



Hope Interfaith Center

October - December 2010

A message from Reverend Janice Hope Gorman:
“Your Invitation to Miracles”

Dear Friends,

The Hope Interfaith Center is truly thrilled to invite you to participate in some major new initiatives that we are partnering to launch. Working with other shift networkers as well with other interfaith centers, we are featuring a three-month-long invitation to build efforts to shift the global consciousness. As you already know, this global shift takes place after we personally do our shifting.

These extraordinary next three months offer profound energies to create peace in your life, your family, your community and in our world. We are approaching the Holiday Season (“Holy Day Season”) of 2010. We will have classes, groups, Spiritual Services and private teachings that promise to be a journey of personal growth and collective change, as well as an opportunity to come together with people from all around the world who deeply believe that this period of time is very important for our personal and planetary ascension. The potential for humanity to make profound shifts into permanent higher consciousness, beyond this collective fear and violence, is available to us. We are so fortunate to have this center at 114 Pohl Rd., right here in Mankato, Minnesota, as a place to come to assist us on our spiritual journey. I include myself in that WE statement!

We have the opportunity to work collectively with other inspiring light workers to raise the vibration of the world. The 13 indigenous Grandmothers, Congressman Dennis Kucinich, Michael Bernard Beckwith, James Twyman, and other leaders know about the Hope Interfaith Center through mutual connections or by us writing to them and personally talking with them. They know that we are working to make a difference in this world! I am also a proud supporter of a group called the Peace Alliance that has begun to inspire some ground breaking work such as the Peace Academy, the Youth Promise Act and the Global ONENESS Project, which perhaps many of you already know about. This past summer I spoke on my monthly teaching CDs about the 13 Indigenous Grandmothers and the 13 Crystal Atlantean Computer Skulls and the changes that are taking place and will take place. Wow, what an amazing time to be on Earth as the awakening process is now in full swing!

Come to one of our many groups — you will make new friends or perhaps reacquaint with old friends! Come and participate in this great awakening process. If you are reading about us for the first time and are curious about HIC, you are welcome to come and investigate! The knowledge, information and inspiration that you will walk away with may ultimately change your life if you put it into action.

I can’t begin to tell you how HIC has begun to be a place of healing renewal with the help of our health ministers. Each has their expertise — Mona Smiley is a fantastic massage therapist and a detox specialist. Jody Scholtz is a raw food teacher and also has a special interest in essential oils and how they are used to help heal the body. And Rev. Carol Parsley healed herself of cancer through her knowledge and use of juicing and natural foods. They all can walk hand and hand with you in your journey towards wellness.

We would also like to welcome Rev. Christine Kile, who will be doing Reiki healings, Reiki teaching and counseling at the Hope Interfaith Center. Read more about her elsewhere in this newsletter.

The Ultimate Purpose of Hope Interfaith Center is to teach and empower you to help change your life and change the world. Our Spiritual Services (second Sunday of every month) teach how we can embrace people of all faiths and still find the common link of LOVE!

Please accept this invitation to come into our Center to find your group that will indeed change your life. You will find lifelong friends who are dedicated to making this world a great place to be. During the next few years we will need more and more places like the Hope Interfaith Center that can and will support us all during the greatest shift this beautiful PLANET EARTH has ever seen.

The last three months of this year contain moments when miracles can happen. Give yourself the gift of ending resistance and becoming your own Holy Person during this time called the Holy Days of Miracles. We look forward to seeing you all!

With Pure Heart,
Hope



“I Am Love - The Way of the Heart” 2011 Monthly Teaching CDs

Beginning January 2011, Hope will be producing a compelling collection of teachings told from the perspective of ONENESS.

Monthly teaching CDs are a perfect gift to give to yourself or to others — the perfect gift of a moving, mind bending trip back to remembering who you are. 2011 is a gateway year into Love, which is the highest frequency on the Universe. A mass consciousness of awakening is happening this coming year. ONENESS teaches that love is the solution; love is all there is and Love wants to assimilate into every part of your life.

For many of you, the initial stages of the transformation are now nearing completion. And those aspects of the work have been painful at times for it has required you to confront negative patterns and stagnant energies that you have carried within your energy fields for lifetimes and to finally let them go. Things such as repressed emotions, negative inclinations, habitual behaviors, addictions, victim consciousness, and that all-encompassing EGO. All of this had to be raised to the surface, blatantly, so that you would be able to let it go! Most of the participants who have listened these CDs and used the information have seen the drama release from their lives. No more “repeat performances” needed of old themes. Major themes of our lives are now coming to a closer! You are near your final stages! You are able to transcend the “hook” of old patterns and behaviors. You have accomplished a level of detachment and are no longer a walking time bomb of emotions. All of this has been no small feat. Congratulations!

