and the spiritual so that a resurrection in our lives can be inaugurated. The keynote of this season is creation. It is the drive to move our lives upward, like a seed pushing forth out of the earth into the air. The Spring is the time when the creative powers we have been nurturing through the winter can be expressed to initiate a new world of opportunities for ourselves and the world. Come join us in a service that will bring to you significance in the meaning of Spring!

Gatherings and Opportunities

Serenity Support Group

Hope Interfaith Center

facilitated by Judy Mosca

(suggested love donation: \$5.00 per gathering)

Please note that the Serenity Support Group will meet on January 5 and then will NOT be meeting during the remaining winter months. This group will resume in April! If you have a concern or question, please call Judy Mosca at 507-387-4629.

Monthly Spiritual Study

(refer to the calendar for dates)

Hope Interfaith Center

facilitated by Hope

(suggested love donation: \$5.00 per gathering)

Tapping into the Field of Consciousness Potential

From Hope: 2012 is coming and many people are excited, knowing that something big is happening! We will be gifted with some wonderful new energies in the year of 2011. I intend to work with them, play with them, and dedicate one full year to them. During this time I remember the books in the Harry Potter stories. He would open them and they held "magical" tricks. Well, perhaps he was studying energy and how to be a "wizard" in his own life?!

The Spiritual Studies during this quarter will be dedicated to working with some incredible, powerful, energetic templates. I will share information from books such as Oneness, Frequency, and The Science of the Mind. We are entering the age of "Conscious Technology". I hope you join me!

HIC — A Place of Healing Renewal

Hope Interfaith Center supports the work of those who share this building with us! We are happy to offer to our community the wealth of knowledge that these healers and teachers bring. In one office upstairs here at HIC you will find the "Health Ministers" Rev. Carol Parsley (507-420-3437, Jody Scholtz (507-340-4062), and Mona Smiley (507-469-3077). Across the hall you will find the office of Christine Kile (507-382-7364), Reiki Master and practitioner of integrative therapies.

We invite you to call them to find out how they may help you on your journey to wholeness and health on all levels of your human and spiritual being!

Providence Partners

(refer to the calendar for dates)

Hope Interfaith Center

This financial investment group meets monthly to study smart and conscious investments, and investing as a group. There are still a few spaces open for new investors. Call Joe Gilbert at 507-317-3966 for more information.

Relationship Group

(refer to the calendar for dates)

Hope Interfaith Center

facilitated by Hope

You and your beloved are invited to come to Hope Interfaith Center for our monthly Relationship Group! It has proven to be a source of support and growth by helping make love relationships holier, healthier, and happier! This quarter we will be working with the material of Gary Chapman (5 Love Languages). Come and learn more!

Toning for Transformation, Tranquility and Transcendence

Mondays • 5:30 p.m. (refer to the calendar for dates)

Hope Interfaith Center

facilitated by Jo Gangestad and Ruth Ann Rosenwinkel

Vibrational healing and vibrational balance is coming to the forefront of many teachings, whether they be in the realm of spiritual, health or general well-being! You are invited to come Monday evenings for half an hour of toning with Jo and Ruth Ann. You need not have any previous experience – every sound we make is a tone! However, intentional use of our vocal chords can bring us into amazing spaces of wholeness. As a group it is even more powerful! Come every week or come when you can, but we invite you to come!

The Time Returns

(formerly The Mary Magdalene Circle)

First Monday of the month • 6:30 p.m.

(refer to the calendar for dates)

Hope Interfaith Center

A new name and a new focus! Inspired by Mary Magdalene, we invite women to join us as we gather to share our wisdom and to encourage and support each other on our journey to the Oneness. All are welcome! For more information about the group, contact: Jan Uhlenkamp (507-354-9454) or Mary Lou Nelson (952-607-6766)

***The real voyage of discovery consists not in seeking
new landscapes, but in having new eyes.***

- Marcel Proust

Qigong Practice

Mondays • 9:30 to 11:00 a.m.
(refer to the calendar for dates)
Hope Interfaith Center
facilitated by Lois Weber

Come and join Lois and others for two hours of open Qigong Practice. Lois will guide the group in meditation and energy work. You need not have taken Qigong classes to attend and participate. If you have questions, please call Lois at 507.387.1633. There is a \$5 donation requested.

Men's Group

Wednesdays • 5:30 to 6:30 p.m.
(refer to the calendar for dates)
Hope Interfaith Center
facilitated by Bob Dickhudt

A Men's group, with the purpose of increasing Spiritual Awareness, began this past November. Various methods — including music, visualizations, meditation, discussion, literature and others — will be used as determined by the group. This group is led by Bob Dickhudt, with the intent that group will find its' own structure as it develops.

Bob is new to HIC but certainly not new to the Mankato area! He has a background in music (guitar and voice) and is devoted to his spiritual growth and awareness, having participated in numerous personal retreats. He is a long-time friend of Hope's. This group meets every other week. If you have any questions, contact Bob at 507-779-6971 or Penny at the Center.

