



# Hope Interfaith Center

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*October - December 2011*

*~ A message from Reverend Janice Hope Gorman ~*

## *“The Quest”*

Dear Friends,

All of my life I have been a seeker of true meaning. Born into a Roman Catholic family in 1954, my religious training started at a young age. I attended a local parochial school for 12 years of my life, which gave me a foundation of doing greater service to the world. I felt, even as a child, a call to serve a great and unknown cause. Just like every good catholic girl, for a short time I wanted to become a nun. That idea gave me great joy because I thought I had found my vocation on how to serve. Around the age of 13 or 14, I started noticing boys and then knew that being a nun was NOT IT! I continued my quest for my vocation and for the answers to life. I remember having an innate sense of hope that was infused with the love for God. Somehow I knew that we as a planet were moving toward something great, unprecedented, wonderful. Why was I, as a young growing girl feeling this joy for the world? I don't really know. I do know that my walls were covered with posters of people that I admired like Dr. Martin Luther King and Mother Theresa of Calcutta. I had beautiful statues of Saint Francis of Assisi and Mother Mary. I began to read with a deep hunger for meaning. I read like a child starving for life. I remember sitting in bed with books piled all around me, falling on the floor, covering the night table. My sweet mother became a bit worried about me for I was isolating myself in my room.

Slowly I turned to different books describing other world religions. I was looking for one thing: the image of a religion that talked only about LOVE. Love for all beings. I then had a magnetic pull towards self-help books. Even I began to think something must be wrong with me. Life events including a divorce and the death of a child took me into divorce books. When Source directed me finally to meta-physical books, every fiber of my being became excited because I thought I was getting closer to the truth of whom we all are.

Now, the magnetic pull is to understand energy and how this works within our ONENESS! ONENESS, ONENESS, ONENESS! ENERGY, ENERGY, ENERGY! That's me, for I am a ONENESS teacher. Throughout my journey and quest for true understanding, I have had to take courageous mystical leaps of faith and teach myself in many ways for it was hard

to find, because many teacher were still working with people on their weaknesses instead of their GREATNESS! That was, of course, until I found Christina Rose. She found me falling in love with love and the energy of love. She found me falling into a metaphysical abyss where I became ONE with the ONENESS. I started having experiences of my Universe, as I had known it to be, shrinking before my very eyes. I started focusing on Love and Truth and ONENESS. To this day when any preacher, teacher, or healer tells others or me that we are helpless and we need a lot of work or that we are not God's and Goddess's I want to rise up and say, “NO! It's not true. We are Great Beings of LIGHT! We are the ESSENCE of THE ONE. I want to stand up and tell every one that each individual human has enormous untapped potential. In addition, that the planet itself is now evolving toward a quantum leap, wherein all of its members will experience themselves as part of one body. This is ONENESS!

Love and Light, Love and Light, Love and Light. This is what we truly are!

This Christmas of 2011 will be the best ever, not because I've achieved my ideals, but because the problem of my mistaken identity has disappeared. Every cell in my body identifies now with my God Self and Goddess Self within me! Every cell in my body tells me that you are God-Goddess too! It has been an honor to be the director of the Hope Interfaith Center and I soooooo look forward to ending this year and moving into our NEW WORLD. We are moving towards a planetary birth of our new identities. We at the Hope Interfaith Center are here to help you push and push and push with great joy to help you give birth to the new you. We will continue to offer new classes to help us all step into the next life cycle of Community coming together! We welcome all and we honor all the sacred paths.

Please look through this newsletter to find just the right group or class to facilitate your personal journey. My eyes and heart are lit with the flame of ONENESS for all of us!

With Pure Heart,  
Hope



~ **Hope Interfaith Center** ~

114 Pohl Road  
Mankato, MN 56001  
507-386-1242

email: [friend01@hickorytech.net](mailto:friend01@hickorytech.net)  
Visit us at: [www.hopeinterfaithcenter.com](http://www.hopeinterfaithcenter.com)

**Janice Hope Gorman, Minister**  
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HIC Board of Directors:  
Dean Pettis      Tim Schmidt  
Jo Gangestad    Kim Cummings  
Kathy Heine     Carol Ann Parsley

**For directions to the Center and other information,  
see right or please visit us online at:  
[www.hopeinterfaithcenter.com](http://www.hopeinterfaithcenter.com)**

~ **SPIRITUAL SERVICES** ~

**Second Sunday of every month • 10:00 a.m.**  
**Hope Interfaith Center**  
*facilitated by Hope*

The Hope Interfaith Center holds a spiritual service the second Sunday of each month. We open our arms to all to come together and recognize that we are ONE in the eyes of CREATION! All Sacred Pathways Are Honored. Come and invite a friend!

