



Hope Interfaith Center

April - June 2014

~ A message from Reverend Janice Hope Gorman ~

Dear Friends,

It has been a long cold winter and perhaps you have been hibernating and have become a bit isolated. Or you just needed a break from the center for a while and you want to come back.

Well, I would like to welcome you back! Or if you have never been to the Hope Interfaith

Center and would like to come to check us out, I would like to welcome you and tell you a bit about it. Our center for spiritual living provides tools, events, services, classes and so much more to transform our lives and help make the world a better place.

The Hope Interfaith Center is a spiritual community that honors all paths to God and to Source and can help you experience the powerful Love Source that you are. When we have a personal relationship with the truth of who we are, then other areas of our lives fall into place - we are happier and indeed then living a life of joy, bliss and inner peace. We then seem to do more for others, be better stewards of the Earth, and help bring peace and harmony to the world.

If you are in search of a spiritual community where you are respected and accepted for who you are and you want the FEELING of spirit and want the inspiration and support to grow to your highest potential, please accept our invitation to visit us soon! Just think about it! How would you like to come to a spiritual place that welcomes people of all races, religions, sexual orientations and social backgrounds in dignity and love, a place where they believe in diversity and provide a multitude of opportunities for anyone, in any stage of life, to grow spiritually?

Imagine a place that communicates and celebrates the positive aspects of humankind, the world around us, and our relationship to the power within. What would

“Welcome Home”

it be like to be a part of a spiritual community that is metaphysical as well as practical and provides tangible steps toward immediate change? What if you could find a place that is alive and exciting on Sunday Celebration

Services- a place that leaves you feeling wonderful and optimistic about your life and the world?

Well, look no further! You've found your spiritual home and it's waiting for you at the Hope Interfaith Center.

I hope you will allow us to support you wherever you are on your path with all that is available through our dynamic and growing spiritual community. Remember: It's different here. We're not here to judge you or lead you or convince you. We're here to give you spiritual support and a loving community to celebrate and transform your life. Come and be amazed by the abundance of love present at a Spiritual Service on the second Sunday of the month. Come as you are and see how community greets and meets you. Or come to a wonderful full moon class or take part in our powerful and fun relationship group. Our men's group is supportive and loving as they relax in our library which has become their man-cave at least twice a month.

Come out of hibernation and into warm hearts. The sun is shining, the birds are singing and green grass is sprouting. Nature is coming out of hibernation and so are we. Look over the newsletter and mark your calendars for the events yet to come. To learn more about the Hope Interfaith Center please go to our new web site: www.Hopeinterfaithcenter.com or become our Facebook friend at www.facebook.com/hopeinterfaith. And if you are just around town and want to come in and just see our facility or meet me please feel free to stop in at any time. Sending you blessings from my heart to yours!

With Pure Heart,
Hope



~ Hope Interfaith Center ~

114 Pohl Road
Mankato, MN 56001
507-386-1242

email: friend01@hickorytech.net

Visit us at: www.hopeinterfaithcenter.com

www.facebook.com/hopeinterfaith

Janice Hope Gorman: Minister

Jody Scholtz: Office Manager

Fellowship Minister: Rev. Jo Gangestad

Volunteer Coordinator/Program Director:

Rev. Kim Stanton Cummings

HIC Board of Directors:

Germaine Nowacki, Judy Mosca, Jill Grace, Tim

Schmidt, Ruth Ann Rosenwinkle, Klea Brewton-

Fitzgerald, Marcia Nermoe, Julia Curran

For directions to the Center and other information,
see right or please visit us online at:

www.hopeinterfaithcenter.com

~ SPIRITUAL SERVICES ~

Second Sunday of every month • 10:00 a.m.

Hope Interfaith Center

facilitated by Hope

The Hope Interfaith Center holds a spiritual service the second Sunday of each month. We welcome all and recognize that we are ONE in the eyes of CREATION!

Sunday, April 13 - "Experience a Golden

Octahedron Spinning (East Star)"

Sunday, May 11 - "A Mother's Love"

Sunday, June 8 - "Father, Abu, Papa, BaBa"

Sunday "Salons"

Third Sunday of the month • 10:00 a.m.

