

# Hope Interfaith Center

July - September 2008

A message from Reverend Janice Hope Gorman:

## 8-8-08 ~ Leap Year Choices

Dear Friends,

This is what is ahead of us as we move closer and closer to August 8, 2008: "People who make a different choice are people who make a different world. It is time now for the Choice Makers to step forward." (from the book What God Wants by Neale Donald Walsch)

This speaks about the nature of our participation with the visible world. Are we participants or passive receivers? Does a sense of co-creative potential accompany our open eyes? Do we perceive the world with an eye toward acquiring new possessions? Can you imagine a world soul with whom we might interact? How do we both deepen our individual experience and co-create a healthy world for our children?

Modern consciousness is conditioned to think in either/or terms. We tend to think of reality in black and white scripts. Given such habits of mind, we unintentionally separate ourselves from the world and from each other!

Perception is the energetic movement between what is inside of us and what is out there in the world. Many often say, "Seeing is believing." From a psychological point of view, it is obvious that we tend to see what we believe, to project our private worldview upon the surfaces of the world. Our beliefs weave through our sensations and tend to appropriate reality in the interest of our own version of how the world is, or should be, or perhaps could be. James Hillman, a radical Jungian psychologist, simply says, "By seeing differently and believing in ONENESS, we do differently."

So how do we become active participants in the art of perception? By using our vision and making choices

that are transformational. Vision is a power. In shamanic traditions, vision is commonly believed to be the power to catch or receive images and visions, and the power to weave together the human imagination with the sensible world. Vision is the ultimate power to co-create the world we see and act upon. Our actions upon the world further our co-creative influence. When we reach out with our hands, with our choice, with our new visions, to touch and transform what we see; our world unfolds by this power.

Let us all have a shared vision that this is where our true power lies.

8-8-08 is a day that the mystics call a Vision Day! It is a day to readily see the large-scale relationships between planetary health and personal health, planetary balance and personal balance, planetary peace and personal peace, planetary joy and personal joy, planetary abundance and personal abundance.

We are ONE! And the earth is providing for us a large-view mirror where we can look at our environment and always know where our level of consciousness is. Because your life and my life is a reflection of our inward perceptions, visions, beliefs, and actions.

If you find that it is time for you to explore your spiritual connection with community, find and join insight groups, workshops, and/or personal teachings on ONENESS! If you are ready to stop living in duality, then please join us at the Hope Interfaith Center. We are always here to help you walk in sacred rhythm with all that is. WE ARE ONE!

With Pure Heart, Mother Hope



#### **Hope Interfaith Center**

Janice Hope Gorman, Minister Penelope Tower, Associate Minister Joni Rae O'Connell, Financial Minister Center Stewards: MaryAnn Morningstar, Esther Hoffmann, Kelly Meissner,

> Hope Interfaith Center 114 Pohl Road Mankato, MN 56001 507-386-1242

e-mail: friend01@hickorytech.net Visit us at: **www.hopeinterfaithcenter.com** 

#### SPIRITUAL SERVICES

Second Sunday of every month • 10:00 a.m. AT OUR NEW LOCATION! 114 Pohl Road, Mankato facilitated by Hope

The Hope Interfaith Center has a new home! So much has changed since our last newsletter and many of you have had an active part in supporting our change whether through prayers, financial contributions, or time and energy with the actual move! Thank YOU!

One change we are celebrating is that all of our gatherings and spiritual services will be held in the SAME location! So, read about the monthly Spiritual Services below. Then come and bring a friend!

Sunday, July 13, 10 a.m. - "It Takes a Village"

## Sunday, August 10, 10 a.m. — "Babaji: Living Gurus walk among us"

There will be an Ice Cream Social immediately following service to celebrate our new home and summer!

## Sunday, September 14, 10 a.m. — "The Invitation: All Sacred Pathways Honored"

We will be holding a Mankato community open house on that Sunday from 11:30 a.m. to 3:30 p.m.!

#### Sunday "Salons" Third Sunday of the month • 10:00 a.m. HIC — 114 Pohl Road, Mankato

The monthly Salons will now take place at Hope Interfaith Center! We will have coffee made and water for tea. These gatherings will give us an opportunity to connect, discuss the previous week's worship topic, and share our spiritual journeys.

**"Salons" will be held:** Sunday, July 20 Sunday, August 17 Sunday, September 21

#### Notes...

When you come to the Center, we would ask that you remove your shoes if possible. There are mats and cubbies that will hold your shoes. This is not only to help keep the Center clean but it is also a way of honoring the sacredness of the space. Thank you.

