



Hope Interfaith Center

July - September 2014

~ A message from Reverend Janice Hope Gorman ~

Dear Friends,

I am writing this letter while staying up at Tofte, Minnesota at the Chateau LeVeaux overlooking the beautiful Lake Superior. Something is happening to me as I sit and celebrate my 60 years of living on Planet Earth. I am writing this letter during my birthday break because I am also thinking of you, my HIC friends. So I wanted to share with you some of the information that happened to me when away from the center for a few days. I am a woman who has an affinity to give and has a problem receiving. So as I sat by this beautiful lake I received an invitation to inwardly listen and watch for my next steps in this new decade of my life. I was told to get a big, beautiful wide glass vessel and was being instructed to go down to the lake and get water to fill it with. Every day for five days I was requested to empty the vessel and then the next day fill it back up with the lake water. I am sure Spirit and my guides from the ONENESS are teaching me to also have infinity to empty and just receive. So, I dedicated my altar in my condo to this vessel which represented me. This is why this letter for this summer is called "Receptivity".

As human beings, we are largely uncomfortable with receiving, and instead are conditioned to give. But this conditioning can deny us of what is also natural but to receive as well. We humans for some reason are the opposite. We tend to get hung up on producing, giving, and nurturing for others and we do, do, do and do. I think many of us have a hard time taking in and truly receiving. Most of our society and many of our backgrounds in our religious up bringing taught us not to value receiving. In fact one way women avoid it is through an ongoing, habitual involvement in nourishing others but not themselves. Now I am not asking you or I to stop giving but I am asking all of us to stop and smell the roses this Summer. I will be the first one to admit that this is still an uncomfortable topic for me. I have been one of those women who have an ongoing, habitual involvement in nourishing others. So, I intentionally took time out from my daily life to come to a place that makes my heart sing. Something happens to me every time I am up by this lake. This is a very powerful place upon this planet right now. We are so lucky to be living so close to a spot that is filled with light. Most of you know that I had the opportunity to interview Christine Day. She is an ambassador to the Pleiadians and she has been opening up portals in and around this enormous lake. I most certainly can feel her energy while being up here. I am receiving! I am receiving! I am perhaps finally learning how to

"Receptivity"

receive! Wow, it is my wish that all of us this summer slow down and receive. Tomorrow, at this lake it is supposed to rain. I am told now to watch how this mighty Lake Superior receives. I am told to take my big, beautiful vessel down on the rocks and watch it fill up with rain that will be coming from the Rain Goddess. I am told to get wet, even wild or just relax and laugh a lot. I am being told to smile and remember what the feeling feels like when I receive. I will inhale and I will receive and I will get wet and I will even get a bit wild. I will open up to the frequencies of brilliance. I will listen to the transmissions of Christine Day's and I will receive in this sacred moment an opening to the new dimensional structures and realign with the new birthing desires of my heart. And I will continue to do this for not only this summer but for the rest of my life. Join me, won't you? Let us join together to receive the feeling of our true force of light and beauty and it will transform us on so many levels. As this will also help transform the world. For WE are All ONE!

Christine and I and Patricia Diane Cota Robles believe that we are in the middle of change right now and we are to expect the unexpected and yet continue to align to our heart center, breathe and let go and receive. This is the time for each one of us to just be "in the moment this Summer", taking one step at a time, not trying to project what will happen, or how it will happen or even what is happening. This would bring the energy right up into our head. This change that is happening is not an intellectual event. It is a heartfelt event of our many lifetimes on Planet Earth. Let us all this summer be in the moment, be positive and trust that the world is in good hands and going up the right path. We are all playing a role in this most eventful occasion on planet earth. We at the Hope Interfaith Center will be offering some NEW groups this summer that you just might really like. Please continue to read on and always know that you are welcome for any event as we join together to create the NEW EARTH! May we all enjoy the art of receptivity!



Happy Receiving Everyone!

With Pure Heart,
Hope

~ Hope Interfaith Center ~

114 Pohl Road
Mankato, MN 56001
507 -386-1242

email: friendOl@hickorytech.net

Visit us at: www.hopeinterfaithcenter.com

www.facebook.com/hopeinterfaith

Janice Hope Gorman: Minister

Jody Scholtz: Office Manager

Fellowship Minister: Rev. Jo Gangestad

Volunteer Coordinator/Program Director:

Rev. Kim Stanton Cummings

HIC Board of Directors:

Germaine Nowacki, Judy Mosca, Jill Grace, Tim

Schmidt, Ruth Ann Rosenwinkle, Klea

BrewtonFitzgerald,

Marcia Nermoe, Heather Tentis

Bookkeeper: Holly Anthony

Temple Keeper: Mona Smiley

For directions to the Center and other information,

see right or please visit us online at:

www.hopeinterfaithcenter.com

- SPIRITUAL SERVICES -

Second Sunday of every month -10:00 a.m.