Now that you are three-quarters done with the labor pains of your new birth, come and enroll in next year’s CD series, which are affordable with a suggested donation of \$10.00 per month. One of the main reasons you came into this lifetime was to ascend into the next level of your God self and create a world of peace for yourself as well as for this Universe. You are worth this investment! These are some of the comments we have received from last years enrollees:

~ “I found myself exploring and using spiritual principles in a deeper way.”

~ “These CDs knocked it out of the park for me. My life is illuminated with a peaceful warm light.”

~ “I found that the CDs gave me the courage to take a leap of faith. I am now trusting that a heart filled with love will set me free of fear and lead me to live my best life.”

The response to these CDs has been great and reports from many people state that this material has aided and helped them along the way to their own personal ascension. We are well within the process of ascension now. Ascension is not an event but rather a momentum and taking action. To keep the

momentum going is key to being in your higher consciousness and to create a life of flow and grace. Ascension is a universal motion, a yearning, a remembering, a surrendering and a joyous culmination of your purpose in this journey.

The magnificence that you are and the creation that you have become now is ready to cross the finish line of ascension. We at the Hope Interfaith Center provide opportunities like these CDs to help you keep up your momentum. Please call the Center at 507-386-1242 to enroll now!

**** Appointments for 2011 ****

We at the Hope Interfaith Center offer genuine hope for humankind as the count down to 2012 continues. We present ways that we can participate in the shift of human consciousness to help with the oncoming transformation.

Rev. Janice Hope’s appointment book for 2011 is nearly full! However, there are other options at HIC — Rev. Penny Tower continues to meet with those desiring spiritual counseling. You may find it helpful to meet with Hope at times and Penny at times. They have been told that their styles offer different ways to look at the same teachings. You may call 507-386-1242 to make appointments. Reverend Ursula Christ is also available to work with individuals or groups. You may reach her at 612-964-9094. And we have our Health Ministers and Rev. Kile! Hope Interfaith Center’s intention is to provide guidance and support for all who walk in the door!

THANK YOU!

Hearty thanks to all who helped at HIC last quarter!

During this time we maintained our yard, did some painting, had the Cub Hot Dog Stand fundraiser, supported the Pridefest, and had our table at the Farmer’s Market! Thanks to Tom Westlund, Michelle Sturm, Marcie Wesley, Kim, Andrew, and Austin Cummings, Scott Tower, Sean & Joni O’Connell, Nancy Besse, Jan Uhrencamp, Connie Haugen, Sharon Taylor, Jody Scholtz, Angela Anderson, Donna Hewitt, Marion Lichtenberg, Maude Metcalf, Becky Kaderlik, Moona Smiley, Klea Brewton Fitzgerald, Cara Gorman, Dean Pettis, John Petering, Sarah Quick, MaryAnn Morningstar, Jen Galvin & Nate Anderson, Julie Thorleifson & Dean Muesing, Ursula Christ, Robin Schaffer, Bonnie Smasal, Dorothy Mumma. And continued thanks to all of you who do the little things, often unnoticed (moving chairs in the Great Room, cleaning up the kitchen, etc), that help keep HIC flowing and growing!

Full Moon Groups

A personal invitation to gather in group!

Those in training in the mystery schools were taught to use two phases of the moon to help them bring the inner world and outer world together: the new moon for new beginnings, and the full moon to appraise our progress. Moon Groups are a wonderful time of ritual, prayer and enjoying the knowledge and wisdom that comes when people gather together and share as a family of Light. Events are child-friendly and held at the Hope Interfaith Center unless otherwise noted. **Please RSVP by calling 507-386-1242 three days prior.**

October Full Moon

Friday, October 22 • 7:00 p.m.

Hope Interfaith Center

*Flor-All-Time (God Expressed Through Flowers)
facilitated by Maude Metcalf - photographer, writer,
actress, comedian*

Come and listen to a story of courage, faith, trust, and transformation! In May of 2006, Maude had a near death experience. Soon afterwards she witnessed a profound change in her photography skills — something bigger was going on in her work — and she said YES! to this new passion and creativity, which for years had been hindered by self doubt. In 2008 she had an experience with breast cancer, which took her deeper into the depth of her soul. Maude will share her story and her photography, helping us all remember that “flowers are a reflection of who we are – beautiful and magnificent beings of love and light”.

