



Hope Interfaith Center

July - September 2013

~ A message from Reverend Janice Hope Gorman ~

“Ask Great Spirit”

Dear Friends,

These are words written by Amora Quan Yin. And these are words I read sometime long ago as I started my journey of exploration and teaching.

I wander through this Earthly walk
just looking for my home.
Sometimes I've thought I'm destined
to be lonely and alone.

Which way is the right way? Which way do I go?
How am I to understand? How am I to know?
And I ask, “Great Spirit, show me the way.”
And I ask, “Great Spirit, teach me today.”
And I ask, “Great Spirit, guide all I say,
that I may share with others the Light along the way.”

Leaders like you and I have been given the spiritual job of externalizing the Spirit of Love on this planet. As always I have tried to tell as many people as I can that the transformation of this planet is up to normal, beautiful Light beings just like us. We are the ones materializing the DIVINE PLAN ON EARTH. Therefore, we are being called to be in a constant state of remembering our perfection.

The divine plan cannot work without each person fulfilling his/her puzzle piece and gift. Each of you has a vibrational soul signature that is uniquely yours and by these four soul aspects you can begin to know your puzzle piece. These are four soul questions to ask yourself.

- **PLAY** – What is your preferred way to explore and experience that world, your most playful way to create/work/do life?
- **PASSION** – What concepts, thoughts, ideas stir excitement, joy, interest, desire in you? What passion do

you want to devote your life to?

- **GIFTS** – What are your gifts, talents and abilities that keep you in a place of joy?
- **GOODNESS** – What do others feel and experience from being with you as you offer your gifts while you play in your passion and in joy?

Our core essence is encoded and held in our soul as the individual expression of SOURCE LOVE sent through our own unique form, called our SOUL SIGNATURE. When we place this SOUL SIGNATURE out into the world we are doing our puzzle piece on this planet.

You can make a difference in this world at any moment just by smiling at another person. You can actively take part in the planetary ascension process this very day by transmitting your inner light to all the people you meet.

But most importantly: you can significantly improve your own quality of life by acknowledging in yourself the unique and exceptional being you really are. This is the most beautiful gift you can offer to humanity: to honor and integrate your divine Light in all the dimensions of your being, and to let this radiate to the entire planet.

Please take this personal invitation to join us at the Hope Interfaith Center to celebrate and share your divine essence in our community of Love and Light. Enjoy the rest of the newsletter and mark your calendars for some exciting opportunities of personal growth.

And be sure to join us for Spiritual Service on the second Sunday of every month at 10:00 a.m.

With Pure Heart,
Hope



~ Hope Interfaith Center ~

114 Pohl Road
Mankato, MN 56001
507-386-1242

email: friend01@hickorytech.net
Visit us at: www.hopeinterfaithcenter.com

Janice Hope Gorman, Minister
Jody Scholtz, Office Manager
Marcie Douglass, Bookkeeper
Center Steward: Rev. MaryAnn Morningstar
Health Minister: Rev. Carol Ann Parsley
Fellowship Minister: Rev. Jo Gangestad
Program Director / Fundraiser Coordinator:
Rev. Kim Stanton Cummings

HIC Board of Directors:

Carol Ann Parsley Judy Mosca Dean Pettis Tim Schmidt
Ruth Ann Rosenwinkle Klea Brewton-Fitzgerald
Marcia Nermoe Julia Curran

**For directions to the Center and other information,
see right or please visit us online at:
www.hopeinterfaithcenter.com**

~ SPIRITUAL SERVICES ~

Second Sunday of every month • 10:00 a.m.
Hope Interfaith Center
facilitated by Hope

The Hope Interfaith Center holds a spiritual service the second Sunday of each month. We welcome all and recognize that we are ONE in the eyes of CREATION!

Sunday, July 14 - "Summer Bliss"
Sunday, August 11 - "Music, Music, Music"
Sunday, September 8 - "Special Guest Speaker"

Sunday "Salons"

Third Sunday of the month • 10:00 a.m.
Hope Interfaith Center

Continuing surveys indicate that community is needed for all of us! Salon is an opportunity to connect, discuss the previous week's worship topic, and share our spiritual journeys. We will have Fair Trade Coffee made when you get there and hot water ready for the tea lovers. Come join us as we connect on a casual Sunday discussion of Love and Light!