Hope Interfaith Center

These gatherings will give us an opportunity to connect, discuss the previous week's worship topic, and share our spiritual journeys. We will have coffee made and water for tea!

Sunday, April 20

Sunday, May 18

Sunday, June 15

Directions to HIC

From the West:

Highway 14 East to Highway 22 South

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Avenue (curvy road) Turn left onto Pohl Rd.

The Center is the magenta building on hill at right

From the East:

Highway 14 West to Highway 22 South

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes

Glenwood Avenue (curvy road) Turn left onto Pohl R

The Center is the magenta building on the hill

From the North:

Highway 169 South to Highway 22 South (one block past the last stop light in St. Peter) Turn right on Hoffman Rd.

(past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Avenue (curvy road) Turn left onto Pohl Rd.

The Center is the magenta building on the right

From the South:

Highway 169 North to Riverfront exit

Turn right onto Riverfront Dr. (past West High School)

Turn right onto Stoltzman Rd. (follow this road and signs to MSU)

Turn left onto Stadium Rd. (drive up hill past MSU)

Turn left onto Pohl Rd. (twin homes on corner)

The Center is the last building on the corner

~Spiritual Counseling~

Spiritual Sessions are available. Please contact the center for more information. Remember that we are a non-profit spiritual center, therefore your donations are tax deductible.

*** IT'S IMPORTANT TO RSVP ***

Please RSVP for gatherings by calling or emailing your intention to attend. It's a really nice thing to do for yourself and it helps in our planning.

When you come to the center, we would ask that you remove your shoes if possible. There are mats and cubbies that will hold your shoes. This is not only to help keep the center clean but it is also a way of

honoring the sacredness of the space. Thank you!

~All Sacred Pathways Honored~



~ FULL Moon Groups ~

**A PERSONAL INVITATION TO GATHER AT
THE TIME WHEN THE MOON HAS THE
POWER TO MANIFEST!**

Change is upon us!

Take a look at our full moon groups!

Those in training in the mystery schools were taught to use two phases of the moon to help them bring the inner world and outer world together: the new moon for new beginnings, and the full moon to appraise our progress. Moon Groups are a wonderful time of ritual, prayer, and enjoying the knowledge and wisdom that comes when people gather together and share as a family of Light. Events are child-friendly and held at the Hope Interfaith Center unless otherwise noted.

Please RSVP by calling 507-386-1242 three days prior.

April Full Moon

Wednesday, April 23, 5:30 - 7:00 p.m.

Hope Interfaith Center

*AN EVENING WITH AUTHOR
CHRISTOPHER EMMANUEL
and his new book*

Enjoy an evening with Christopher Emmanuel as he presents the paintings, poetry and inspirational teachings in his new book "Living Divine Harmony-Oneness as a Way of Life."

Join us as we share in the insights that have led Chris to reveal the great Divine Presence that we all are. Get

up close with the author and get a signed copy of his book. "These teachings can bring harmony into your life, allowing you to live the soul's journey and experience this presence now," says Emmanuel. "Living Divine Harmony" brings readers a collection of art, poetry and philosophy that can help them experience their true self, connect with and embrace their divinity, which "will bring peace and harmony into their daily life." Viewing the paintings, teachings and poetry in this book will also allow readers to be present and live "spirit in form" and engage love as a healing. Included in this book, Emmanuel shares 31 daily teachings that will help readers connect to their divine nature to find peace, joy and harmony. "This book is a way to embody and live close to your divine nature and live in harmony with the earth inhabitants," says Emmanuel.

About the author: E. Christopher Emmanuel is a successful artist, poet, writer and speaker. He is the author of four books in the self-development and inspirational genre. He has appeared on TV in Washington D.C., Minnesota, Belize and Toronto for his art and poetry. Today, Emmanuel shares his experiences in workshops and lectures to inspire and awaken individuals to their inner divinity. More information can be found at www.cemmanuel.com.

May Full Moon

Tuesday, May 6th from 12:00 - 2:00 p.m.

New Group!