#### Directions to our new home at 114 Pohl Road, Mankato

#### From the West:

Highway 14 East to Highway 22 South Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Avenue (curvy road) Turn left onto Pohl Rd. The Center is the deep magenta building on the right corner

#### From the East:

Highway 14 West to Highway 22 South Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Avenue (curvy road) Turn left onto Pohl Rd. The Center is the deep magenta building on the right corner

#### From the North:

Highway 169 South to Highway 22 South (one block past the last stop light in St. Peter) Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Avenue (curvy road) Turn left onto Pohl Rd. The Center is the deep magenta building on the right corner

#### From the South:

Highway 169 North to Riverfront exit Turn right onto Riverfront Dr. (past West High School) Turn right onto Stoltzman Rd. (follow this road and signs to MSU) Turn left onto Stadium Rd. (drive up hill past MSU) Turn left onto Pohl Rd. (twin homes on corner) The Center is deep magenta, the last building on the corner

#### Suggested Donation Prices for Spiritual Counseling

The suggested donation for spiritual counseling is \$50.00 in person and \$55.00 for phone readings (\$5.00 for postage). Remember that we are a non-profit spiritual center, therefore your donations are tax deductible.

#### \*\*\* IT'S IMPORTANT TO RSVP \*\*\*

Please RSVP for gatherings by calling or e-mailing your intention to attend. It's a really nice thing to do for yourself and it helps in our planning. Thank you!

~ All Sacred Pathways Honored ~

#### Full Moon Groups A personal invitation to gather in group!

Those in training in the mystery schools were taught to use two phases of the moon to help them bring the inner world and outer world together: the new moon for new beginnings, and the full moon to appraise our progress.

Moon Groups are a wonderful time of ritual, prayer, and enjoying the knowledge and wisdom that comes when people gather together and share as a family of Light. Events are child-friendly and held at the Hope Interfaith Center unless otherwise noted. **Please RSVP by calling 507-386-1242 three days prior.** 

#### July Full Moon Friday, July 18 • 7:00 p.m. Hope Interfaith Center The Pleidian Agenda: Our Brothers and Sisters

#### Facilitated by Jason Frazier

The past is gone. You cannot change the past, only learn from it. The future is unknown. You cannot predict it, only prepare for it. The present is happening now. Come and explore the Earth and the cycles that run the Universe.

With the Native American Medicine Wheel and Pleiadian information, Jason Frazier, who is of the Ho Chunk Nation (which means "People who hear the Big Voice"), will share his discoveries and information with us. Join this young one, who has a tremendous longing and deep desire to convey his knowledge with his fellow humanity!

#### August Full Moon Thursday, August 14 • 7:00 p.m. Hope Interfaith Center

"Sacred Planet" - Movie Night with Discussion

Discover the magic of the place everyone calls Home! Narrated by Academy Award winner Robert Redford, Sacred Planet is a journey away from the hectic "world" we live in. Through stunning cinematography, it transports you to some of the most fascinating, exotic and remote sites on Earth. This magical around-the-world odyssey is an awe-inspiring wonder the whole family will enjoy! The film is approximately 47 minutes in length and we will have discussion afterwards.

"At times I feel as if I am spread out over the landscape and inside things and am myself living in every tree, in the splashing of the waves, in the clouds and animals that come and go, in the procession of seasons." C.G. Jung

#### September Full Moon Rite of the Autumnal Equinox Monday, September 22 • 7:00 p.m. Hope Interfaith Center

Come with no intention to get!

We offer you a ceremony that honors the season of the harvest. But please come with no expectation to get! This event has nothing to do with acquiring any special powers. It has nothing to do with acquiring a particular state of mind. It has nothing to do with getting!

But it will be ALL about what is eternal, undeniable, permanent and available to us every moment, every second, every situation, and every state of mind!

Who you are cannot be given to you nor taken away. Come ready to celebrate in ceremony and recognize the scope and power of who you are! This will be a beautiful ceremony of wholeness and Oneness!

> If you cannot work with love but only with distaste, it is better that you should leave your work and sit at the gate of the temple and take alms of those who work with joy.