July 21 • August 18 • September 15

ONENESS Blessing Opportunity

Fourth Sunday of the month • 10:00 a.m.
Hope Interfaith Center
(See page 6 for more information.)

July 28 • August 25 • September 22

Directions to The Hope Interfaith Center
114 Pohl Road, Mankato

From the West:

Highway 14 East to Highway 22 South
Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)
Hoffman Road becomes Glenwood Avenue (curvy road)
Turn left onto Pohl Rd.
The Center is the deep magenta building on the right corner

From the East:

Highway 14 West to Highway 22 South
Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)
Hoffman Road becomes Glenwood Avenue (curvy road)
Turn left onto Pohl Rd.
The Center is the deep magenta building on the right corner

From the North:

Highway 169 South to Highway 22 South (one block past the last stop light in St. Peter)
Turn right on Hoffman Rd. (past East High School, cross Victory Dr.)
Hoffman Road becomes Glenwood Avenue (curvy road)
Turn left onto Pohl Rd.
The Center is the deep magenta building on the right corner

From the South:

Highway 169 North to Riverfront exit
Turn right onto Riverfront Dr. (past West High School)
Turn right onto Stoltzman Rd. (follow this road and signs to MSU)
Turn left onto Stadium Rd. (drive up hill past MSU)
Turn left onto Pohl Rd. (twin homes on corner)
The Center is deep magenta, the last building on the corner

Suggested Donation Prices for Spiritual Counseling

The suggested donation for spiritual counseling is \$55.00 in person and \$60.00 for phone readings (\$5.00 for postage). Remember that we are a non-profit spiritual center, therefore your donations are tax deductible.

****** IT'S IMPORTANT TO RSVP ******

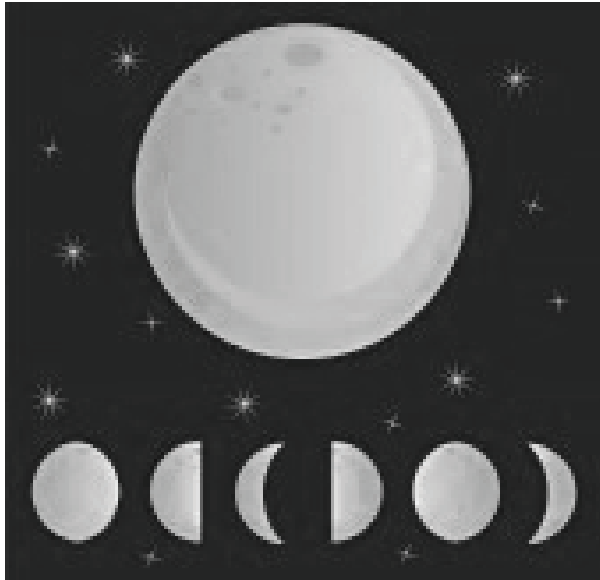
Please RSVP for gatherings by calling or emailing your intention to attend. It's a really nice thing to do for yourself and it helps in our planning. Thank you!

When you come to the Center, we would ask that you remove your shoes if possible. There are mats and cubbies that will hold your shoes. This is not only to help keep the Center clean but it is also a way of honoring the sacredness of the space. Thank you.

~ All Sacred Pathways Honored ~

~ NEW Moon Groups ~
A PERSONAL INVITATION TO GATHER
AT THE TIME WHEN THE MOON
HAS THE POWER TO MANIFEST!

Change is upon us!
Take a look at our new moon groups!



The new moon is the birthing cycle of the moon's various phases. The new moon phase is an OPTIMAL time for planning and seeding your intentions that you want to grow. The power of new frequencies is upon us, and so the change to monthly New Moon gatherings is very important. Seedlings need a period of gestation before they break through the soil and reach for the sunlight; this is the reason why we meet in the evenings. The dark side of the moon, with its mysterious unseen forces offers a nurturing environment where our intentions can establish roots before their miraculous manifestations begin to sprout and reach out to the stars. Please join us during the new moon as we create a NEW WORLD.

Please RSVP at least one week before the gatherings

July New Moon
Thursday, July 11 • 6:30 p.m.
Hope Interfaith Center

Core Shamanism Training Course
facilitated by Marty Aldinger and Debra Raiche

Core Shamanism is taking the common elements of traditional indigenous cultures and combining them into the basic disciplines for shamanic meditation. You will learn the core principles to connect with your helping animal spirits or power animals using these techniques. Once taught the basics shamanic meditation methods, you can use this method to help with any issue or question where clarity is desired.