November Full Moon

Monday, November 22 • 6:30 p.m.

Hope Interfaith Center

AVATAR Movie Night and Heathy Snack Potluck

The hit movie *Avatar* opened many doors to new thoughts and new questions! Let's come together and watch this film as we celebrate the power of the full moon. Whether you've never seen the film or have seen it many times before, you're certain to find something new to discuss with the group. Bring a healthy snack to share – HIC will provide the beverages!

December Full Moon

Rite of the Winter Solstice

Tuesday, December 21 • 7:00 p.m.

Hope Interfaith Center

It is a month of Great Celebration. You have achieved what was desired and you have each played your part in this wonderful transformation. Let us join together and celebrate Light and Love! As always, we will wish each other a continued journey of JOY in our Adventures of Light for the coming year of 2011!

Introduction: Christine Kile, Reiki Master

Namaste! It is with great excitement and happiness that I enter into agreement with HIC to offer Reiki, along with other integrative therapies. I feel so honored to be able to offer healing services from his beautiful spiritual center. I promise to do my best to help you in your efforts to bring clarity and balance to your life. Here is some information about my background:

My integrative approach to healing is known as Sacred Circle Counseling. Besides being certified in both Usui Tibetan Reiki and Karuna Reiki® as a Master Teacher, I am a Level IV Six Sensory™ Teacher through Sonia Choquette's Psychic University. I have also completed the first level of Crystal Healing through the Infinite Light Healing Studies Center in Sedona, AZ. My more traditional background includes over five years work as an addictions counselor, an M.S. degree in counseling and national counselor certification. In addition to traditional talk therapy, I offer EMDR for treatment of unresolved trauma. I was ordained through HIC as an Interfaith Minister in 2008. Like you, I am on a spiritual journey, hoping to realize my true purpose in this lifetime. I will be offering counseling and Reiki sessions as well as classes at HIC, all designed to assist you in realizing your oneness with the universe and your own innate ability to heal yourself.

A brief explanation of Reiki: Reiki is both a word used to describe universal life force and a method, easily learned by anyone, to channel Reiki and increase the life force in our bodies for healing and relaxation.

Reiki originally was developed in Japan by Mikao Usui in the 1920s. Since that time it has become known all over the world and different modalities of Reiki have evolved.

To understand Reiki, it is helpful to think of our bodies as vessels for life force. Life force flows within the physical body using various pathways. It also flows around us in a field of energy called the aura. When this flow of life force becomes blocked, the body becomes unbalanced and does not function optimally.

The flow of life force is also affected by our thoughts and feelings about ourselves. Reiki heals by raising the vibratory level of the energy field and charging areas of the body with positive energy. Reiki restores the natural flow of life force energy.

Reiki sessions are usually an hour in length and can be done with the laying of the hands on the body or above it. Interested in learning Reiki yourself? I will be offering classes through HIC this Fall. Brochures and additional information about Reiki sessions and classes are available at HIC and/or you can e-mail me for paper-free copies at christinekile@hotmail.com. For information or to schedule an appointment please call (507)382-7364.

Gatherings and Opportunities

Serenity Support Group

Hope Interfaith Center

facilitated by Judy Mosca

(suggested love donation: \$5.00 per gathering)

The Serenity Support Group is open to all who are seeking peace in the midst of these challenging times. SSG meets most Wednesdays, beginning at 12:30 p.m. For further information and/or to register and get the schedule, please call Judy Mosca at 507-387-4629, Heart of Peace Spiritual Companionship.

Monthly Spiritual Study

(refer to the calendar for dates)

Hope Interfaith Center

facilitated by Hope and others

(suggested love donation: \$5.00 per gathering)

13 Indigenous Grandmothers Speak

October — The Wake Up Call

The 13 indigenous grandmothers tell us to hear the wake up call. Come and listen to the elders speak. We will have a channeling circle of information that will help you with information to go through these shifting times. Be a person of personal integrity and to take responsibility to honor all life. Lights will be off and candles will be lit and drums and rattles are welcome. We will work with the energies of this wake up call for personal healings and transformation of new patterns.