*Mankato Area Spiritual Stay At Home Parents
(MASS)*

As a stay at home parent (sahp), Jessica Hebert of Intu Tarot and Wellness knows how important it is to balance and incorporate one's family and spiritual life. She invites Mankato area spiritual sahp's to meet once a month to connect and play. MASS will have fun opportunities to learn about meditation, yoga, holistic health, and other fun spiritual topics. MASS may also serve as a support group. It is Jessica's intent for this group to be child friendly. If you have been looking for a place to bring your kids (of any age) to play and meet like-minded parents, this is the place for you. Come one, come all!

~All Sacred Pathways Honored~



June Full Moon

Sunday, June 22

Summer Solstice Celebration

Pot Luck and Bounce House

1:00 - 4:00 p.m.

Hope Interfaith Center

Let's celebrate on Sunday, June 22 with a Family and Friend Picnic Pot Luck Party at our beautiful gazebo and lawn!

We will set up tables outside (or inside) and we will play lawn games, like: Croquet, Badminton, Bag Toss (which is my personal favorite).

We would love to have the kids come because of renting a bounce house for them and we will be doing face painting.

Such celebrations as this can build community and focus on the pleasure of the warm season of more LIGHT! The Solstice can remind us just how precious each day of this season is. This celebration of the season ushers in the warmest temperatures, and reminds us that the season is short. After our long, cold winter let's come together and have fun! Please invite your families and your grandkids. If you have friends that would like to come to this event please invite them. Come for some of it or all of it! But please RSVP for this event, because we want to know how many kids will be coming. And we need to know how many tables to set up.

Please RSVP by: June 17th.....

Love and Light, Love and Light!

~Gatherings and Opportunities~

Relationship Group

Third Thursday of the month- 6:30 to 8:30 p.m.

(refer to the calendar for dates)

Hope Interfaith Center

facilitated by the GROUP

Making partnerships work is a divinely inspired art form. That is why the Hope Interfaith Center has been helping couples come together and have fun.

Whether you've been married or dating or living together for five days, five months or five decades you are welcome to come join us. Whether you are a same sex couple or a heterosexual couple you are welcome to our group. This group is always about LOVE, LOVE, LOVE. Falling in love is a magical experience and so in order to keep the magic going I invite you to come and join us. When we meet in group we always play our theme song, "You Must Give Yourself to Love" by Kate Wolf. This is the perfect song for our group because it has words that make us understand how wonderful it is to be in a circle of friends who are all wanting to keep the magic going.

Many couples speculate about our relationship group and they immediately believe that it is a group that talks about our problems. So let my heart now speak to your heart as you are reading this. All of HIC's groups including our relationship group are filled with love and light. We come together with group effort to decide what we will be focusing on. Mainly our focus is about laughing and learning how to maintain the magic of love in our relationships.

In the words of Thich Nhat Hanh, who is a Zen master, peacemaker and author of 35 books: Happiness is only possible with true love. True love has the power to heal and transform any situation around us

~All Sacred Pathways Honored~

and bring a deep meaning to our lives. There are people who understand the nature of true love and how to generate and nurture it and grow it. And there are people who are misinformed and they do not understand the nature of true love and the power that is within it."

So if you want to keep the magic of love going in your relationship as well as help keep the magic of love moving around the world, come join us for our wonderful relationship group. If you have any questions please call the center at 507-386-1242

Noon Hour of Peace- Transmission Meditation

Thursdays 12:00 to 12:55 p.m.

*(A Meditation for World Peace every Thursday
in our Great Room at HIC)*

With Transmission Meditation there are no special techniques that define this meditation, only that it is the practice of getting still and connecting to the source of Love within. We allow this Love to flow through us and into the world.

There are many different types of meditation that have different intentions. Where the intention is set, that is where the energy goes. So at HIC our Thursday noon hour meditation has one primary intention, and that is to be used as a vessel to bring love and light to the world. We sit in silence allowing our bodies to be used by the Spiritual Hierarchy to emanate energy through us as a group for world peace. We all leave in silence to carry on with our day. Whenever anyone allows themselves to be used for world peace, the personal benefits come into play such as - inner peace, joy, healthy mind, spirit and body, and a beloved sense of doing our part in creating a new world. Please join us at any time. You do not need to come every week to be a part of this wonderful opportunity.

We Have an Electromagnetic Vortex here at HIC!