### **Gatherings and Opportunities**

#### Serenity Support Group Hope Interfaith Center facilitated by Judy Mosca, Spiritual Director

#### (suggested love donation: \$5.00 per gathering)

The Serenity Support Group provides a caring, supportive space for people who are seeking spiritual peace in the midst of life situations. This group meets on Wednesdays, two to three times per month. Please call Judy @ 507-387-9054 for further information, dates and times (there are afternoon or evening gatherings). You may e-mail her at heartofpeacesd@aol.com.

#### Monthly Spiritual Study (refer to the calendar for dates) Hope Interfaith Center

facilitated by Hope

#### (suggested love donation: \$5.00 per gathering)

During the next six months the focus of this monthly gathering will be on Alien Beliefs and Possible Sightings!

This topic has been an interest for so many people for so long that we have decided to formulate our monthly Spiritual Studies around information regarding this subject. Please come with open minds as we discuss the possible acceptance of this concept in our lives. The class will be facilitated by Hope with information and open discussion.

On May 18, 2008 the following was the heading of a newspaper article: *Enthusiasts Say 'Amen' As Vatican Allows Alien Belief.* Word that the Vatican had declared devout Catholics free to believe in aliens traveled at warp speed. Earth-bound theologians and astrophysicists have debated it. Catholic priests and scholars of all kinds have been writing about the issue of extraterrestrial life since the Middle Ages.

#### And then these two reports came forward:

News of Alien Presence startles INDIA (Posted May 2008). India was startled by four reports which appeared to confirm the rumors of a large underground base staffed by extraterrestrials in the Ladakh region of the Himalayas. In New Delhi, India's capital, a senior officer of the Indian Army told freelance journalist Subha Jain that aliens were indeed in the Himalayas. *UFO reported by Continental pilot near Bush Airport (posted May 27-08)*. Houston – The FBI and the Federal Aviation Administration said they are investigating a report from a Continental Airlines pilot who told air-traffic controllers that a possible space-ship was flying ahead of his plane shortly after takeoff on Monday, May 25, 2008.

Come join us during these next months as we open our minds and our hearts to investigate the meaning behind all of these new news reports that are now coming out into the public. We welcome every one to join us on this adventure!

#### *Experiences with the Healing Art of Quigong* Hope Interfaith Center *facilitated by Lois Weber*

Lois has been studying with Master Chunyi Lin, founder of Spring Forest Qigong (pronounced che-gong), for many years and has completed all four levels of training. She is a certified Level 1 Spring Forest Qigong Instructor and conducts classes, meditations, and has an energy healing practice. For further information or to register for any of these gatherings, please connect directly with Lois, either by e-mail loie@charter.net or phone 507-327-9250.

#### Healing Our World-Guided Healing Meditation

July 10, Thursday 7:00-8:00 PM August 7, Thursday 7:00-8:00 PM September 4, Thursday 7:00-8:00 PM

When we focus on the beauty of perfect healing love and the joy of sharing it with every man, women and child in every corner of our world, the benefits can be far-reaching and transforming. Coming together in community to do this meditation makes the intent of the energy even more powerful. (This is the same meditation that Lois led us through at the Winter Solstice last December – many commented on the power and beauty of it!) The more energy we send out to help others to heal, the more healing energy that the Universe returns to each of us. It is such a beautiful and powerful cycle. This gigong meditation is recorded by Master Chunyi Lin, founder of Spring Forest Qigong.

Butterfly — Guided Healing Meditation July 14, 24 and 31 • 7:00 to 8:30 p.m. Hope Interfaith Center facilitated by Lois Weber

#### (suggested love donation: \$35 for entire series)

This is a meditation of metamorphosis and transformation. The life cycle of a butterfly begins as a caterpillar then into a chrysalis and from that hard, leathery-like pouch it transforms into a beautiful and gentle creature that brings joy and happiness wherever it flies.

Energy cannot be created nor destroyed but energy can be transformed. The butterfly is a beautiful example of energy transformation. This guided meditation can help transform energy blockages in your body into something beautiful. This can help with pain, sickness, injuries and illness or any worries or fears.

Each class will offer a short teaching and you will learn some simple Spring Forest Qigong movements along with practicing the Butterfly Meditation.

Please bring a bottle of water with you. You will receive qigong energy work from Lois while you are meditating.

#### Meditation and Energy Work for Cancer Patients and Those Who Love Them July 21, August 4 & 25, September 8 & 22 1:00 to 2:30 p.m. Hope Interfaith Center

#### (suggested love donation: \$15 per family)

The most powerful healing force in the entire Universe is Love — pure, unconditional, universal Love. This unconditional Love exists within each of us. It is the source of our existence. Even if you don't always feel loved or loving, this Love exists within you! Even if you don't always see this Love in others, this Love exists within them, too!