**Sunday, Oct. 9 – “Truth” Elevated States of Consciousness**  
**Sunday, Nov. 13 – “Thanksgiving with the Hathors”**  
**Sunday, Dec. 11 – “Year End Reflection”**

***Sunday “Salons”***

**Third Sunday of the month • 10:00 a.m.**  
**Hope Interfaith Center**

These gatherings will give us an opportunity to connect, discuss the previous week’s worship topic, and share our spiritual journeys. We will have coffee made and water for tea!

**“Salons” will be held:**

Sunday, October 16  
Sunday, November 20  
Sunday, December 20

~ **All Sacred Pathways Honored** ~

***Directions to The Hope Interfaith Center***  
***114 Pohl Road, Mankato***

**From the West:**

Highway 14 East to Highway 22 South  
Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)  
Hoffman Road becomes Glenwood Avenue (curvy road)  
Turn left onto Pohl Rd.  
The Center is the deep magenta building on the right corner

**From the East:**

Highway 14 West to Highway 22 South  
Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)  
Hoffman Road becomes Glenwood Avenue (curvy road)  
Turn left onto Pohl Rd.  
The Center is the deep magenta building on the right corner

**From the North:**

Highway 169 South to Highway 22 South (one block past the last stop light in St. Peter)  
Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)  
Hoffman Road becomes Glenwood Avenue (curvy road)  
Turn left onto Pohl Rd.  
The Center is the deep magenta building on the right corner

**From the South:**

Highway 169 North to Riverfront exit  
Turn right onto Riverfront Dr. (past West High School)  
Turn right onto Stoltzman Rd. (follow this road and signs to MSU)  
Turn left onto Stadium Rd. (drive up hill past MSU)  
Turn left onto Pohl Rd. (twin homes on corner)  
The Center is deep magenta, the last building on the corner

***Suggested Donation Prices for Spiritual Counseling***

The suggested donation for spiritual counseling is \$50.00 in person and \$55.00 for phone readings (\$5.00 for postage). Remember that we are a non-profit spiritual center, therefore your donations are tax deductible.

***\*\*\* IT’S IMPORTANT TO RSVP \*\*\****

Please RSVP for gatherings by calling or emailing your intention to attend. It’s a really nice thing to do for yourself and it helps in our planning. Thank you!

When you come to the Center, we would ask that you remove your shoes if possible. There are mats and cubbies that will hold your shoes. This is not only to help keep the Center clean but it is also a way of honoring the sacredness of the space. Thank you.

## ~ NEW Moon Groups ~

**A PERSONAL INVITATION TO GATHER  
AT THE TIME WHEN THE MOON  
HAS THE POWER TO MANIFEST!**

*Change is upon us!  
Take a look at our new moon groups!*



The new moon is the birthing cycle of the moon's various phases. The new moon phase is an OPTIMAL time for planning and seeding your intentions that you want to grow. The power of new frequencies is upon us and so the change to monthly New Moon gatherings is very important. Seedlings need a period of gestation before they break through the soil and reach for the sunlight this is the reason why we meet in the evenings. The dark side of the moon, with its mysterious unseen forces offers a nurturing environment where our intentions can establish roots before their miraculous manifestations begins to sprout and reach out to the stars.

Exciting speakers will come to HIC during the New Moons to plant new ideas and give you new information, which will help us on our journey into 2012. They will share their varied journeys, their adventures from different parts of our planet, their passions and talents. Come and give them a wonderful welcome as you receive seeds of information. Please join us during these new moons as we create a NEW WORLD.

Please RSVP at least one week before the gatherings, which will be held at HIC unless otherwise noted. (Please note: due to the July 4th holiday weekend, there will be no New Moon Gathering in July.)

### ***October New Moon***

**Tuesday, October 11 • 7:00 p.m.**

**Hope Interfaith Center**

*New Moon Experience*

*facilitated by Pema Tsultim*

Dependent co-origination is the literal translation of the Buddhist term *paticca samuppada*, which the insight of the nature and working of reality. In the teaching of the Buddha, dependent co-origination is used mainly to explain how suffering arises and ceases based on various causes and conditions of the individual. This must not be taken as the exclusive explanation of dependent co-origination in Buddhism. This teaching is also used as way of approaching the problems and forms of suffering we experience collectively in today's world.

Karma Pema Tsultim is from India and currently lives in Chanhassen. She began her journey as a Tibetan Buddhist nun and has practiced a monastic life for over 25 years. Being very interested in sharing and learning from other faiths, she became associated with the Monastic Interfaith Dialogue of the Benedictine Community.