Blog Talk "The Pure Hope Show" nearing **20,000** hits

I hope you continue to read this article, because it will be describing the differences about vortexes. I am excited to write the number 20,000 hits because these are vital stats for HIC and our mission. The ever-increasing success of our podcasts confirm that audio is now a hugely important media format for us. We are attracting a very significant audience every month from around the world. So, I am asking you to join us to build up the vortex even more. I invite you to put it on your facebook pages to build up the electromagnetic energy in numbers. The mission of starting the Blog Talk Radio Show was to find more people and to help them see the light and to feel the love. We are creating a sacred geometry that spins out into the Universe awakening our many strands of Spiritual DNA. This is our duty as an awakened community.

If you are now ready to join this platform of choice to participate in or just listen to a good spiritual conversation, visit www.blogtalkradio.com and complete Section One to create a free account and sign up for the programs. When you sign up as a listener/follower you will receive an email with show announcements and broadcast dates and times. Most of the shows are live with our special guest and you can either e-mail me a question to ask on air or you can listen live and call in. If you are unable to listen to them live, all shows are archived for your convenience. You can get to them as well by googling "Blog Talk Radio The Pure Hope Show."

I know that we all have very busy lives. But I believe something happens when we come together to listen and participate with these programs. You see it starts out with intentions!

Our intention happens with prayer that the Spiritual Hierarchy uses this program to bring light and love to our planet. You might not even be interested in the program but something else is happening. We are building an electromagnetic vortex.

~All Sacred Pathways Honored~

What is a vortex? An earth energy vortex can be electrical, magnetic, or electromagnetic. And even those terms can be a bit misleading. An electrical vortex energizes and a magnetic vortex attracts energy much as a magnet attracts iron filings. And an electromagnetic vortex is a combination of the qualities of both types to provide an energy that attracts, activates and energizes. Mature cultures in the Americas call vortexes the Spirit Path. The Chinese understood them to be a place where balance is created between the yin and the yang. And the Aborigines of Australia called places with vortexes a place where one can find their song lines. So by tuning in to our Blog Talk Show called "Pure Hope" you are helping us build an emerging global consciousness vortex that is regenerating and creating our NEW WORLD.

Vortexes are not just in Egypt or Sedona, Arizona they are right here at HIC! We have created a buildup of energy that has spiritual powers that exercise a special hold on visitors and all those we touch. And we have a connection with all the other vortexes to all the other sacred sites. Wow - We are so lucky to have this right here in Mankato, Minnesota. Our Center, sitting on a vortex, giving light around the world. And last but not least a vortex is a gateway from our material level of existence into Spirit realm, the realm beyond time and space.

Currently, I continue to have very interesting and evolved guest speakers on our show. And I continue to connect with and contact people like Shirley McLaine and Jean Huston and others to take a look at our program and ask them to be on ours. So the energy is growing and we are dedicated to building this program up and up and up. So please invite others to listen. The synergistic power of Love and Light is an amazing energy to be a part of.

I would like to thank Jody Scholtz for helping me every time we put on a show or she is in contact with some of our guests to schedule them, as well as our program director Tom Westlund who has helped us from the very beginning. If you are having any trouble and have questions, please call Tom Westlund at 507-351-3334 for answers.

Blessings to you all!

Pure Hope

~All Sacred Pathways Honored~

Men's Group

"Hear the call. Take the risk. Get the rewards."

1st and 3rd Thursdays 5:30-6:30 p.m./month

Hope Interfaith Center

facilitated by Bob Dickhudt and Paul Gorman

The New Macho Paradigm

He cleans up after himself.

He cleans up the planet.

He is a role model for young men.

He is rigorously honest and fiercely optimistic.

He holds himself accountable.

He knows what he feels.

He knows how to cry and he lets it go.

He looks for ways to serve others.

He knows future generations are watching his actions.

He is kind to women, other men and children.

He is working to create a new world of Peace!

This of course is a small list of the New Macho Paradigm. A new type of man comes to a men's group. A man who is dedicated to his path of remembering who he is and is dedicated to making the world a better place to be. This men's group is a place where men are building and supporting the emotionally mature, accountable, and compassionate male role models that our world so desperately needs.