This healing energy of Love can especially be helpful when experiencing cancer as the Love energy replaces and transforms the energy of fear. In this Love, everything good, everything beautiful, everything healing is made infinitely more powerful.

In this meditation, we will focus on awakening and enhancing your connection with this limitless, healing Love to help you or those you Love experience a complete and perfect healing. Those who attend these sessions will receive qigong energy work while they meditate.

#### Level 1 Spring Forest Quigong August 12, 19, 26 • 6:30 to 9:00 p.m. Hope Interfaith Center

#### (cost: \$75 plus \$15 for Level 1 manual) (re-take fee for those repeating Level 1: \$50)

Qigong is an ancient form of Chinese healing. It works with the body's energy or Qi. When the Qi becomes blocked in the body, sickness, pain and other health problems may occur. Qigong heals the whole body in a perfect way—mentally, physically, emotionally and spiritually at the same time. Some of the benefits include increased energy, improved health and focus and enhanced self-awareness.

Through simple movements and meditation, you will learn to remove blockages and balance the body's energy so that it can heal. These movements can be done while lying down, sitting or standing.

Classes are based on the principles and techniques of Spring Forest Qigong, a medical Qigong. These techniques, which are taught by breathing, postures, sounds and movements, are simple yet powerful enough to relieve physical pain, reduce stress, depression and address many other health concerns. These techniques also work well with Modern day medicine.

#### The Healing Rooms at the Hope Interfaith Center

It has long been a vision of ours that when our Center was large enough we would open the doors for serious integrative health practitioners to rent space from us so that they can offer different modes of healing to our community.

We have come to that time! We are excited! Below you will find short introductions to two women who will be providing opportunities of health and wholeness, relaxation and rejuvenation to those who come to see them!

Please note that all appointments to meet with Wendy or Mary Lou will be made with them directly. These services will be available beginning August 1st.

#### REIKI

Wendy Rockswold has been practicing reiki, yoga and other forms of energy work for the past eight years. She is a Reiki Master who has studied with Melanie Williams, Deb Schubert, Mona Ceniceros and Janice Gorman. Wendy is committed to helping children and adults recognize their own healing abilities. Wendy is married with two children in college. She also has a teaching and coaching background. Call or e-mail Wendy for appointments: 507-387-4824 or wrockswold@gmail.com.

#### MASSAGE

Mary Lou Nelson has been a massage therapist for 13 years. The name of her business is Heavenly Massage and Mary Lou is very devoted to her mission of helping her clients relax, rejuvenate and remember their wholeness. Although she has built her successful practice in the town of New Ulm she is very excited to be here one or two days a week to meet the needs of this community! Call Mary Lou for appointments: 507-359-7542.

#### 8-8-08 Teaching and Silent Meditation Friday, August 8 • 7:30 to 9:00 p.m. Hope Interfaith Center

Much has been written about and speculated about this important energetic date! Eight is the number of infinity and of balance. This day is believed by many to be a day in which great shifting can occur, both personally and on a global, cosmic level.

Come and join us for a teaching by Hope beginning at 7:30 p.m., followed by a silent meditation from 8:00 to 9:00 p.m.. All are welcome.

#### Fundraising Opportunities

This summer we have the following opportunities to come together, either with goods or with time, to volunteer:

#### **Cub Foods East Hot Dog Stand**

Monday to Thursday July 28-31 • 10:00 a.m. to 8:00 p.m. In the summer, there is nothing like visiting a hot dog stand! This is also a successful way to generate funds. But, we will need your help! Kim Stanton is heading this event. Please contact Kim if you wish to help fill in some of the hours at the stand: e-mail of the moment@myclearwave.net or phone 507-345-6563. There is also a sign up sheet at HIC!

#### Farmer's Market Bake Sale, Madison East Parking Lot September 13 • 8:00 a.m. to noon

Come and browse the whole market and then stop by our booth to buy some yummy homemade treats! If you wish to donate baked items or volunteer at the booth, please contact Joni O'Connell at 507-934-0922 or her e-mail jonisean@ hickorytech.net.Cookies should be packaged in dozens and bars or cake in half-dozen packages. Last year this was a great success and lots of fun. Please join us!