### ***November New Moon***

**Saturday, November 12 • 10:00 a.m. to 12:00 p.m.**

**Hope Interfaith Center**

*First Gathering of the Mankato Interfaith Coalition*

*"Building Trust, Knowledge and Kinship:*

*People of Faith Coming Together"*

*facilitated by Rev. Janice Hope Gorman*

The Mankato Interfaith Coalition is a great opportunity to bring together different faiths for a meaningful social connection and conversation. This will be a question and answer panel. Our guest speakers include: David Larsen of the Mdewakanton Band of Dakota and member of the Lower Sioux Indian Community of Morton, Minnesota; Pastor Dean Wolf of Centenary United Methodist Church; Imam Inamul Haq Kauser representing Islam; the representative for the Unitarian Universal Fellowship will be announced at a later date. All are welcome. RSVP by Friday, November 11 at 507-386-1242 or email at [friend01@hickorytech.net](mailto:friend01@hickorytech.net).

### ***December New Moon***

**Wednesday, December 21 • 7:00 p.m.**

**Hope Interfaith Center**

*Winter Solstice Celebration*

It is a month of Great Celebration. You have achieved what was desired and you have each played your part in this wonderful transformation. Let us join together and celebrate Light and Love! As always, we will wish each other a continued journey of JOY in our Adventures of Light for the coming year of 2012! This is always a powerful and Holy Celebration.

## ~ Gatherings and Opportunities ~

### ***HIC — A Place of Healing Renewal***

*“He who has health has hope and he who has hope has everything”*

Rev. Carol Ann Parsley is now offering FREE “Health Histories” for anyone interested in learning how to heal thy self through the knowledge of “Primary” and “Secondary” foods. Contact Carol Ann at 507-420-3437 after October 1 for your appointment.

### ***Serenity Support Group***

Hope Interfaith Center

*facilitated by Judy Mosca*

*(suggested love donation: \$5.00 per gathering)*

The Serenity Support Group is open to all who are seeking peace in the midst of these challenging times. SSG meets most Wednesdays, beginning at 12:30 PM. For further information, get the schedule and/or register, please call Judy Mosca at 507-387-4629, Heart of Peace Spiritual Companionship. Dates will be sent out via email.

### ***Providence Partners***

**(refer to the calendar for dates)**

Hope Interfaith Center

This financial investment group meets monthly to study smart and conscious investments, and investing as a group. There are still a few spaces open for new investors. Call Joe Gilbert at 507-317-3966 for more information.

### ***Relationship Group***

**(refer to the calendar for dates)**

Hope Interfaith Center

*facilitated by Hope*

It is said that deep inside each and every one of us lurks the romantic, and this feeling, this unspoken aspiration of love, never really dies. We invite you and your beloved to join us for this wonderful, fun, joyful group of married couples, engaged couples and dating couples. In a world where we get too busy that we forget about the most important person in our life, this group is for you. We focus on making our relationships better and we do not focus on the problems at all. We are all dedicated to making our great relationships even greater! We believe that the power of our love is a beautiful example of how we make this world a better place to live. We are very low key in this group and are finding that we are laughing a lot as we focus on JOY and CELEBRATING our LOVE!

We have completed studying two books and now we are taking turns as couples facilitating the group. Rev. Carol Ann and her husband Mark will be doing our June group. Come join us!

### ***Journaling***

**(refer to the calendar for dates)**

Hope Interfaith Center

*facilitated by Klea Brewton Fitzgerald*

You are invited to join Klea for an evening of journaling. Learn new techniques and continue with your own journaling discipline. Journaling is a great way to gain insight into your own wisdom and guidance. Bring your notebook or journal and a writing utensil. Newcomers are always welcome.

### ***Toning for Transformation, Tranquility and Transcendence***

**Mondays at 5:30 p.m. (refer to the calendar for dates)**

**No gathering when HIC is closed**

Hope Interfaith Center

*facilitated by Jo Gangestad and Ruth Ann Rosenwinkel*

Vibrational healing and vibration balance is coming to the forefront of many teachings, whether they are in the realm of spiritual, health or general well-being! You are invited to come Monday evenings for half an hour of toning with Jo and Ruth Ann. You need not have any previous experience – every sound we make is a tone! However, intentional use of our vocal chords can bring us into amazing spaces of wholeness. As a group, it is even more powerful! Come every week or come when you can!