Journaling

(refer to the calendar for dates)
Hope Interfaith Center
facilitated by Klea Brewton Fitzgerald

You are invited to join Klea for an evening of journaling. Learn new techniques and continue on with your own journaling discipline — what a great way to gain insight to your own wisdom and guidance! Bring your notebook or journal and a writing utensil. Newcomers are always welcome!

Reiki Share

Mondays January 24, February 28, March 21
7:00 p.m.
Hope Interfaith Center
facilitated by Christine Kile

Join Christine and others in a Reiki Share. Come together, break into groups and give one another healing Reiki energy. No need to have prior experience with energy healing ^ Christine will guide us and lead the sessions. You will leave this evening relaxed and renewed!



Circle

Fridays, January 7 and February 4 • 7:00 p.m.
Hope Interfaith Center
facilitated by Rev. Ursula Clara Christ
(suggested love donation: \$5.00)

Circle has been an on-going spiritual discussion / learning group that meets to purposefully bring out the best and highest self in each person attending — the inner guru, so to speak! We share with one another, we listen to each other, and also receive short teachings given by the facilitator as she walks us along the topics of the evening.

Circle's purpose is to expose the depth and perception we carry in ourselves, showing us the path to that place of inner strength and wisdom more easily. The meetings are discussion and experiential based as Ursula channels in her higher guidance to lead us through the evening.

Participation by those attending is welcomed; however, you are not required to be active. These meetings are open to anyone.

Understanding, Activating and Building our Immune System

Saturday, January 8 • 10:00 a.m. to 12:00 p.m.
Hope Interfaith Center
hosted by Carol Parsley, Jody Scholtz and Mona Smiley
Guest Speaker: Pat Ruether, ND, Rev.

We are happy to be hosting a morning with Mankato's Naturopathic Doctor, Pat Ruether, ND, Rev. Come and gain knowledge and insight to keep your immune system at an all time high during this very important time in Life! Pat will give information and answer the question, "What is the immune system and what can I do to protect, build or activate it?" She will be providing a Vitamin C test for all those who attend.

Don't miss an opportunity that can totally improve the quality of your life and the lives of those you love. Time will allow for questions. Please call HIC to confirm attendance as seating is limited to 75. A love donation is appreciated!

Book Reflection, Part 2

“Women, Food and God” by Geneen Roth

Saturday, February 5 • 10:00 a.m. to noon

(rescheduled from November’s snowstorm)

Hope Interfaith Center

facilitated by Hope and Deb Nelson

This event will be a continuation of the last meeting where we introduced and began our discourse with this powerful book! If you suffer with your relationship with food — you eat to much or too little, think about what you will eat, try not to think about what you will eat, or not think about it at all — you can be free!

Deb Nelson read this book and it freed her! We both continue to work at understanding our relationship with Source.

Last time we met we talked about using food to bolt from what we most want to avoid. We had such a holy, profound, safe time that we decided to meet and talk again about this book. Meet Deb and me in our library at HIC for a cup of tea or perhaps some fair trade coffee and we will discuss the topic of re-teaching loveliness and Tigers in the mind. We are looking forward to seeing all who came last time if you are available — and newcomers are always welcome. Our circle is open for 13 women at a time, so it will be first come, first served.

You may attend whether or not you have read this inspirational book. Please RSVP by January 31st.

Spring Forest Qigong - Level 1

Saturday, February 5 • 9:00 a.m. to 4:30 p.m.

Hope Interfaith Center

facilitated by Lois Weber

***Discover your natural ability to heal yourself
and help others heal themselves.***

Qigong is an ancient form of Chinese healing. It works with the body’s energy or Qi. When the Qi becomes blocked in the body, sickness, pain and other health problems may occur. Through simple movements and meditation, you will learn to remove blockages and balance the body’s energy so that it can heal. These movements can be done while lying down, sitting or standing.

Qigong heals the whole body in a perfect way — mentally, physically, emotionally and spiritually at the same time. Some of the benefits include increased energy, improved health and focus and enhanced self awareness.

Classes are based on the principles and techniques of Spring Forest Qigong, a medical Qigong. These techniques which are taught by breathing, postures, sounds and movements are simple, yet powerful enough to relieve physical pain, reduce stress, depression and address many other health concerns. These techniques also work well with Modern day medicine.

Approximately 45 minutes is allowed for lunch. There is a kitchen with a fridge and microwave available if you wish to bring your lunch. There are also a few eating places nearby.

The cost is \$75.00 (Repeat fee \$50.00). The manual and other learning materials are available for purchase.

To register, contact Lois Weber at LoisWeber@charter.net or by calling 507-327-9250 or 507-387-1633.

About the teacher:

Lois Weber is an advanced student of Master Chunyi Lin. She has been practicing Spring Forest Qigong for over 10 years and is a certified Level 1 Instructor and Master Healer. She facilitates SFQ practices and speaks to groups and organizations about the benefits of learning to move your own energy.

Spiritual Counseling Available to All!

A message from Reverend Hope

How many of us can resist the seduction of getting to know ourselves? Working with Reverend Penny Tower or Reverend Ursula Christ can help you uncover new aspects about yourself that will astound, delight, and perhaps even surprise you!