We will be inviting the elders to speak to us. Here is just a bit of information that is coming from Grandmother Ellie: *No matter what happens in the outside world, peace will see you through it with a gladdened heart and a sureness of being. The Power of Love and Gratitude is your medicine and with just 15 minutes a day focusing on the things that you are thankful for will significantly increase your body's natural antibodies and wellness of being. Naturally grateful people are more focused mentally and measurably less vulnerable to outside forces. My dear ones of the highest power, you are asked to surrender the old at this time. Release the energy of old hurts and pain. Release the old operating systems. Then you will not be in any danger. You will live to see the new horizon and the rise of the new sun that speaks forth of its coming.*

November — Change

Drums and rattles and sage are welcome. Lights will be off, candles will be lit and invocations will be sent through the smoke. As we take the leap into the new operating system of the 5th dimensional being into the New World, you will be unmistakably overjoyed, for in this leap you will see yourself living how you want to live, where you want to live, and with whom you want to live with. You will be asked to know your boundaries and to honor your vibration with kindness and gentleness.

Words from One of the Grandmothers: *Take the time, my dear ones, in this time of release to pamper yourselves and to do as you need to take care of yourself. It is a time of rest, in any way that is healthy for you as you prepare for the start of 2011. Go out and play or go forth and snuggle up with your animals. A blessing of the house pets will take place during this class. Please bring pictures of your beautiful animals for you are ONE with all life. For this truth of our ONENESS will never fade away.*

December — Celebration with Ceremony at the Year End Retreat

The conclusion of this quarter's Spiritual Study teachings will take place at our Year End Retreat, which is held at the Holy Spirit Retreat Center outside of Janesville, MN. You will find more information about that retreat elsewhere in this newsletter. Do register early if you are committed to attending, as this overnight retreat fills VERY fast and there are limited accommodations!

Blessings and Love to all our relations

– Mitakuye Oyasin!

(we are all related)

HIC — A Place of Healing Renewal

On staff are Health Ministers Carol Parsley, Jody Scholtz, and Mona Smiley. They have a combined 25 years of experience with natural foods, raw foods, juice therapy, and detox therapy, as well as essential oil therapy, massage therapy, and spiritual ministering. Please call Mona at 507-469-3077 or Carol at 507-420-3437 for more information or to schedule an appointment.

This month we highlight information about Jody Scholtz: Jody is now available to help others move toward a healthier way of eating (be it raw, vegan, or vegetarian) or just wanting to implement more fruits and vegetables as a start. Jody has been on her raw food journey for 1½ years. She is a member of the Raw Vegan Network and became certified with the Ekaya Institute of Living Food Education this past summer. Young Living Essential Oils or Supplements are available, too. Jody has been a Distributor for the last four years (www.youngliving.org/cheyanne). The suggested love donation is \$30.00 per session. For appointments, please call 507-340-4062.

Providence Partners

(refer to the calendar for dates)

Hope Interfaith Center

This financial investment group meets monthly to study smart and conscious investments, and investing as a group. There are still a few spaces open for new investors. Call Joe Gilbert at 507-317-3966 for more information.

Relationship Group
(refer to the calendar for dates)

Hope Interfaith Center
facilitated by Hope

You and your beloved are invited to come to Hope Interfaith Center for our monthly Relationship Group! It has proven to be a source of support and growth by helping make love relationships holier, healthier, and happier! This quarter we will be working with the material of Gary Chapman (5 Love Languages). Come and learn more!

***Toning for Transformation, Tranquility
and Transcendence***

Mondays • 5:30 p.m. (refer to the calendar for dates)

Hope Interfaith Center
facilitated by Jo Gangestad and Ruth Ann Rosenwinkel

Vibrational healing and vibrational balance is coming to the forefront of many teachings, whether they be in the realm of spiritual, health or general well-being! You are invited to come Monday evenings for half an hour of toning with Jo and Ruth Ann. You need not have any previous experience – every sound we make is a tone! However, intentional use of our vocal chords can bring us into amazing spaces of wholeness. As a group it is even more powerful! Come every week or come when you can, but we invite you to come!

Journaling
(refer to the calendar for dates)

Hope Interfaith Center
facilitated by Klea Brewton and Judy Mosca

The journaling evenings were so meaningful to so many that two women stepped forward to continue on with what Marlene Lange began! Come and learn new techniques. Come to continue on with your own journaling discipline – what a great way to gain insight to your own wisdom and guidance! Bring your notebook or journal and a writing utensil. Newcomers are always welcome!