### ***The Time Returns***

**First Monday of the month at 6:30 p.m.**

**(refer to the calendar for dates)**

**No gathering when HIC is closed**

Hope Interfaith Center

*facilitated by Jan Uhlenkamp and Mary Lou Nelson*

A new name and a new focus! Inspired by Mary Magdalene, we invite women to join us as we gather to share wisdom and to encourage and support each other on our journey to the Oneness. All are welcome! For more information, contact: Jan Uhlenkamp at 507-354-9454 or Mary Lou Nelson at 952-607-6766. Please RSVP at least one week in advance.

## ***Monday Morning Wellness Circle***

**Mondays • 9:30 a.m. to 12:00 p.m.**

**(refer to email announcements for dates)**

**No gathering when HIC is closed**

Hope Interfaith Center

*facilitated by Lois Weber*

Join Lois to do some drumming and learn to practice an active exercise and a sitting meditation. Those who have been practicing the Level 1 Qigong exercises are invited to learn advanced techniques, which include detecting blockages, and learn how to balance someone else's energy.

A \$5 donation is requested for the first hour and an additional \$5 donation is requested if you stay for the advanced teaching. You need not have taken Qigong classes to attend and participate. Come to the Circle and receive/share unconditional love. Call Lois if you have questions 507-327-9250.

## ***Men's Group***

**Wednesdays • 5:30 to 6:30 p.m.**

**(refer to the calendar for dates)**

Hope Interfaith Center

*facilitated by Bob Dickhudt*

A men's group, with the purpose of increasing Spiritual Awareness, began last November. Various methods including music, visualizations, meditation, discussion, literature and others are used as determined by the group. Bob Dickhudt, Hope's long-time friend, leads this group. Bob has a background in music, guitar and voice, and is devoted to his spiritual growth and awareness by participating in numerous personal retreats. This group meets every other week. If you have any questions, contact Bob at 507-779-6971.

## ***Silent Auction Fundraiser***

***Continues through October 31st!***

Hope Interfaith Center Great Room

If you have never participated in the yearly Silent Auction here at HIC, please come and join in on the fun! You will find many tables set up with a myriad of wonderful items: art prints, jewelry, handmade native drums, a native flute, gift certificates, candles and candleholders, scarves, home decorations and more. Come and place a bid, but check back often if you wish to win the item; you never know who wants it! The silent auction ends on Monday, October 31.

## ***Mankato Area Fair Trade***

***Town Initiative Update***

October is Fair Trade Month, and Mankato is edging ever closer to becoming the First Fair Trade Town in Minnesota. This fall is critical for meeting the goal of being a Fair Trade

Town by the end of this year. If you would like to know more about Fair Trade, please attend any of the events listed below. You can be a big supporter of this effort by: 1) Asking for and buying fair trade products, and 2) Signing the petition at [www.maftti.org/petition](http://www.maftti.org/petition) by September 24. (The Mankato Petition stands at 427, the North Mankato one at 116. Please keep them coming!) You can get your friends and neighbors involved in this effort also. Your participation is welcomed and important. Contact HIC or Klea Brewton Fitzgerald with any questions or ideas.

### **Fair Trade Events**

October all month: MAFTTI Display for Fair Trade Month at Blue Earth County Library

October 5: E2020 Fair Trade Forum, 7:30 a.m., First Congregational Church, Mankato

October 17: (to be confirmed): MAFTTI musical fundraiser

October 31: Reverse Trick or Treating

## ***Peace, Pass It On!***

***4th Annual Peace Walk***

**October 1 • 10:00 a.m. registration**

Hope Interfaith Center

Meet at Hope Interfaith Center to help plant our Peace Pole and celebrate in an attitude of Peace! At 10:30, we will begin our walk on a charted course of 1.5 miles. During the walk, you will be able to be silent and meditate on Peace within ourselves and the world or walk with groups and share in fellowship. What a great opportunity for you to gather your friends together to take a walk with a greater purpose!

Upon returning to HIC, a Peace Pole will also be presented to the Greater Mankato Area YWCA an organization in our community. As a note of history, HIC has purchased and gifted Peace Poles on our Pilgrimages to Israel, Turkey and Palestine during the past 6 years and we have also given peace poles to several area organizations.

## ***Making Life About Living***

***and Not About A Cancer Diagnosis***

**Monday, October 10 • 7:00 p.m.**

Hope Interfaith Center

*facilitated by Marlene Lange*

What if you were diagnosed with cancer? What if what you tried in response didn't work? What if your prognosis was a limited life span? Marlene has faced and has been living with these questions for 4 years. She will share how she has made her life about living, and not about cancer.

For an added bonus, there will be a table of cups for sale from Paul Klages! Let us honor both of these beautiful beings of Light and Love.