Instructors Marty Aldinger and Debra Raiche studied shamanism with author and founder of the Foundation for Shamanic Studies, Michael Harner and author of Soul Retrieval, Sandra Ingerman.

The course will be two and a half to three hours in duration. Please wear comfortable clothing and bring a blanket or something to keep comfortable during meditation. If you have a drum or rattle, please feel free to bring that as well. Please rsvp and we look forward to seeing you!

August New Moon
Tuesday, August 6 • 7:00 p.m.
Hope Interfaith Center
An Introduction to Anointing with Oils
- One Woman's Spiritual Call
facilitated by Jennifer Galvin-Anderson

To anoint means to rub or smear with oil. The Bible shows us that anointing with oil is used as a sign of joy and is to be used for joy when mourning has ended. Oil was also used to signify readiness, physical healing, adoration, to honor a guest, when preparing to meet the king, for cleansing, for burial, medicine for wounds, and disease, to name a few.

Jennifer's call to anoint the sick started over 15 years ago as a result of her own near-death experience and being anointed with oil during the Blessing of Last Rites. In the years that followed, Jennifer felt called to lay her hands on the sick and anoint with oil. This call has led her to develop her own practice, Living Well Energy Healing, including healing with oils.

Jennifer has a Master's degree in Holistic Health with further training in anointing, including Young Living Raindrop Technique and Spiritual Raindrop with Biblical Oils.

In this discussion, Jennifer will share further information on her journey, knowledge and passion for Anointing with Biblical Oils and how these oils can enhance your own Spiritual Path. For more information, visit www.LivingWellEnergyHealing.com

Autumnal Equinox Celebration
Sunday, September 22 • 10:00 a.m.
Hope Interfaith Center

Come join us for the Equinox with Drunvalo Melchizedek Teachings. The earliest humans spent more time outside than we do. They used the sky as both clock and calendar. They could easily see that the sun's path across the sky, the length of daylight and the location of the sunrise and sunset all shift in a regular way throughout the year. These high holy days are so powerful.

If you would like to come to the ONENESS Sunday Opportunity for a silent event of ONENESS and receive a ONENESS Blessing and then enter into a powerful teaching of Drunvalo Melchizedek, please join us. If you only want to come to the teaching please come at 11:20 after the Oneness Blessings.

The time commitment of the Oneness Blessings are from 10:00 a.m. until 11:00 a.m. and then the teaching will take 51:32 minutes after that. We will leave in silence to allow the energy to penetrate our consciousness. As always we would love to have you join us on this very high energetic holy day.

~ Gatherings and Opportunities ~

HIC — A Place of Healing Renewal

“Organize Your Life!”

Are you feeling overwhelmed, confused, stressed out? Feeling not sure what to do or where to turn? Has it ever dawned on you that possibly what you are eating is what's eating you?

Reverend Carol Ann Parsley can help you find those answers and teach you how to create a life of abundance! Let her help you clear your clutter. Together you can make a brighter future for your life and your loved ones. Call her for a private Health History Consultation; your first consultation is FREE!

Rev. Carol Ann Parsley is now a Certified Holistic Health Coach, and she is so excited about her new career in helping people that she is continuing with her education to be the best she can be to help you! Watch for upcoming classes.

Rev. Carol Ann Parsley, Health Minister “Facilitator of Life” 507-420-3437. Office Hours: Tuesday-Friday, 9:00 a.m. to 3:00 p.m. at the Hope Interfaith Center.

Serenity Group

Hope Interfaith Center
(dates sent via email)

facilitated by Judy Mosca, Certified Spiritual Director

All are welcome to join us on the road to wholeness. The past is the past, we can learn from it. The present is a gift, to live in the moment of now. The future awaits us and brings love and light in all situations. For further information, get the schedule and/or register, please call Judy at 507-387-4629, Heart of Peace Spiritual Companionship.

Providence Partners

(refer to the calendar for dates)

Hope Interfaith Center

This financial investment group meets monthly to study smart and conscious investments, and investing as a group. There are still a few spaces open for new investors. Call Joe Gilbert at 507-317-3966 for more information.

Home Visits Available!