Silent Auction Fundraiser
Continuing through October 22

Hope Interfaith Center Great Room

If you have never participated in the yearly Silent Auction here at HIC, please come and join in on the fun! You will find tables set up with a myriad of wonderful items — art prints, jewelry, handmade native drums, a native flute, gift certificates, candles and candle holders, scarves, home decorations — to name a few! Come and place a bid, but check back often if you wish to win the bid, because you never know who may be wanting the same item! This fundraiser ends after the Full Moon gathering on October 22!

Spirit Art Night

October 5 • 6:30 p.m.

Hope Interfaith Center
facilitated by Kim Cummings and Jo Gangestad
(suggested love donation: \$4.00)

Come and join us for Spirit Art Night! Spirit comes through us in so many ways...join us and find out how spirit works through you! Put your hand on the paper, let your mind go and let your inner Creation flow. Results will be suitable for framing! All ages and talents are welcome!

River's Edge and Reverend Hope
An Evening of Song and Introspection

Friday, October 8 • 7:00 p.m.

Hope Interfaith Center
(love donation gratefully accepted!)

Bring your listening ears, your open hearts and your journal to an evening dedicated to the expansion of your personal transformation! Music has the capability to open us to our inner spaces and musicians Trish and Richard Bruxfort Colligan have the musical and spiritual gifts to open listeners to the depths! Many of you experienced their loving talents last year when they gifted us with a concert!

This evening will combine the gift of music and also the gift of time to allow our inner wisdom to spring forth as we journal, answering questions provided under the direction of Rev. Hope. October 8th is the beginning of a powerful weekend, which culminates with 10/10/10!

The number 10 is a number of completion, perfection and fulfillment. It also symbolically is indicative of closure. As we are about to enter the year 2011, a gateway year, this is an important time to reflect on what is ending, completing — what is fulfilled in our lives — so that the doorways can swing wide open!

We invite you to come and participate in this very special concert and opportunity! Bring your journal.

Reiki Share

Mondays October 18, November 15, December 20 •

7:00 p.m.

Hope Interfaith Center
facilitated by Christine Kile

Join Christine and others in a Reiki Share. Come together, break into groups and give one another healing Reiki energy. No need to have prior experience with energy healing — Christine will guide us and lead the sessions. You will leave this evening relaxed and renewed!

Circle

Thursday, November 11 • 7:00 p.m.

Hope Interfaith Center

facilitated by Reverend Ursula Clara Christ

(suggested love donation: \$5.00)

Circle is an invitation to come and let open the well of inner personal strength to your God-Self or Highest Self within. This is a shared part of us that we all have access to at our core and can provide a stable foundation for finding the way to our best living. The purpose of Circle is to let that spirit led person you are capable of being shine through more fully. The evenings will be discussion- and experiential-based as Ursula facilitates with the channeling of her higher guidance. Moments of participation are often asked of group members however you are not required to be active.

Book Reflection, Part 2

“Women, Food and God” by Geneen Roth

Saturday, November 13 • 10:00 a.m. to noon

Hope Interfaith Center

facilitated by Hope and Deb Nelson

This event will be a continuation of the last meeting where we introduced and began our discourse with this powerful book. If you suffer with your relationship with food — you eat too much or too little, think about what you will eat, try not to think about what you will eat, or not think about it at all — you can be free!

Last time we met we talked about using food to bolt from what we most want to avoid. We had such a holy, profound, safe time that we decided to meet and talk again about this book. Meet Deb and me in our library at HIC for a cup of autumn tea or perhaps some fair trade coffee and we will discuss the topic of re-teaching loveliness and tigers in the mind. We are looking forward to seeing all who came last time if you are available — and newcomers are always welcome. Our circle is open for 13 women at a time, so it will be first come, first serve. You may attend whether or not you have read this inspirational book. Please RSVP by November 10th.

Salvation Army Sunday Noon Meal

Sunday, November 21 • 11:00 a.m. to 1:30 p.m.

Salvation Army, 700 S. Riverfront Dr., Mankato

Volunteers needed to bring food and serve!

Sign up by November 16!

The Sunday Noon Meal serves a healthy, full meal to those in need of nourishment and fellowship. It is served every Sunday and uses the Salvation Army site as its base facility. Currently more than 110 guests are served each Sunday. Hope Interfaith Center has agreed to provide and serve twice each year.