This men's group is open to everyone. You do not need to be a member of HIC. Take a leap of fun and faith and come to HIC's men's group. If you have any questions, contact Dr. Paul Gorman at [507-420-0138](tel:507-420-0138) or Bob Dickhudt at [507-779-6971](tel:507-779-6971)

Providence Partners

First Thursday of every month at 7:00 p.m.

(refer to the calendar for dates)

This financial investment group meets monthly to study smart and conscious investments, and investing as a group. There are still a few spaces open for new investors. Call Joe Gilbert at 507-317-3966 for more information.

Home Visits Available!

Rev. Jo Gangestad, an ordained Hope Interfaith Minister since 2005, has accepted the call to be HIC's Fellowship Minister. Jo exudes a special kindness in her heart and looks forward to visiting our HIC friends when they are hospitalized. She will also make home visits or phone calls. Please contact the Hope Interfaith Center if Jo's services are needed.

Serenity Group

Hope Interfaith Center

2nd and 4th Wednesday at 12:30 p.m. in the Great Room

All are welcome to join us on the road to wholeness. The past is the past, we can learn from it. The present is a gift, to live in the moment of now. The future awaits us and brings love and light in all situations. For further information, get the schedule and/or register, please call Jody at 507-386-1242.

A Course in Miracles Study Group

Beginning on Wednesday April 9th

Every Wednesday at 10:30 a.m.-12:00 p.m.

facilitated by Judy Mosca, Certified Spiritual Director

A Course in Miracles Study Group has begun at the Hope Interfaith Center! All are welcome.

Wednesday Oneness Blessing Circle

Wednesdays at 5:30 p.m.

Hope Interfaith Center

facilitated by ONENESS Blessers

Please join us, and invite others, on Wednesday evenings for ONENESS Blessings! The ONENESS blessings are based in the practice of Deeksha. In its simplest definition, as described by our Beloved Teachers, Deeksha is the practice of "getting one's self out of the way" so that Divine Light and Love can be channeled through us and given as a Blessing to others. Our HIC ONENESS Blessing Givers are excited to bring weekly opportunities to give and receive ONENESS Blessings. We truly welcome you to join us!

Journeys

Reflecting... Creating... Writing

Hope Interfaith Center

2nd Tuesday of the month

facilitated by Julia and Judy

Come join us every second Tuesday of the month at 6:30 p.m. to reflect, create, and write about the journeys of our lives. Everyone welcome!

Yoga Breath and Movement

Mondays

9:00-10:00 a.m.

10:30 -12:00 p.m.

facilitated by Rev. Nora

Stretch yourself in more ways than one! Monday mornings, HIC offers two yoga classes - an hour long class from 9 to 10 that includes Hatha yoga, Tijah movement and breath awareness, and a 90-minute class from 10:30 - 12 that will use Hatha yoga and Tijah to warm us up and then lead into various Kundalini kriyas. If you have any questions please call Nora at 507-381-5272. There is a cost of \$5.00 for the 9:00 a.m. class and \$7.00 for the 10:30 a.m. class.

~All Sacred Pathways Honored~

• ***FRANCE: The way of Mary
Magdalene, The Cathars and
Others***

October 15-27, 2014 13 Days

We invite you to join us to travel with us to France. Our comprehensive itinerary features an amazing experience at Lourdes where reports that Our Lady of Lourdes had appeared to Bernadette Soubirous. We will be walking into a grotto where the Virgin Mary appeared and perhaps have the opportunity to witness a candlelight vigil of thousands of people honoring the Mother. We then travel to Monse'gur, a ruined castle where in 1244 Cathars took a stand against the Catholic Crusaders. Next we go to stop at the village of St. Guilhem-le-De'sert, nestled in the mountains.

According to legend, Mary Magdalene, Mary Salome and Mary Jacobe landed in a small boat from Alexandria, Egypt in Saintes-Maries-de la Mer and we will be traveling the way of Mary Magdalene. Join me as I enjoy a tour of the priceless art of the legendary Louvre Museum, home to an unrivaled collection of masterpieces. Come with me on this trip and we can have lunch and browse the marche' in search of the perfect fromage and jambon baguette. Let's do wine and relax and remember. What an opportunity! Let's chant the names of Mary and Magdalene and remember our connections to them.