Rev. Jo Gangestad, an ordained Hope Interfaith Minister since 2005, has accepted the call to be HIC's fellowship Minister. Jo exudes a special kindness in her heart and looks forward to visiting our HIC friends when they are hospitalized. She will also make home visits or phone calls. Please contact the Hope Interfaith Center if Jo's services are needed.

Free Relationship Group

Third Thursday of the month • 6:30 to 8:30 p.m.
(refer to the calendar for dates)

Hope Interfaith Center
facilitated by Hope

We would like to invite you to our relationship group to come check us out! In our relationship group we believe in the word “team building”. The word ‘team’ was first recorded in 1552, its original meaning was ‘to harness’ or ‘to come together’. The idea behind this group is to help create our relationships with a team mentality. We do many wonderful team building topics that provide these benefits for us as couples:

- * We identify and maximize our personal and couple strengths.
- * We optimize our understanding of each other's needs.
- * We increase our abilities to resolve problems.
- * We learn to appreciate and enjoy each other's differences.
- * We learn to continue to have fun and laugh a lot.

The Hope Interfaith Center continues to be committed to offer a safe, fun, relaxed, loving atmosphere to enrich our relationships. This wonderful group helps everyone to create strong bonds and keep love alive. We invite everyone: from dating, engaged, cohabiting, newlyweds, new parents, long married, remarried. Anyone who is in a relationship is invited! Please call Jody at HIC if interested or if you have any questions about this fun group.

Journaling / Life Writing Group

Second Tuesday of every month • 6:30 p.m.
(refer to the calendar for dates)

Hope Interfaith Center

facilitated by Julia Curran and Judy Mosca

A journaling practice allows you to connect to your inner self to discover your deeper feelings, embedded ideas and inner direction. In this journaling group, we will provide a space for guided writing; for connection with others through discussion and sharing; and for connection to the ideas, lessons, and writings of Hope, Marianne Williamson, Gary Zukav, Abraham-Ester Hicks, Julia Cameron, and others. Each month there is a focus for the group, such as Life Purpose, Authenticity, Oneness, Forgiveness, Star Beings, etc. We love to see and hear about what you love to do — whatever that may be. Join us!

A Course in Miracles Study Group

Introduction meeting: Wednesday, July 24
10:30 a.m. to 12:00 p.m.

Hope Interfaith Center Great Room
facilitated by Judy Mosca

A Course in Miracles Study Group will be starting at HIC! Join Judy Mosca for the orientation meeting. All are welcome.

Men's Group

"Even the Lone Ranger had Tonto"

Every other Wednesday • 5:30 to 6:30 p.m.

(refer to the calendar for dates)

Hope Interfaith Center

facilitated by Bob Dickhudt and Paul Gorman

Quite simply, our men's group is a group of guys who meet regularly and privately to help each other to be the best they can be in every area of their lives. This men's group challenges the myth that you and you alone are the only guy that has ever dealt with challenge x, y or z.

This men's group is open to everyone — just join us, and we'll have your back! The group meets every other week. If you have any questions, contact Bob Dickhudt at 507-779-6971 or Paul Gorman at 507-420-0138.

Wednesday ONENESS Blessing Circle

Wednesdays • 5:30 p.m.

(refer to calendar for dates)

Hope Interfaith Center

facilitated by ONENESS Blessers

Please join us, and invite others, on Wednesday evenings for ONENESS Blessings! The ONENESS Blessings are based in the practice of Deeksha. In its simplest definition, as described by our Beloved Teachers, Deeksha is the practice of "getting one's self out of the way" so that Divine Light and Love can be channeled through us and given as a Blessing to others.

Our HIC ONENESS Blessing Givers are excited to bring weekly opportunities to give and receive ONENESS Blessings. We truly welcome you to join us!

Yoga, Breath and Movement

Mondays beginning September 9

• 9:00 a.m. to 10:00 a.m.

• 10:30 a.m. to 12:00 p.m.

facilitated by Nora

Stretch yourself in more ways than one! Monday mornings starting September 9th, HIC will have two yoga classes offered – an hour long class from 9:00 to 10:00 that will include Hatha yoga, Tijah movement and breath awareness, and 90-minute class from 10:30 to 12:00 that will use Hatha yoga and Tijah to warm us up and then lead into various Kundalini kriyas.