#### Handwriting Analysis September 27, October 11 & 18 • 3:00 to 4:30 p.m. Hope Interfaith Center facilitated by Rashmi

(love donation of \$5, which will go to the discretionary fund to help those in need who come to our doors)

Did you know that handwriting analysis reveals character traits that make up your individual personality? Join Rashmi to better understand yourself and others through the scientific study of handwriting. She has been a practicing Certified Graphoanalyst for over 20 years.

Bring your own pen and UNlined notebook size paper. UNlined paper is best. If you like, bring samples of past handwriting or journals from home that you can peruse during our gathering. Each Saturday we will concentrate on different aspects of our personalities/inner beingness that are revealed by our own unique handwriting. Privacy prevails! Please RSVP.

#### Appointments for 2009 With Hope and Penny

The 2009 Appointment Calendar for private spiritual counseling sessions will open on Tuesday, August 19th! 2009 is a "gateway" year as it has the base number of 11 — a great year of openings and possibilities!

Reverend Hope is the founder and director of the Hope Interfaith Center. For over 20 years she has been a Spiritual Counselor, workshop facilitator, Spiritual teacher, and intuitive guide helping people seek the true meaning of life. Hope has been on a life-long quest to unravel the many questions and mysteries of life. This yearning has led her on a broad journey into comparative religions, quantum physics, metaphysics, and vast travel experiences. For years people have been seeking and not finding. Her belief is that your mastery of life begins the moment you break through your prison of self-created limitations and enter the inner world where creation begins!

Reverend Penny Tower is also available for Spiritual Counseling and guidance. Penny has been working with Hope for many years and she possesses the skills to guide clients into immediate action. She is dedicated to the mission of this Center, which is "a place for Self-Realization, the True Source of Self." This truth will resonate in your heart and through Rev. Penny's guidance you'll find your inner power, which will truly amaze you!

Many find it valuable to work with both Hope and Penny, for although they will guide in the direction, they come to that direction with individual styles that blend well together!

Call for appointments beginning August 19th – appointments do fill very quickly!

#### A River of Thank Yous!

Words can NEVER adequately express deep feelings of gratitude and appreciation, but we will try!

Thanks to all who helped at the fundraisers from last quarter. We appreciate all of your support.

On Sunday, June 22, HIC donated food and volunteered to serve that meal at the Salvation Army. This is a mission that we do twice a year. Thanks to everyone who donated and/ or served that day: Kim Stanton, Amy Zoet, Penny & Scott Tower, Angela Anderson, Deb Nelson, Bonnie Smasal, Cathy Isles, Joni O'Connell, Lisa Starkweather, Connie Haugen, Dayna Cobb, Janice Gorman, Dorothy Mumma, MaryAnn Morningstar, and Marcia Nermoe.

Thanks to every one who assisted with our transition to our new home! Those who spent many hours packing, loading, unloading and unpacking and deep cleaning: Melissa Anne, Nancy Besse and her granddaughter Sierra, Jan Uhlencamp, Mary Lou Nelson, Carol Ann Klossner, Kathy and Dennis Heine, Jane Kearney, Jo Gangestad, Tom & Nick Westlund, Angela Anderson, Barry Evans, Scott & Penny Tower, Deb Nelson, MaryAnn Morningstar, Janice Gorman, Gary & Wendy Rockswold, Joni & Sean O'Connell, Tara Lobitz, Karmella Hagan, Larry Hinton, Ursula Christ. (If a name was omitted, we apologize for the oversight.) Your physical help made the final push of this new birth possible!

We also thank each one of you who holds HIC is prayer and light, and all those who give financially so that our mission can be carried on. That support is the foundation of our work.

#### Hope's Web Cam Experiences 2008

Mother Hope invites you to continue to tune in each week to listen to her short teachings via a web cam and the internet! Go to the HIC website at www.hopeinterfaithcenter.com and open the icon named 'video.' Each week offers a new topic that will have a connection to Body, Mind, Spirit and Oneness! Hope promises to share with you her own journey of living her life in Spiritual and Physical Alignment (SPA), no matter where that journey may take her!

#### Congratulations! A New Home for Community, Oneness and Wholeness Teachings!

Gifted to us by Babaji, Channeled By Mother Hope

A new home for community and teachings of ONENESS and WHOLENESS — how delightful and glad and proud I am of all of you! You have all made this possible for your area and the world at large.