There is still time to sign up for this exciting trip. If you would like a brochure, please call the center and Jody will send you one.

If you want to learn more, please call the Group Travel Directors in Minneapolis at 952-881-7811 or 800-747-2255. They will be more than happy to help you answer any questions about this beautiful trip. We are in good hands!

Spiritual Celebration Services

Hope Interfaith Center

Second Sunday of every month at 10:00 a.m.

(We have a lot to celebrate)

Our Spiritual Services are filled with energy, energy, energy. The Star beings and Spiritual Masters are working on us as a group every time we gather. If you attend, the Masters will assist you in removing the perception of obstacles in your life, so that you may discover the truth of your holy power within. Spiritual Service at the Hope Interfaith Center gives you an opportunity to feel loved and to love, opening up the heart chakras of all who come. A transmission of energy is always offered in the service to help offer you life-changing experiences of your true essential nature.

We are so happy to create a community that comes together to create a synergistic energy that offers you and our world a remarkable energy of light. Each service will have a channeled piece being brought forth from the Spiritual Hierarchy of ONENESS. This is what is reported by many people who have come; A heightened sense of gratitude, and a greater sense of connection to Spirit. They talk about a profound feeling of peace and happiness on a regular, daily basis. Many other people report a dramatic increase of a sense of deeply knowing what is true about oneself and the new world to come. With working together we are all removing the ego which often results in experiences of expanded bliss and the law of attraction is now reflecting back to them their high vibration in their frequency. A blossoming of their own intuition and own innate gifts are being revealed. This is going to be the year of great rewards for liberation from the old and walking into the new.

We are surrendering to the living LIGHT that is within us and it is taking us into the new species of our 5th Crystalline Human experience. Why is it important to join in community at a Spiritual Celebration Sunday? Because we consciously and intentionally participate in the integration of our universal expression, which

~All Sacred Pathways Honored~

April-June 2014/Hope Interfaith Center

means we release any attachments to older and lower vibrations that defy or resist integration. Collaboration in our service is defined as the process of unifying energy fields to their highest magnetic resonance, to break through to the higher electrical currents of existence. This is electronic freedom and relates to the like attracts like principal. The outcome is peace, health, vitality, abundance, joy, love and so much more. Invite others to this experience of collaboration to create a new humanity. How can we create a new humanity, a new world?

The Golden Octahedron! The coherence of your universal spiritual body is maintained by the rotational spin of the golden octahedron transmitting the frequencies through which your universal expressions are sustained. In other words, we become what we participate in. It is time to view our bodies as an electromagnetic machine learning to function with the integrity of galactic life-force. This is a brand new experience of our physical human existence and we at the center want to help you during this time. The individuals on this planet are being asked to collectively make this choice. As conscious receivers of fifth dimensional realities, you are here now to light the way and chart a realistic course to the development of a new civilization of peace.

Our Spiritual Celebration Sunday Services are always the second Sunday of the month at 10:00 a.m.: Sunday, April 13, Sunday, May 11, Sunday, June 8.

9th Annual HIC FUNraising Yard Sale!

Friday, June 20 • 8:00 a.m. to 6:00 p.m.

Saturday, June 21 • 8:00 a.m. to 2:00 p.m.

Grounds of the Hope Interfaith Center

Your donations of gently used saleable items will make this yard sale a HUGE success! To donate, please bring your items to the entrance of the HIC Great Room on Tuesday, June 17.

We will also accept donations on Thursday, June 19, and you can leave your items under the tents on the grounds of the HIC during that day.

Please call Kim Stanton Cummings at 507-345-6563 or email her at ofthemoments@gmail.com to donate or to volunteer at the yard sale!

Garden Planning Time Again!

Hope Interfaith Center

(Let's sit around the table and have bagels and fruit and juice and coffee)

Saturday Morning, April 5th, 2014

9:30 - 11:30a.m.

"There is life in the ground; it goes into the seed; and also, when it is stirred up, it goes into the person who stirs it up!" –Charles Dudley Warner

Community gardens are thriving all over the United States. They can provide an inexpensive source of fresh vegetables, and having groups of people gardening in the same area provides a feeling of solidarity. During the Great Depression these plots were known as relief gardens. After World War II they were called victory gardens. Today community gardens are popular because of bringing people together to learn how to care for Mother Earth and respect her. It can be a great way to teach our children the importance of taking care of the world as well as teach them where their food comes from. Community gardens also help people come back to the simple pleasures of life.