If you have any questions please call Nora at 507-381-5272. Suggested love donation of \$5.00 for the 9:00 class and \$7.00 for the 10:30 class.

Skype your appointment with Hope!

Janice Hope is now doing her phone readings over skype. You can make an internet call for free with skype and be able to have eye to eye contact. Yes, believe it or not, Hope is trying to bring innovative technology to HIC!

She is able to give Deeksha over skype and is thrilled to be able to Namaste everyone face to face. The energetic experience is different than just talking over the phone. These higher states of contact can lead to higher states of consciousness. And these high states of consciousness can lead to changes in the brain, which would eventually accumulate to a very big shift in your life.

If you would like to skype with Hope, please contact Jody to give her your skype name.

Namaste means that the light in me bows to the light within you. *Namaste! Namaste! Namaste!*

Suggested Donation Prices and Credit/Debit Cards Now Accepted at HIC!

Throughout the years, many in our HIC community tell me that I should increase the suggested love donation for a session, and many have also asked us to accept donations using credit and debit cards.

We are already accepting credit/debit cards, and with the suggestions that I have received, the HIC board decided that beginning January 1, 2013, we will be increasing the suggested love donation for a session to \$55.00, and phone sessions will have a suggested increase to \$60.00. Remember — your donations are tax deductible!

***How hurtful it can be
to deny one's true self
and live a life of lies
just to appease others.***

~June Ahern

ONENESS Blessings at the Hope Interfaith Center

The summer flowering of human consciousness is at HIC!

Earth, 114 million years ago, one morning just after sunrise: the first flower to appear on the planet opens up to receive the rays of the sun. Now on our planet a critical threshold has been reached and enlightened ones are here and it is YOU! Jesus tells us to contemplate the flowers and learn from them how to live. The Buddha is said to have given a “silent Sermon” during which he held up a flower and gazed at it. He wanted us to see the beauty that is in the flower is the same beauty within us.

ONENESS Blessings are a phenomenon that has spread across the world and are offered every week at our temple. This very sacred blessing offers you the opportunity to experience freedom from the mind and a moment to sit still and experience the flower blooming in your own soul. We are all so very busy that we don't ever give ourselves a chance to just sit and realize that which is already there right inside of us. People from all walks of life, all backgrounds and all faiths are experiencing dramatic changes and improvements in their lives from coming to our ONENESS BLESSING events at HIC.

ONENESS Meditation is not about any teaching belief or philosophy. It's about awakening! ONENESS Blessing is an energy transfer that brings about growth in consciousness and it is a wonderful gift you give to yourself by showing up and participating in a world-changing phenomenon. When you come you will receive a blessing from one of our ONENESS Blessing Givers. These opportunities are FREE to any and all that come. There are two opportunities at HIC:

1. ONENESS Blessing Wednesdays

Every Wednesday at 5:30 p.m. we have ONENESS Blessing. The simple definition, as described by our teachers, Deeksha is the practice of “getting one's self called the ego out of the way” so that Divine Light and Love can be channeled through the crown chakra. It is best described as LOVE energy. It helps people to feel pure peace and joy, connecting with their essential selves. One of the Oneness Blessers will come around the circle in front of you and lightly put their hands on the crown of the head. You may or may not feel the energy coming in. Most people have reported feeling a warm sensation moving into their heads and down into their bodies. But each experience is your own unique journey. Everyone is invited to come.

2. ONENESS Blessing Opportunity Sundays

The fourth Sunday of each month at HIC we have a “ONENESS Blessing Opportunity,” usually lead by Hope. This begins at 10:00 a.m. and goes for one hour exactly. As you come into the great room at the center you will enter in silence. Hope or one of her helpers will always arrive in the great room 15 minutes before 10:00 to set the intentions and to sit in silence to begin the building of the energy of LOVE. Sitting in silence for most of this hour helps us come together to

have a collective opportunity to send light to the world. You will be given two internal mantras that each person says in silence and then we dissolve into the ONENESS. During the silence we disappear to feel a sense of rapport and synthesis of the ONENESS from which we all come. Each person who comes receives one Deeksha blessing. But this Sunday opportunity is our way of not only receiving but also giving to the planet. All will leave in silence at 11:00 a.m.

If anyone has questions, please feel free to call the center to talk to Jody who is a ONENESS Blessor!