I now give to you one of the oldest spiritual rituals and blessings: The elements of the boma — a fire ceremony now being performed on your behalf to cleanse and purify the temple and all the atmosphere and surrounding area of your new home. This ceremony will spread your light far and wide. Agni, the ancient fire Goddess, has now been invoked to bring the blessings of purification. This is no ordinary smoke and fire. It is alive and is the offering of Mother Agni to bring blessings of purification and good wishes. The golden white light will continue to emanate from your beloved temple now called the Hope Interfaith Center and many will come to start their adventure into what is real and true. Many will come to join in the circle of ONENESS and WHOLENESS because they do not want to see themselves broken any more. They wish to see themselves as powerful!

All of you who have made this temple possible are known as the Sweet ONENESS. You have followed your inward calling and have contributed to this temple and we bless you and thank you for your response. Those who choose to be different and do action beyond what they ever have done before are now creating the Kingdom of Heaven on Earth. I, Babaji, thank you for your response to the call of action and transformational giving and sharing. Look for the blue light, or rupam, (as it is known in Sanskrit) in the center "The third Eye" of the forehead. This blue dot will vary in appearance, but is similar to a camera flash. It is this blue dot that my love is seen in all of you. As you continue to grow please know that I am with you and I bless you every step of the way. I ask all of you who read this to pray for this center, as it is part of the divine plan at hand. This is a non-profit center and so it's main objective is to spread light and teachings of ONENESS. The mantra that I ask all of you to say is Om-Prema-Om. This is a mantra that will always remind you of who you are as a community.

Prema is divine love. All of this Divine love comes from your hearts. It has a remarkable, fragrant aroma and you can smell it coming right from your heart and the heart of others. Remind yourself daily that the Divine comes from within and when you do this you will sense and smell and see the rising of your vibration and this is what helps the world at large.

When you named your meditation room after Yoganada I knew that this holy spot was going to be enlarged. For when you work on behalf of some one who has dedicated their life to bringing ONENESS to this planet only blessings can come from this! Many upon your planet are distracted by much of what is going on but I see within your group a dedication like I have never seen before. So once again I congratulate you and bless you all for all that you are doing as a community to help bring awareness of LIGHT to your community and to your world.

Please continue to feel the spiritual vibrations on your planet and respond to the needs of the people. The Divine Intelligence is always there for you as you continue to go through a very interesting time on Earth. I now bow to all of you and pray that you will continue your outreach and ask others to come to join with you to remember who and what they are. You are the Light of this new world at hand and are the blessed ones who have come back to make this world a better place to be. I, Babaji, bless you and thank you for your divine work at this most important time.

This is it. This is the moment. The glory and love of God is here in this moment. Heaven is this moment. Enlightenment is right action in this very moment. This is it!

Namaste, Babaji

Wanting to reform the world without discovering one's true self is like trying to cover the world with leather to avoid the pain of walking on stones and thorns. It is much simpler to wear shoes.

#### Hope Interfaith Center

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Please RSVP for all events: 507-386-1242 Visit www.hopeinterfaithcenter.com for a printable calendar of events.

29 Spiritual Study 7 p.m 28–31 Hot Dog Stand Fundraiser 10 a.m. to 8 p.m

10 Heal Our World Meditation 7 p.m.

17,24,31 Butterfly Meditation 7 p.m

21 Meditation/Healing for Cancer 1 p.m

13 Spiritual Service 10 a.m.

18 Full Moon 7 p.m

28 Spiritual Study 9 a.m.

20 Salon 10 a.m.

July

#### August

4,25 Meditation/Healing for Cancer 1 p.m.

All sacred pathways honored

Calendar of HIC Events (see complete information inside!)

- 5 HIC Board Mtg 6:30 p.m.
- 7 Heal Our World Meditation 7 p.m.
- 8 8-8-08 Teaching/ Meditation 7:30 p.m.

- 10 Spiritual Service 10 AM
- 12, 19, 26 Level 1 Qigong 6:30 p.m.

- 14 Full Moon 7 p.m.
- 17 Salon 10 AM
- 25 September 5 HIC closed NO SPIRITUAL STUDY THIS MONTH!

September

21 Salon 10 a.m.

- 4 Heal Our World Meditation 7 p.m.

- 8,22 Meditation/Healing for Cancer 1 p.m.
- 13 Bake Sale Fundraiser 8 a.m.-noon

14 Spiritual Service 10 a.m.

22 Autumnal Equinox 7 p.m.

29 Spiritual Study 9 a.m.

30 Spiritual Study 7 p.m.

27 Handwriting Analysis 3 p.m.