Last year we had a wonderful, lush, plentiful bounty to share with many people from HIC's community. It was a fun project with all of us pitching in together. Simple living is back in style. This is an easy going group that has lots of fun and no rules. So if you love to garden or you have never gardened in your life this is the easy-going group for you. Let's come together to plan the garden again! Because IT IS TIME!!!!

P.S. I know that you are all busy and may not want to come to our garden party event. But remember Mother Earth loves us when we play in the dirt!

"What is at the center of your life? Carefully examine where you spend your attention, your time. Look at your appointment book, your daily schedule....This is what receives your care and attention-and by definition, your love." —Wayne Muller

Come Love Mother Earth With ME! Please contact me letting me know if you are interested in HIC's Community Garden by emailing me at Riverkicker@gmail.com

Love, Cara Gorman

~All Sacred Pathways Honored~

Calendar of Events

April

1, 15, 29 Reiki Share 7:00 p.m.
2, 9, 16, 30 Wednesday Oneness Blessing Circle 5:30 p.m.
3, 10, 17, 24 Transmission Meditation 12:05-12:55 p.m.
3, 17 Men's Group 5:30 p.m.
3 Providence Partners 7:00 p.m.
5 Garden Planning Time 9:30-11:30 a.m.
7, 14, 21, 28 Yoga, Breath and Movement 9:00 & 10:30 a.m.
8 Journeys, Journal Writing 6:30 p.m.
9, 16, 30 A Course in Miracles Group 10:30 a.m. -12:00
9, 23 Serenity Group 12:30 p.m.
13 Spiritual Service, 10:00 a.m.
17 Relationship Group 6:30 p.m.
20 Salon 10:00 a.m.
23 Full Moon "Christopher Emmanuel" 5:30-7:00 p.m.

May

1, 8, 15, 22, 29 Transmission Meditation, 12:05-12:55 p.m.
1, 15 Men's Group 5:30 p.m.
1 Providence Partners 7:00 p.m.
5, 12, 19 Yoga, Breath and Movement 9:00 & 10:30 p.m.
6 Full Moon Mankato Area Spiritual Stay at Home
Parents (MASS) 12:00 - 2:00 p.m.
7, 14, 21, 28 A Course in Miracles Group 10:30 a.m.-12:00
7, 14, 21, 28 Wednesday Oneness Blessing Circle 5:30 p.m.
11 Spiritual Service 10:00 a.m.
13, 27 Reiki Share 7:00 p.m.
13 Journeys, Journal Writing 6:30 p.m.
14, 28 Serenity Group 12:30 p.m.
15 Relationship Group 6:30 p.m.
18 Salon 10:00 a.m.

June

2, 9, 16, 23 Yoga, Breath and Movement 9:00 & 10:30 a.m.
3 Mankato Area Spiritual Stay at Home Parents (MASS)
12:00 -2:00 p.m.
4, 11, 18, 25 A Course in Miracles Group 10:30 a.m.-12:00
4, 11, 18, 25 Wednesday Oneness Blessing Circle 5:30 p.m.
5, 12, 19, 26 Transmission Meditation 12:05-12:55
5, 19 Men's Group 5:30 p.m.
5 Providence Partners 7:00 p.m.
8 Spiritual Service 10:00 a.m.
3, 17 Reiki Share 7:00 p.m.
10 Journeys, Journal Writing 6:30 p.m.
11, 25 Serenity Group 12:30 p.m.
15 Salon 10:00 a.m.
19 Relationship Group 6:30 p.m.
20, 21 HIC Yard Sale Fri. 8:00 a.m.-6:00 p.m.
Saturday 8:00 a.m. - 2:00 p.m.
22 Summer Solstice Celebration 1:00 -4:00 p.m.

Thank you!

It has been our pleasure to serve the HIC Community during this past quarter of 2014! We want to take this opportunity to Thank You All for the continued support we receive on a daily basis here at the center. HIC is seeing growth in all areas, we greatly appreciate your loyalty to our center.