### ***Opportunity for HIC Ministers***

**October 29 • 9:00 a.m. to 4:30 p.m.**

“Journey to Self: Awakening the Light Within”

Hope Interfaith Center

*facilitated by Nancy J. Goff*

Cost: \$70.00; After October 15: \$75.00

Interfaith Minister/assistant (see below): \$50.00

Deadline for Registration: October 22

Minimum of 4/maximun of 12

This workshop is based on the descent into the Underworld of Inanna—goddess of Summer. Her descent was achieved by passing through seven gateways; at each, she was required to give up her royal treasures. She then faced her own death in the Underworld and emerged as Queen of the Above and the Below. As modern seekers, our underworld is the unconscious and the Queen of the Underworld is our shadow. What we must give up are our misconceptions about the life we have treasured.

During this workshop, the participants will take an inner journey into their unconscious to find their deepest negative belief, process and release this belief, and develop a new, more effective belief to replace it. This integration and release of the stagnant belief frees up energy that can be used for new development. We will utilize exercises from a variety of spiritual and psychological traditions to prepare the participants for this deep work and to process the issues that arise, as well as guided visualization, active imagination, and journaling. Bring a special journal or use paper provided.

Lunch will be ordered from Jimmy Johns or bring your own. There will be a limited number of spaces for assistants depending on the total number of registrations, which are open only to HIC ministers. This will require an ability and willingness to assist the facilitator with the other participants' processes in some stages of the workshop. You must have some previous counseling experience. Specific training to do this process is required and will be provided on October 28 at 6:00 p.m. at HIC.

The facilitator, Nancy Goff, has worked at the Lincoln Regional Center, a Nebraska psychiatric hospital, since 1979. In her inner work she has explored many mystic paths—Buddhism, Shamanism, Wicca, New Age thought, Rosicrucian philosophy, and the Kabbalah. At age 50, she entered the underworld spontaneously during her mid-life crisis. Using the knowledge that came out of processing this crisis, she uncovered seven beliefs no longer useful for her growth. She wishes to share this profound process with other seekers on the path to Self. She has developed this into the workshop you are being invited to experience. To register email Nancy Goff at [innerjourneys@ymail.com](mailto:innerjourneys@ymail.com) or call 402-730-5473.

### ***Year End Retreat - “The Shift”***

**December 9 7:00 p.m. to December 10 5:00 p.m.**

Holy Spirit Retreat Center, Janesville, Minnesota

*facilitated by Reverend Hope*

Cost: Love donation for teachings by Hope and a separate \$25.00-35.00 for the Retreat Center  
Registration deadline: Dec. 2, only 28 spaces are available

*“When you are able to shift your inner awareness to how you can serve others, and when you make this the central focus of your life, you will then be in a position to know true miracles in your progress toward prosperity.”*

*~ Dr. Wayne Dyer*

2011 has been a year of The Shift – let us enter into 2012 by living a peaceful and fulfilling life aligned with your Divine calling! Friday night we will meet in large group. On Saturday morning we will watch *The Shift*, featuring Dr. Wayne Dyer. Saturday afternoon we will listen to a series of CDs, *Making The Shift* by Dr. Wayne Dyer. Then we will work in smaller pods and will close in the large group. Bring your journal and a pen.

During these 22 hours, we will share communal food. You will receive a letter the week before letting you know what to bring. This event always fills up fast, so call the Center (507-386-1242) to RSVP by December 2nd.

***We carry  
within us  
the wonders  
we seek  
without us.***

*~Sir Thomas Browne*

## ***Energy Teachings 2012***

**Wednesdays January 4, 11, 18, 25 • 3:00 to 4:30 p.m.**

Hope Interfaith Center

*facilitated by Christina Rose and Hope*

*Please RSVP by December 23*

*(suggested love donation: \$12.00 per gathering)*

### ***“Connections and Cosmic Love” - Christina Rose***

Why are we here on this planet? Based on my experience, it is the Transcendence of Duality by remembering who we are. The incredible energy that links us all is our history of being united in the concept of ONENESS with our creator prior to incarnation. A label often used to describe this feeling is “Cosmic Love.” How is cosmic love different from the love in our daily life? Living in duality creates a reality of “conditional love” which means we get enough of the love energy to attract us into the density of the third dimension. Here we struggle with questioning our worthiness and doubting our ability to be co-creators like our Source.