NEW! “Blog Talk Radio with Pure Hope”

Blog Talk Radio is the largest online talk radio network with millions of listeners and thousands of hosts. I received a message from Spirit to start my own program. So, with the help of Tom Westland I began to put it together. It is being received very well! It is HIC's way of connecting with like-minded people all over the world, to get exposure and to share channeled messages with an interactive group of people who are dedicated to personal and global transformation.

As more and more people visit our HIC site and listen to the show, we begin to change the face of the media and communication. The program is designed to engage only in high over-soul expressions of peace, love and joy. The old face of the media holds a lower vibration. Our Pure Hope program is only high frequency information on love and light.

Our ultimate objective is to cultivate a vibrant, engaged and growing audience that begins to have a synergistic energy that builds the Love vibration and sends it throughout this world and the galaxy. This program can easily produce a viral expansion of the Love Vibration and of course change the vibration of the world. Pure and simple, the Pure Hope Blog Talk Radio Show empowers and enables people to have a conversation with their highest self and people begin to change. As more and more people visit our site, listen to a show and speak to others about the show we can and will produce a beautiful vibrant world of Love and Peace.

Create a free account and sign up for the 30-minute shows on this website, and complete section one:

<https://secure.blogtalkradio.com/register>

When you sign up as a listener, you will receive emails with show announcements and dates. When Pure Hope broadcasts live you can send in your questions with the opportunity to talk to Hope live during her show. The broadcast web address is: <http://www.blogtalkradio.com/janicehopegorman>. After logging on to this site just click on Pure Hope to listen.

Please invite others to sign up! The synergistic power of Love and Light is our mission at HIC. Thank you all for supporting this mission on Blog Talk Radio! ~ Hope

***Join Hope Interfaith Center on a
fantastic pilgrimage to Peru in 2014!***

May 18 - June 1, 2014

Informational meeting: Tuesday, July 9 • 6:30 p.m.

Hope Interfaith Center

Registration and deposit due: July 15, 2013

We will spend 13 enlightened days traveling to Lima, the great Inca Cities of Cuzco and Machu Picchu and ending on Suasi Island for rest and retreat. Experience Andean Spirituality past to present, see the beautiful textiles woven by the Andean women, meditate at sunrise on Machu Picchu, breathe in the fantastic natural splendor of Suasi Island on Lake Titicaca.

This is a once-in-a-lifetime trip with the Hope Interfaith community of like-minded people. It's such a blessing to travel and experience life together!

We are having an informational trip meeting at Hope Interfaith Center with Kristin Lamoureux, our travel planner, on Tuesday, July 9th at 6:30 p.m. We will review the trip itinerary, travel costs and reservation forms will be available to reserve your spot on this amazing trip. Contact Jody with any questions.

ONENESS Blessing Initiation Training Class

Friday, July 26 • 6:30 p.m.

Saturday-Sunday July 27-28 • 9:00 a.m. to 5:00 p.m.

Hope Interfaith Center

Cost: \$275.00 per person

Would you like to become a Oneness Blessing Giver? We are so fortunate to have Oneness trainer Jeremiah Rangel from the Twin Cities. He has traveled to India several times to receive the teachings of Sri Amma Bhagavan at the Oneness University. Jeremiah has been given the ability to initiate participants to become a Oneness Blessing Giver. He has been very active in establishing a Oneness Community in his home town and he holds meditation groups as well as processes where participants move into higher states of consciousness.

The goal of all the courses at the Oneness University in India is to help heal your past, awaken your body's natural spiritual energy (kundalini), as well as activating your body's energy centers (chakras). As the dormant spiritual energy becomes awakened in you and you find yourself more naturally connected with the Divine and with reality as it is, you begin to experience a variety of higher states of consciousness.

This may be the last time we offer this opportunity at the center. So please pray on this to see if this is one of your wishes or callings. They say that the heart generates the body's most powerful and most extensive rhythmic electromagnetic field. It is sixty times greater in amplitude than that of the brain, permeates every cell, and can be detected several feet away from the body.

Since I have become a Oneness Blessing Giver my electromagnetic field has changed. I have had a drastic reduction in internal mental dialogue, reduced perceptions of stress, increased emotional balance, enhanced mental clarity and intuitive discernment, and a state of bliss in my everyday life. My love and passion for the DIVINE of living and giving LOVE has increased 100-fold. It is something that I treasure and have never regretted.