Serving the Sunday Noon Meal involves the following: We will need 16 people/units to help donate, make and serve the food. There are five categories — the main dish, a vegetable, salad, bread, butter and milk, and dessert. Penny has more information and there is a sign up sheet at HIC. On the Sunday we serve, we will meet at the Salvation Army at 11:00 a.m. The meal is served from noon to 1:00 p.m. and all volunteers should be able to leave, following clean up, by 1:30. This is a very worthwhile way to serve others and a good family activity, too. If you are unable to help that day, you can donate food (ask what is needed) or money to buy the food!

Connecting Science with Spirituality

Tuesday, December 7 • 7:00 p.m.

Hope Interfaith Center

facilitated by Dr. Gary Rockswold

Is the knowledge gained from science necessarily in conflict with living a spiritual life? Is it possible to be both spiritual and scientific? This entertaining multimedia presentation discusses these questions and attempts to show that there is a knowledge and underlying mystery capable of weaving science and spirituality into one cloth. We hope you join us!

Year End Retreat — Dreams and Imagery

December 10 • 7:00 p.m. to December 11 • 5:00 p.m.

Holy Spirit Retreat Center, Lake Elysian, Janesville, MN

*Cost: Love donation for teachings by Hope,
\$30.00 separately to go to the Retreat Center*

Registration deadline: Dec. 3 (28 spaces available)

*“To waste a dream in forgetfulness is to waste
a third of our lives, perhaps the most creative third at that!”*

~ Strephton Kaplan-Williams

Dreams and mental images and symbols are like newspapers. When they are fresh and timely, they provide invaluable information about our inner world, just as a morning paper tells us all we care to know about the outer world. Come, explore your inner newspaper!

Friday night we will meet in large group and on Saturday work in smaller pods and then close in the large group again. A movie on dreams will be shown during the weekend and journaling questions about dreams will be provided to help guide you! Bring your journal and a pen. If you have a dream stick, bring that as well.

2010 has been a year of completion, fulfillment and closure — let us enter into 2011 aware of our dreams and ready for the open gateway!

During these 22 hours, we will share communal food. You will receive a letter the week before the event letting you know what to bring. This event always fills up fast, so please RSVP by calling the Center (507-386-1242) by December 3.

The Goddess Initiation Journey

10 weekends, January to October 2011

Hope Interfaith Center

facilitated by Tezikiah Gabriel

(suggested donation of \$145 per retreat)

Come into the Sacred Circle where Love abounds, Magic transforms and Divinity beckons!

Do you hear Her Call? The Goddess Initiation Journey is for those individuals who wish to embark on a journey of discovery where the paths are found, not made, and the journey itself changes both the seeker and the destination.

What is the Goddess Initiation Journey? The journey consists of a joyous opportunity for those wanting to connect with the Divine Feminine to learn, evolve and transform in a Sacred Circle of Support where love, magic, honor and community releases fears and promotes the emergence of the Divine Feminine to transform her/his life.

The Sacred Circle will meet in a series of 10 weekend Goddess Retreats, beginning in January and concluding in October with a candlelight Goddess Initiation Ceremony at the turning of the wheel on All Hallows Eve. Most retreats will be held on Saturday, from 10:00 a.m. to 7:00 p.m., with occasional opportunities to stay overnight. Rev. Hope will attend some of these sacred circles to provide an Oracle Wisdom channeling.

What Will I learn in the Goddess Initiation Journey? All wisdom that exists in the Universe is present in our Circle! Our ancestors, right up to the prophets of today, have taught us ways to connect with the Divine Goddess of Unending Love and Unlimited Abundance. This journey will help us remember and expand our existing wisdom through ancient and modern rituals, traditions, practices and tools that will assist us in connecting with the Divine Goddess within each of us. Each Goddess Retreat will be conducted in ritual that includes Calling and Closing the Circle and Calling and Releasing the Directions, so that we might access and maximize all universal and elemental wisdom, energy, protection and support for our individual and collective journey. As in ancient times, everyone in the Circle has a role in her/his own evolution and the evolution of others in the Circle. All ritual activities are participatory and support wisdom building, self-knowledge, enlightenment, and community building. The Journey process includes lessons, discussions, homework assignments, topic teachers and a wide variety of individual and collective cross-cultural tools and practices. Circle participants will explore all aspects of Goddess wisdom, tradition and practice, through topic areas that include, but are not limited to:

- * The Charge of the Goddess
- * The Power of the Circle
- * Universal Principles for the Next Evolution
- * Self-Discovery
- * The Mystery
- * Everyday Magic
- * The Role of Community

The following are some examples of fun and freeing practices and tools that we will learn about and use to assist us in remembering and connecting to the Divine:

- * Journaling
- * Conducting Rituals
- * Creating your Altar
- * Guided Meditation
- * Channeling the Goddess
- * Power Songs
- * Creating individual life visions and intentions
- * Drumming
- * Dancing
- * Key Notes
- * Storytelling
- * Dream interpretation
- * Individual and collective intentions (spells)
- * “Individual Journey” sessions
- * And More!