Our guides, teachers and holy ones, who assist us with this journey through life, open concept of Duality begins to change from the inside out. On the surface, it may appear that things are getting worse rather than better. Look at the economy, the wars and politics. Can you read these words or watch the news without getting into fear, doubt, judgment and anger? If you drop your frequency, you are actively adding to the duality here on Earth. To participate in a positive way with the planetary changes presently occurring, we have to be consistently aware of what we are thinking and doing. It assists humanity when we surround ourselves with like-minded beings that have made the choice to be part of the shift by choosing ONENESS and Cosmic Love.

By awakening to our role of constant choice, the concept of ONENESS here on Earth can become a reality for you NOW. Where is your mind now? Do you believe you can do it? The rewards for the choice will make the next year flow with ease and grace versus the drama and trauma of duality. It IS your choice!

The Hope Interfaith Center is one of those beacons of light in the storm. With their resources, their support teams and the guidance of Master Teacher Hope Gorman, you can claim your power and connection to Source. Mother Hope’s monthly CD subscription is a small investment with crucial information for the choices of 2012!

Masters of Love and Sound from an ascended intergalactic civilization have now returned to assist humanity’s current evolution. These groups will help you:

- Acquire the self-mastery techniques to build a fully energized ascension body.
- Understand the true meaning of your DNA shift.
- Grasp the ability to do intergalactic traveling.
- Channeled material to build a New World.

*“If you are ready to build a new world, we invite you to join us on a journey of the mind and heart.”*

## ***Divinity / Oneness / Energy Class***

**Saturday once a month**

**beginning February 2012**

**(dates to be announced)**

**9:00 a.m. to 3:00 p.m.**

Location Hope Interfaith Center

*facilitated by Hope*

*(love donation: \$88.88 per session)*

We, as the human species, are at the threshold of an extra ordinary metamorphosis. This upcoming evolutionary leap is here. Our metamorphosis to the New Human to our New Earth is being triggered by a shift and expansion in our individual and collective consciousness.

Through these classes, our composite genetic matrix will be awakening dormant aspects that are now ready to be activated in our human DNA, enabling our souls to function through our bodies.

### **Attributes of the New Human**

- Enhanced telepathic abilities
- Ease of manifestation
- Enriched creative abilities
- Increased Joy and Ecstasy
- Oneness pouring out of you at all times
- Meeting your Galactic Self

We will be joining a “Global and Galactic Alliance” which are groups around the world meeting to create together. When a certain number of a collective group come together in their hearts focusing on unconditional Love it changes the world.

This group is destined to transform your life. It is my hope to Skype with other teacher’s during some of these sessions to help us understand subjects like Walk-ins, Born-ins and other interesting subjects. We will only be taking 15 students and we will need at least 8 to do the class.

What an opportunity to be apart of a Global and Galactic Alliance having many of my friends from different places helping us grow and know. If interested in these classes please call Jody at the Center at 507-386-1242. If you have any questions about the class please email them to me at the center and I will try my best to give you answers.

This class is still being created as I will have National teachers from different fields visiting us and talking to us via Skype about energy - Selina Maitreya from Boston; Kari, who is a walk-in teacher from Wisconsin; Christina Rose; and others.

***Come to Belize with us in 2012!***

***See the attached flyer for more information  
about this exciting, holy adventure.***

## 2012 Monthly Teaching CDs

*"The soul's greatest journey is about to begin..."  
Are you ready for this most important time?"*

Sign up for the monthly teaching CDs for 2012 early! Starting in January of 2012 the new teaching CDs will be available for all of you.

This is the 3rd and final year of the teaching CDs. I was told to do these for three years starting from 2010 to 2012, to help individuals find clarity and give them the keys to help them understand the path to their Higher Self. The last two years of these CDs were also to help you strive to eliminate all the discordant frequencies you created down through your many life times by forgetting who you were. You had to remove yourself from a lower self or a self-centered attitude of "ME" to a "WE" centered reality for the new world to come. This will not occur until we are well on the path to our ascension.

All of this was necessary for the preparatory stage of the higher-level light and over-soul infusion. Now it is important to have your over-soul integration. Encoded within your DNA and every cell throughout your body are the frequencies needed to be awakened by the end of 2012.

Now the soul's greatest journey is about to begin and through these CDs you can have a full soul/personality merge. At the time of your birth, your Over-Soul took up residency within your Soul-Star, the Eighth Charka. Now if you heed the "Voice of your Soul," you have gradually come to understand that it was all about remembering and awakening. Your higher consciousness is now ready to reunite completely with your Divine I AM PRESENCE/YOUR GOD/GODDESS SELF. The qualities, attributes and virtues of your true higher self is now ready to create your new life and bring you into the new earth. The sweetness of the feast is about to be served. Are you ready for all that is to come?