Please let us know as soon as possible if you want to attend this initiation. There will be having a screening process to all who wish to become a Oneness Blessing Giver. Once you have been accepted, a down payment of \$75.00 is required to the Hope Interfaith Center. Only 20 people will be allowed in the class.

2014 Appointments

Tuesday, September 3, for returning clients

Wednesday, September 4, for new clients

For several years now you may have noticed that everything in and around you seems to be going very fast. The energy appears increasingly favorable to new life decisions, new relationships and new ways of life.

People have been coming to awaken into their own truths and to walk through a radical new gateway to personal and global transformation. Coming to sessions with Hope can precipitate a shift towards a completely different state of consciousness. The purpose of a spiritual teacher is not to transmit knowledge but to facilitate the client in becoming aware of his/her pre-existing nature. A session with Janice Hope can help bring to surface the client's dormant qualities.

What you can expect from a session?

- * How to be more present-living in the now.
- * How to connect to your higher self.
- * How to quiet and listen deeply.
- * How forgiveness can brighten your life.
- * How to let the light shine through you.
- * How to act creatively and co-create.
- * How to become more compassionate.
- * How to speak your truth with Love and integrity.
- * How to listen to and follow your intuition.
- * To receive messages from the Spirit world with your guides and angels to help you on your journey.

Sessions are a Love donation of \$55.00, telephone or skype sessions are \$60.00.

If you are interested in making appointments for 2014, please call the Hope Interfaith Center beginning on Tuesday, September 3, for returning clients and Wednesday, September 4, for new clients. Because of the demand of students at this most important time, we will be limiting appointments to 8 during the year.

Please call HIC for your appointments at 507-386-1242

“Let Loose” Couples Retreat

Friday, September 27 - Sunday, September 29

Holy Spirit Retreat Center, Janesville, Minnesota

Love donation to the retreat center: \$160.00

Love donation to HIC: \$40.00

facilitated by Hope

Come join us for a couples getaway. The theme of this year's retreat is called "Let Loose". This weekend will be inspiring, uplifting private time with your beloved partner and fun and meaningful conversation!

We will be watching the DVD teachings from Jerry and Esther Hicks called "Let Loose. The Law of Attraction in Action/ Episode X." I have watched this video many times and it is an excellent way to finding your roadmap back to the truth of who you are. It is an excellent, easy to understand tool to get you to where you want to go.

Jerry and Esther Hicks always have taught that life is about choices, and that each and every component that makes up our life experience is drawn to us by the very powerful law of attraction, what you think and the story you tell about your life. As always you know that I tell people to move forward and stop looking backward. Come to this weekend and get a loving booster shot of positive forward-movement thinking. Put the past behind you and MOVE ON!

Come join me as I help you investigate your energy about your own powerful thoughts about yourself and your relationship. All questions are your own private journey into new possibilities and will not be shared in group. This is time for your relationship to discuss the movement forward into bliss and happiness and appreciation of what you have now.

Friday night is a carefree evening to meet the other couples. We will be playing a group game which is called "Who Wants to Be a Millionaire?" There are many ways of appreciating your richness in life and we will be doing this on Friday night. Saturday morning we will share a communal breakfast at 9:00 a.m. and we will meet as a group at 10:00 a.m. to watch the DVD "Let Loose" by Jerry and Esther Hicks. Couple discussion questions will be handed out for couples to do privately. That noon is LUNCH on your own! You can go into town or bring a picnic lunch to share with your honey! You will have a nice long time with your beloved partner. In the afternoon we will be come together around 3:00 and have a Shamanic Journey with Marti and Deb from Amboy. This is also your private journey. You will be bringing blankets and pillows and drums to this part of the event and be taken on a journey of the soul.

This and so much more! Always this event is filled with Divine Love for our partners. Last year we wrote love letters to each other and couples became closer than ever. Please check this

out! It would be wonderful if you join us and celebrate your love for each other in a very special way.

You will be bringing your own sheets, towels and personal care products, as well as a snack to share. You will also collaborate with other couples to bring food for a meal. We will have communal meals together for three meals. HIC will notify you what to bring for which meal. Please RSVP early for this wonderful weekend. Send in your \$40 to HIC to hold your spot today. For more information, please call the Center.

“May Peace Prevail on Earth - Pass it on!”