What is My Commitment Should I Decide to Enroll?

Attendance and donation! If you feel a strong calling yet do not have sufficient resources, Tezikiah may explore with you a way for you to provide service, resources or support in exchange for partial or full costs of the Journey. Reciprocity is a Universal Law in Goddess tradition and is important in assuring you get all that you need in exchange for the energy you send out.

You must attend all 10 Goddess Retreats and the Goddess Initiation Ceremony — it is your Sacred Covenant with your Circle. If you cannot attend for some reason, you will create and implement a process for getting the information you missed and let Tezikiah know what you've chosen. This supports the Goddess traditions of self-assertion, self-wisdom and honoring your Circle and teacher.

The Goddess Initiation Ceremony will be conducted on All Hallows Eve (October 31st) at 11:00 p.m. and will conclude on All Saints Day (November 1st) at 1:00 a.m. This is a very sacred and powerful time of the year and will be fortuitous in your initiation into the next evolution of you as Goddess. You will also be asked to think about and then ultimately select someone who you believe will support you on your Goddess path beyond your Initiation. That person will be provided the information he or she needs to fully support you on your path and will present you for Initiation at the Ceremony.

Lastly, you must be seriously committed to self-love, self-care and growing your self-awareness. You will be asked to come into the Goddess Journey with an open mind, heart and spirit and with an intention of love, a readiness to learn and a commitment to freely accept joy and abundance in your life!

How Do I Get More Information or Enroll? Tezikiah Gabriel, High Priestess and Circle Leader, will be conducting interviews with those interested in the Goddess Initiation Journey. The interview process is intended to both give and get information. This is a new offering for Hope Interfaith Center and Tezikiah and Hope are interested in what you might like to learn and experience if you enroll. This information will shape and inform the development of the Journey, address any questions or concerns you might have, and provide additional information about specific topics. Please email Tezikiah at tezikiah@gabriel-consult.com or call her at 507-645-0245 to receive an application.

All sacred pathways honored

Hope Interfaith Center
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Visit us at: www.hopeinterfaithcenter.com

Janice Hope Gorman, Minister

Penelope Tower, Associate Minister

Joni Rae O'Connell, Financial Minister

Center Steward: Rev. MaryAnn Morningstar

Spiritual Counselor: Rev. Ursula Christ

Health Ministers: Carol Parsley, Jody Scholtz, Mona Smiley

Reiki Master Teacher and Counselor: Rev. Christine Kile

HIC Board of Directors:

Dean Pettis Ursula Christ

Jo Gangestad Julie Thorleifson

Kathy Heine Kim Cummings

**For directions to the Center and other information,
please see page 7 or visit us online at:
www.hopeinterfaithcenter.com**

SPIRITUAL SERVICES

Second Sunday of every month • 10:00 a.m.

Hope Interfaith Center

facilitated by Hope

The Hope Interfaith Center holds a spiritual service the second Sunday of each month. We open our arms to all to come together and recognize that we are ONE in the eyes of CREATION! All Sacred Pathways Are Honored. Come and invite a friend!

Sunday, October 10 – “Sending Peace, Love and Joy”

Sunday, November 14 – “Pie in the Sky”

Sunday, December 12 – “Holiday Holiness”

Sunday “Salons”

Third Sunday of the month • 10:00 a.m.

Hope Interfaith Center

These gatherings will give us an opportunity to connect, discuss the previous week's worship topic, and share our spiritual journeys. We will have coffee made and water for tea!

“Salons” will be held:

Sunday, October 17

Sunday, November 21

Sunday, December 19

~ All Sacred Pathways Honored ~

Directions to The Hope Interfaith Center

114 Pohl Road, Mankato

From the West:

Highway 14 East to Highway 22 South

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)

Hoffman Road becomes Glenwood Avenue (curvy road)

Turn left onto Pohl Rd.