Phone the Hope Interfaith Center with any questions about these CDs. They are \$10.00 per month. We would like you to pay for the full year if possible to help us keep the books straight but if you are unable to pay the full amount please know we will accept four payments of \$30.00 in January, April, August and December. It does not make a difference if you have never listened to the first two years of CDs for the first two years because the transformative power of the knowledge and energy deep within you will be ready to receive the last year of CDs.

May we all be ready to be on our Soul's greatest journey in 2012! Please look for upcoming teachings in 2013, which you will be able to download to your mp3 player.

## The 500 Club

Namaste! You are invited to join the 500 Club. This idea was given to me by Spirit — that if 500 people pledged \$5.00 a month for one year HIC would be able to raise \$30,000.00. This would help keep our doors open and our mission going.

As I approached our Board of Directors with this idea, I looked at them all and I told them, "I think I could do this!" For I continually work to have faith that moves mountains! So, I am writing you on behalf of Spirit who has instructed me to ask for your help and your support for the mission of Hope Interfaith Center.

As you well know, all non-profits are asking for our support and money and yet I want you to know why only a donation of \$60.00 to HIC could make all the difference in the world to this mission.

We are different from most non-profits because we help people when they are dealing with Spiritual dilemmas and Heartaches. I have always been encouraged to stretch my heart to embrace more of this world. We are called now to stand beside the wounded, and to help and acknowledge the needs of the many. What the world needs more of are love, generosity, mercy and openness. We are meant to be brothers and sisters, a family of nations. I have built the Hope Interfaith Center up from the ground floor, with the help of many, many dedicated supporters and cojourners. In the last 7 years we have provided guidance and help for many people — hundreds, if not into the thousands. It is an honor and privilege to stand shoulder to shoulder as a Spiritual family during this exciting time in history!

Please give me the opportunity to continue these much-needed services with your donation of \$60.00. When Hope Interfaith Center has received all 500 letters supporting our small non-profit mission, we will have \$30,000.00 to stand on. That will insure that the programs we offer continue on for the near future! (Remember that your donations are tax deductible.) Any donations from your heart are graciously accepted.

I shall end in one of my most favorite poems:

*May those whose lives are gripped in the palm of suffering  
open even now to the Wonder of Life.*

*May they let go of the hurt and Meet the True Self beyond pain,  
the Uncovered Block that is our joyous Unity with Holiness.*

*May they discover through pain and torment  
the strength to live with grace and humor.*

*May they discover through doubt and anguish  
the strength to live with dignity and holiness.*

*May they discover through suffering and fear  
the strength to move forward healing.*

~ Rabbi Rami M. Shapiro

Thank you for helping me to carry on the Mission!  
With Pure Heart, Rev. Janice Hope Gorman



## What is a Salon?

Communication is your door to all that is good in life. Communication is the most talked about and least understood area of human behavior. Since the dawning of time the only way we really get to know each other is to have opportunities to talk, discuss and reflect.

This is what our Salon is like. We would appreciate any input on perhaps changing the name of this event. One suggestion I've received is to call it "The Soul Talk Time."

Interpersonal communication at our Salon includes at least the following elements:

- **Fellowship** (*A time to connect on a deeper level*)
- **Good coffee** (*Fair Trade that helps people around the world just by having a cup of Java*)
- **Hearing other's opinions and very wise words** (*We are all preachers*)
- **Lots of hugs** (*It is proven when you receive hugs, you have a better immune system*)
- **Taking the message of the sermon and talking about it** (*To embody the message in our every day life is very useful*)
- **Cozy, safe and intimate surroundings** (*At your Spiritual Home with your Spiritual Family*)
- **Real** (*Meet some of the most authentic people in Mankato*)

It would be wonderful to see you all for this beautiful fellowship time. It is always wonderful to see new faces around in a circle. Salon is held on the 3rd Sunday of every month from 10:00 a.m. to 11:00 a.m. For more questions about this monthly event, please call the center at 507-386-1242. Jody will gladly answer any of your questions.

## Welcome!

The Universe is on our side at the Hope Interfaith Center. The Universe magnetically brought us a wise, beautiful, holy and talented woman as our new bookkeeper. Please join me in welcoming Marcie Douglass. She can be found doing our bookwork in our main office with Jody Scholtz, my assistant. We all fit together nicely and we are working in the vortex of positronic energy.

Once again, I would like to thank Joni O'Connell for all of her work that she provided for HIC. She and her husband will be moving to Florida to begin their new journey! Thank you for the many years of uninterrupted service!

It is very apparent to me both Marcie and Jody, without exception, have a very deep longing to give to others, give to the earth, give to their society and give to this community and the mission of the Hope Interfaith Center. For this, I am deeply appreciative of their hard work and long hours! Thank you both for saying yes to our community. We are blessed!