Peace Walk

Saturday, October 12 • 10:00 a.m.

Registration fee: \$10.00

Every year HIC gifts a peace pole to our community after a peace walk. When we plant a peace pole we are linking with people all over the world who have planted peace poles in the same spirit of peace. Every pole proclaims the prayer of "May Peace Prevail on Earth". Peace poles can be found on all the continents around the world.

We are pleased to announce that our peace pole receiver of 2013 will be BENCHS of Mankato. The Blue Earth-Nicollet County Humane Society cares for hundreds of homeless, injured, abandoned, and abused animals each year. Susan Kroon is the president of the board of directors of this great non-profit, and she will be accepting the peace pole on behalf of the shelter. Please mark your calendar for this wonderful event and watch for more information in our next newsletter.

Silent Auction Fundraiser

Sunday, September 8 to Sunday, October 13

Hope Interfaith Center

If you have never participated in the yearly Silent Auction here at HIC, please come and join in on the fun! You will find many tables set up with a myriad of wonderful items! Come and place a bid, but check back often if you wish to win the bid, because you never know who may want the same item!

***Lord, make me
an instrument
of thy peace...***

~ St. Francis of Assisi

Thank you!

Again a huge “Thank You” goes out to all our volunteers who helped and/or donated food for our annual Sunday Noon Meal at the Salvation Army!

It was indeed a pleasure to have our 2nd quarter New Moon facilitators Craig Domier and Bob Dickhudt, who came and shared their time and talents with our HIC Community. Each of you added something unique and special to our gatherings. Thank you for sharing!

Our sincere thanks go out to BJ Tesch, John Petering and his friend Gordy who gifted their time and talents in assembling the new HIC sand box. And many thanks to Marion Lichtenberg and John Petering who gifted the sand!

Our hearts are very grateful for our friend Tom Westlund who so graciously gives his time and special gifts to HIC for our computer needs. Thank you Tom - we appreciate you so much!

A big shout to Bob Dickhudt, who has hung in there every month in sharing his beautiful voice and music with us for our monthly Spiritual Service at HIC. Bob - we are blessed and grateful!

As always, we also appreciate all those who help out around HIC without even being asked! Simple gifts such as putting chairs away, helping in the kitchen after Sunday Service, emptying garbage, etc. - all of those actions are witnessed and appreciated!

~ Calendar of Events ~

*Please RSVP for all events: 507-386-1242
Visit www.hopeinterfaithcenter.com
for a printable calendar of events*

July

- 3,10,17,24,31 Wednesday ONENESS Blessing 5:30 p.m.
- 8 Journaling 6:30 p.m.
- 9 Peru Informational Meeting 6:30 p.m.
- 10,24 Men’s Group 5:30 p.m.
- 11 New Moon “Shamanic Journey Mediation” 6:30 p.m.
- 11 Providence Partners 7:00 p.m.
- 14 Spiritual Service 10:00 a.m.
- 18 Relationship Group 6:30 p.m.
- 21 Salon 10:00 a.m.
- 26-28 Oneness Initiation
- 28 Oneness Blessing Opportunity 10:00 a.m.

August

- 1 Providence Partners 7:00 p.m.
- 6 New Moon “Introduction to anointing oils” 6:30 p.m.
- 7,14,21,28 Wednesday ONENESS Blessing Circle 5:30 p.m.
- 7,21 Men’s Group 5:30 p.m.
- 13 Journaling 6:00 p.m.
- 18 Salon 10:00 a.m.
- 22 Relationship Group 6:30 p.m.
- 25 Oneness Blessing Opportunity

September

- 4,11,18,25 Wednesday ONENESS Blessing 5:30 p.m.
- 4,18 Men’s Group 5:30 p.m.
- 8 Spiritual Service 10:00 a.m.
- 9,16,23,30 Yoga, Breath and Movement 9:00 & 10:30 a.m.
- 10 Journaling 6:30 p.m.
- 15 Salon 10:00 a.m.
- 22 Oneness Blessing / Equinox Celebration 10:00 a.m.
- 27-29 Couples Retreat Weekend / Holy Spirit Retreat Center

All sacred pathways honored

Hope Interfaith Center
Reverend Janice Hope Gorman
114 Pohl Road
Mankato, MN 56001
www.hopeinterfaithcenter.com
friend01@hickorytech.net