The Center is the deep magenta building on the right corner

From the East:

Highway 14 West to Highway 22 South

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)

Hoffman Road becomes Glenwood Avenue (curvy road)

Turn left onto Pohl Rd.

The Center is the deep magenta building on the right corner

From the North:

Highway 169 South to Highway 22 South (one block past the last stop light in St. Peter)

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)

Hoffman Road becomes Glenwood Avenue (curvy road)

Turn left onto Pohl Rd.

The Center is the deep magenta building on the right corner

From the South:

Highway 169 North to Riverfront exit

Turn right onto Riverfront Dr. (past West High School)

Turn right onto Stoltzman Rd. (follow this road and signs to MSU)

Turn left onto Stadium Rd. (drive up hill past MSU)

Turn left onto Pohl Rd. (twin homes on corner)

The Center is deep magenta, the last building on the corner

Suggested Donation Prices for Spiritual Counseling

The suggested donation for spiritual counseling is \$50.00 in person and \$55.00 for phone readings (\$5.00 for postage).

Remember that we are a non-profit spiritual center, therefore your donations are tax deductible.

****** IT'S IMPORTANT TO RSVP ******

Please RSVP for gatherings by calling or emailing your intention to attend. It's a really nice thing to do for yourself and it helps in our planning. Thank you!

When you come to the Center, we would ask that you remove your shoes if possible. There are mats and cubbies that will hold your shoes. This is not only to help keep the Center clean but it is also a way of honoring the sacredness of the space. Thank you.

Calendar of Events

*Please RSVP for all events:
507-386-1242*

*Visit www.hopeinterfaithcenter.com
for a printable calendar of events*

October

- 2 3rd Annual Peace Walk 10 a.m.
- 4, 11, 18, 25 Toning 5:30 p.m.
- 5 Spirit Art 6 p.m.
- 7 Providence Partners 7 p.m.
- 8 River's Edge and Rev. Hope 7 p.m.
- 10 Spiritual Service 10 a.m.
- 13, 20, 27 Serenity Support Group 12:30 p.m.
- 16 Integration Class 10 a.m.
- 17 Sunday Salon 10 a.m.
- 18 Reiki Share 7 p.m.
- 19 Journaling 7 p.m.
- 21 Relationship Group 7 p.m.
- 22 Full Moon 7 p.m.
- 26 Spiritual Study 7 p.m.

November

- 1, 8, 15, 22, 29 Toning 5:30 p.m.
- 3, 10, 17 Serenity Support Group 12:30 p.m.
- 4 Providence Partners 7:00 p.m.
- 11 Circle with Rev. Ursula 7:00 p.m.
- 13 Book Reflection 10:00 a.m.
- 14 Spiritual Service 10:00 a.m.
- 15 Reiki Share 7:00 p.m.
- 16 Journaling 7:00 p.m.
- 18 Relationship Group 7:00 p.m.
- 21 Sunday Salon 10:00 a.m.
Salvation Army Noon Meal 11:00 a.m.
- 22 Full Moon 6:30 p.m.
- 30 Spiritual Study 7:00 p.m.

December

- 2 Providence Partners 7:00 p.m.
- 6, 13, 20 Toning 5:30 p.m.
- 7 Connecting Science with Spirit :00 p.m.
- 10-11 Year End Retreat
- 12 Spiritual Service 10:00 a.m.
- 15 Serenity Support Group 12:30 p.m.
- 16 Relationship Group 7:00 p.m.
- 19 Sunday Salon 10:00 a.m.
- 20 Reiki Share 7:00 p.m.
- 21 Winter Solstice Celebration 7:00 p.m.
- 23-Jan. 3 HIC CLOSED FOR HOLY DAYS

Spiritual Counseling Available to All! A message from Reverend Hope

How many of us can resist the seduction of getting to know ourselves? Working with Reverend Penny Tower or Reverend Ursula Christ can help you uncover new aspects about yourself that will astound, delight, and perhaps even surprise you!

Both of these women can help you move from the mental to the spiritual solutions to your life. And you can begin the process of unlocking yourself from old beliefs and habits into a magical world of Love, Harmony and Hope. Penny and Ursula can lead you to where you want to go!

Reverend Penny is available for private sessions Tuesday - Thursday afternoons. Call the Center at 507-386-1242 to schedule with her. Reverend Ursula is available on Monday afternoon and evenings. Please call her to schedule an appointment at 612-964-9094.

*Happiness is
when what
you think,
what you say,
and what
you do
are in harmony.*

~ Gandhi