Our good friend Bob Dickhudt has blessed us Sunday after Sunday with his beautiful music that truly comes from his heart. Thank you Mr. Bob for all you share with us!

We would like to express our gratitude to our Blog Talk Radio Producer Tom Westlund who is always lending a helping hand when we are in great need for his assistance. Thank you, Tom, we really are ever grateful for your help in making Pure Hope a great success!

As always, we appreciate all those who help around HIC without being asked!! Simple gifts such as putting the chairs away, helping in the kitchen after Sunday Service, emptying garbage, etc.—all of those actions are witnessed and appreciated.

Reiki Share

Tuesdays 7 - 8:30 p.m.

(2x/month - refer to calendar for dates)

Jessica of Intu Tarot and Wellness invites energy healers and enthusiasts to her Reiki Share. At this event, healers will have the opportunity to exchange healings and knowledge. Feel free to bring a blanket or massage table, and the expectation to leave rejuvenated. A love donation would be much appreciated. All experience levels are welcome!

***"A new type of
thinking is essential if
mankind is to survive
and move towards
higher levels" ~Albert
Einstein***

~All Sacred Pathways Honored~

Spring Equinox Event

Red Tent Temple Retreat for Women

Saturday, March 22, 9:30 a.m. to 4:30 p.m.

Suggested Love Donation \$55.00 per person

RSVP by March 17th to 507-386-1242

It is time to create at the very fiber of our cultures a place to come together as women to support each other. The Red Tent Movement raises up a red tent in our local villages, cities and towns for us to honor our blood cycles and womanhood journeys and our stories. This movement started after many women read the book called "The Red Tent" by Anita Diamant. "An intense, vivid novel. It is tempting to say that The Red Tent is what the Bible would be like if it had been written by women, but only Diamant could have given it such sweep and grace." –The Boston Globe

The Hope Interfaith Center is creating a wonderful day for all women of different cultures, ages, colors. All are invited to our "Red Tent Day Retreat," where we will be watching a 72 minute documentary film called "Things We Don't Talk About: Woman's Stories from the Red Tent." This documentary film is a groundbreaking, award winning movie. It is intended for a mature audience.

This film chronicles the voices of The Red Tent Movement, one that is sweeping the world built around cooperation rather than competition. Where all women are respected, valued, and heard. A world we want to leave for our children, their children and stretching far into the future. This retreat will help women have the opportunity to remember, to listen, to know, and to discover, what needs to be brought to our communities to help reawaken their voices. I believe it is one of the most important events we will ever have at HIC to bring women together. We will have discussion time after the documentary has been seen.

Also, during this most important and exciting day we will be having excerpts shared from "The Awakening of Universal Motherhood." This was an address given by Amma at the Global Peace Initiative of Women Religious and Spiritual Leaders, Palais des Nations, Geneva, Switzerland, in October of 2013. Amma was presented with the Gandhi-King Award for Non-Violence by the previous year's recipient, Dr. Jane Goodall.

Amma unequivocally has called on the women of the world to awaken to their true potential, calling on the men of the world to refrain from impeding women, calling on the religions of the world to drop outmoded customs and teachings that oppress women, and calling on women and men alike to be partners in the causes of gender equality and world peace.

This is an opportunity for women within our Mankato and surrounding areas from all professions to come together to awaken and celebrate with other women. Come to our Red Tent Retreat and bring your daughters (who are over the age of 18). Bring your mothers, friends, sisters for this wonderful event at HIC. Our great room at HIC will be in the color of Red. We will create a beautiful Red Tent to gather for this event. We will have limited space so we are selling tickets early for this event.

9:30: Registration, name tags, coffee, tea and muffins

10:00: Welcome- Introductions and nuts and bolts of the day

10:30: Watching Documentary "Things We Don't Talk About" 72 minutes

Noon- Brown Bag Lunch will be served with water

1:00- Discussion about Documentary

2:00- Skype event with a Spiritual Teacher named Selina Matreya

3:00- The need for other Red Tent Groups/ The need for woman to come together

4:00- Drum closing (Please bring your drums and rattles and other sacred instruments)

4:30- Good-byes

All sacred pathways honored

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