Both of these women can help you move from the mental to the spiritual solutions to your life. And you can begin the process of unlocking yourself from old beliefs and habits into a magical world of Love, Harmony and Hope. Penny and Ursula can lead you to where you want to go!

Reverend Penny is available for private sessions Tuesday - Thursday afternoons. Call the Center at 507-386-1242 to schedule with her. Reverend Ursula is available on Monday afternoon and evenings. Please call her to schedule an appointment at 612-964-9094.

Looking Ahead...

For those who receive the Monthly Teaching CDs from Hope Interfaith Center, please mark your calendars for the first Integration Class of 2011: Saturday, April 2 at 10 a.m.

***You must not let your life
run in the ordinary way;
do something that
nobody else has done,
something that will
dazzle the world.
Show that God’s creative principle
works in you.***

- Paramahansa Yogananda

The Goddess Initiation Journey

10 weekends, January to October 2011

Hope Interfaith Center

facilitated by Tezikiah Gabriel

(suggested donation of \$145 per retreat)

**Come into the Sacred Circle where Love abounds,
Magic transforms and Divinity beckons!**

Do you hear Her Call?

The Goddess Initiation Journey is for those individuals who wish to embark on a journey of discovery where the paths are found, not made, and the journey itself changes both the seeker and the destination.

What is the Goddess Initiation Journey?

The journey consists of a joyous opportunity for those wanting to connect with the Divine Feminine to learn, evolve and transform in a Sacred Circle of Support where love, magic, honor and community releases fears and promotes the emergence of the Divine Feminine to transform her/his life.

The Sacred Circle will meet in a series of 10 weekend Goddess Retreats, beginning in January and concluding in October with a candlelight Goddess Initiation Ceremony at the turning of the wheel on All Hallows Eve. Most retreats will be held on Saturday, from 10 a.m. to 7 p.m., with occasional opportunities to stay overnight. Rev. Hope will attend some of these sacred circles to provide an Oracle Wisdom channeling.

How Do I Get More Information or Enroll?

To receive more information, we invite to look back at the newsletter from the 4th quarter of 2010 and/or connect with Tezikiah Gabriel, High Priestess and Circle Leader. She will be conducting interviews with those interested in the Goddess Initiation Journey. The interview process is intended to both give and get information.

This is a new offering for Hope Interfaith Center and Tezikiah and Hope are interested in what you might like to learn and experience if you enroll. This information will shape and inform the development of the Journey, address any questions or concerns you might have, and provide additional information about specific topics. Please email Tezikiah at tezikiah@gabriel-consult.com or call her at 507-645-0245 to receive an application.

***There is no way to happiness,
happiness is the way.***

- Buddha

Calendar of Events

***Please RSVP for all events:
507-386-1242***

*Visit www.hopeinterfaithcenter.com
for a printable calendar of events*

January

- 3, 10, 17, 24, 31 Qigong Practice 9:30 a.m.
Toning 5:30 p.m.
- 3 Time Returns Group 6:30 p.m.
- 5 Serenity Support Group 12:30 p.m.
- 6 Providence Partners 7:00 p.m.
- 7 Circle 7:00 p.m.
- 8 Pat Ruether teaching 10:00 a.m.
- 9 Spiritual Service 10:00 a.m.
OCHO concert 11:30 a.m.
- 12, 26 Men's Group 5:30 p.m.
- 16 Sunday Salon 10:00 a.m.
- 18 Journaling 7:00 p.m.
- 19 Full Moon 7:00 p.m.
- 20 Relationship Group 7:00 p.m.
- 24 Reiki Share 7:00 p.m.
- 25 Spiritual Study 7:00 p.m.

February

- 3 Providence Partners 7:00 p.m.
- 4 Circle 7:00
- 5 Level 1 Qigong 9:00 a.m.
Book Reflection 10:00 a.m.
- 7, 14, 21, 28 Qigong Practice 9:30 a.m.
Toning 5:30 p.m.
- 7 Time Returns Group 6:30 p.m.
- 9, 23 Men's Group 5:30 p.m.
- 13 Spiritual Service 10:00 a.m.
- 17 Relationship Group 7:00 p.m.
- 20 Sunday Salon 10:00 a.m.
- 28 Reiki Share 7:00 p.m.

NOTE: HIC is closed February 14 - 28.

Calendar events will continue to take place.

March

- 3 Providence Partners 7:00 p.m.
- 7, 14, 21, 28 Qigong Practice 9:30 a.m.
Toning 5:30 p.m.
- 7 Time Returns Group 6:30 p.m.
- 9, 23 Men's Group 5:30 p.m.
- 13 Spiritual Service 10:00 a.m.
- 15 Journaling 7:00 p.m.
- 17 Relationship Group 7:00 p.m.
- 20 Sunday Salon 10:00 a.m.
Spring Equinox 7:00 p.m.
- 21 Reiki Share 7:00 p.m.
- 29 Spiritual Study 7:00 p.m.

All sacred pathways honored

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