### **A RIVER OF THANK YOUs!** *Hearty thanks to all who helped at HIC last quarter*

*Words can NEVER adequately express  
deep feelings of gratitude and appreciation,  
but we will try!*

*Thank you to the many who volunteered  
by helping or supporting the Hot Dog Stand,  
the Summer and Fall Yard Sale, and Pridefest.  
We will attempt to name them all and humbly  
apologize for inadvertently missing someone:*

*Kim, Andrew and Austin Cummings, Jo Gangstad  
and Tom Westland, Kathy and Dennis Heine  
, Angela Anderson, Marcia Nermoe, Judy Mosca,  
Marcie Douglass, Jody and Krissa Scholtz,  
Maryann Morningstar, Denise Salisbury,  
Bonnie Smasal, Marion Lichtenberg and  
John Peters, Julie and Dean Thorliefson,  
Dorothy Mumma, Jane Kearny,  
Klea Brewton Fitzgerald, Alixa Doom, Nancy Besse,  
Paul Gorman, Amy Gagliardi, Tim Schmidt,  
Sara Sinard, Wendy Van Rockel, Deb Nelson,  
Mona Smiley, Jen Galvin, Anita, Kelsy and  
Kassidy Markham, Liz Bode, Marcie Wesley,  
Rhonda, Hope and Evan Cannata – THANK YOU!*

*Many times, you only see Hope or Jody day to day in  
the Center, but it takes many to carry out the work of  
Hope Interfaith Center! We would like to express our  
deepest gratitude to all the behind the scenes staff  
who so graciously gift us with their talents:*

*Scott and Penny Tower, Paul Gorman,  
Maryann Morningstar, Angela Anderson,  
Marion Lichtenberg, Tom Westlund, Marcia Nermoe,  
Kim and Andrew Cummings, Marcie Douglass,  
Sharon Taylor, Kathy Heine, Carol Parsley,  
Tim Schmidt, Jo Gangstad, Dean Pettis,  
Amy Kortuem and Cheryl Jercoi.*

*Last but NOT least, to everyone who assisted with  
the new fence and yard project  
for the Hope Interfaith Center.  
The grounds at HIC are so beautiful,  
thanks to all of your hard work!*

*Scott Tower, Paul Gorman,  
Kim and Andrew Cummings, Dave Scholtz,  
Bob Dickhudt and Joe Gilbert.*

# All sacred pathways honored

## ~ Calendar of Events ~

*Please RSVP for all events: 507-386-1242*

*Visit [www.hopeinterfaithcenter.com](http://www.hopeinterfaithcenter.com) for a printable calendar of events*

### October

- 1 4th Annual Peace Walk 10:00 a.m.
- 3, 10, 17, 24, 31  
Wellness Circle 9:30 a.m.  
Toning 5:30 p.m.
- 3 Time Returns Group 6:30 p.m.  
Serenity Group - watch for weekly email notifications
- 5,19 Men's Group 5:30 p.m.
- 6 Providence Partners 7:00 p.m.
- 8 CD Integration 10:00 a.m.
- 9 Spiritual Service 10:00 a.m.
- 11 New Moon 7:00 p.m.
- 16 Salon 10:00 a.m.
- 18 Journaling 7:00 p.m.
- 20 Relationship Group 7:00 p.m.
- 29 Journey To Self Awakening 10:00 a.m.

### November

- 2,16,30 Men's Group 5:30 p.m.
- 3 Providence Partners 7:00 p.m.  
Wellness Circle - watch for weekly email notifications  
Serenity Support Group - watch for weekly email notifications
- 7,14,21,28 Toning 5:30 p.m.
- 7 Time Returns Group
- 12 New Moon 10:00 a.m.
- 13 Spiritual Service 10:00 a.m.
- 15 Journaling 7:00 p.m.
- 17 Relationship Group 7:00 p.m.
- 20 Salon 10:00 a.m.

### December

- 1 Providence Partners 7:00 p.m.
- 2 Men's Group 5:30 p.m.  
Monday Morning Wellness Circle - watch for weekly email notifications  
Serenity Support Group - watch for weekly email notifications
- 5,12,19 Toning 5:30 p.m.
- 4 Time Returns Group 6:30 p.m.
- 9-10 Year End Retreat
- 11 Spiritual Service 10:00 a.m.
- 20 Salon 10:00 a.m.
- 21 Winter Solstice Celebration 7:00 p.m.

**December 22 – January 2**

**HIC WILL BE CLOSED FOR THE HOLY DAYS**

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