Hope Interfaith Center

facilitated by Hope

The Hope Interfaith Center holds a spiritual service the second Sunday of each month. We welcome all and recognize that we are ONE in the eyes of CREATION!

Sunday, July 13 – Hummingbird vs Condor

Sunday, August 10 - Surprise!

Sunday, September 14 - Light Being That Exists Within Special Mountains

Sunday “Salons”

Third Sunday of the month • 10:00 a.m.

Continuing surveys indicate that community is needed for all of us!

Salon is an opportunity to connect, discuss the previous week's worship topic, and share our spiritual journeys. We will have Fair Trade Coffee made when you get there and hot water ready for the tea lovers.

Come join us as we connect on a casual Sunday discussion of Love and Light!

Sunday, July 20

Sunday, August 17

Sunday, September 14

Directions to HIC

From the West:

Highway 14 East to Highway 22 South

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Avenue (curvy road) Turn left onto Pohl Rd.

The Center is the magenta building on hill at right

From the East:

Highway 14 West to Highway 22 South

Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes

Glenwood Avenue (curvy road) Turn left onto Pohl R

The Center is the magenta building on the hill

From the North:

Highway 169 South to Highway 22 South (one block past the last stop light in St. Peter) Turn right on Hoffman Rd.

(past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Avenue (curvy road) Turn left onto Pohl Rd.

The Center is the magenta building on the right

From the South:

Highway 169 North to Riverfront exit

Turn right onto Riverfront Dr. (past West High School)

Turn right onto Stoltzman Rd. (follow this road and signs to MSU)

Turn left onto Stadium Rd. (drive up hill past MSU)

Turn left onto Pohl Rd. (twin homes on corner)

The Center is the last building on the corner

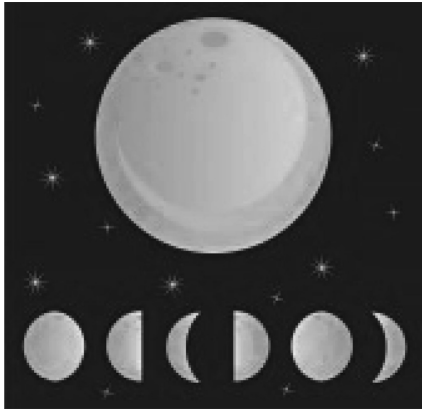
-Spiritual Counseling-

Spiritual Sessions are available. Please contact the center for more information. Remember that we are a non-profit spiritual center, therefore your donations are tax deductible.

*** IT'S IMPORTANT TO RSVP ***

Please RSVP for gatherings by calling or emailing your intention to attend. It's a really nice thing to do for yourself and it helps in our planning. When you come to the center, we would ask that you remove your shoes if possible. There are mats and cubbies that will hold your shoes. This is not only to help keep the center clean but it is also a way of honoring the sacredness of the space. Thank you!

~All Sacred Pathways Honored~



Full Moon Groups

July Full Moon

Welcome Home (new gathering once a month beginning in July refer to calendar for dates)

Monday, July 14th at 6:30 p.m.

Facilitator Rhonda Cannata

Love donations welcome and appreciated

“We are all longing to go home to some place we have never been—a place half-remembered, and half-envisioned we can only catch glimpses of from time to time. Community somewhere, there are people to whom we can speak with passion without having words catch in our throats. Somewhere a circle of hands will open to receive us, eyes will light up as we enter, voices will celebrate with us whenever we come into our own power. Community means strength that joins our strength to do the work that needs to be done. Arms to hold us when we falter. A circle of friends. Someplace we can be free”

This quote from *Dreaming in the Dark* by Starhawk sums up the Spirit of the Hope Interfaith Center as well as the energetic intention of this monthly spiritual gathering. Each ‘class’ will be unique—with emphasis on upliftment, releasing, mediation, energy/prayer work, and circle discussions, as portals to the high-vibrational shift occurring in the quantum field—the ultimate destination for coming home to your Self.

Each gathering will involve the exploration of various dimensions of Oneness—the gateway to fully expressing our authentic selves. Areas of exploration may include (but are not limited to):

Tapping into your inner child for playful, carefree fun!

Self-healing practices

Music, dance, drumming

Artistic expression

Connecting with the Natural World

Igniting the brilliance for empowerment to serve the greater good

Nothing compares to the feeling of coming home...please join us for a multi-faceted experience, rich with Love, Laughter and Light—essential nourishment for your soul!

Sorry due to summer’s busy schedule we will not be gathering for August Full Moon.

Autumnal Equinox

HARVEST CELEBRATION

(The equinox is on Tuesday the 23rd)

But we are going to be celebrating it on

September 28th, Sunday for Brunch

At Morgan Creek Vineyards

Meet at HIC’s parking lot at 10:30 a.m.

and we will have a CARAVAN!

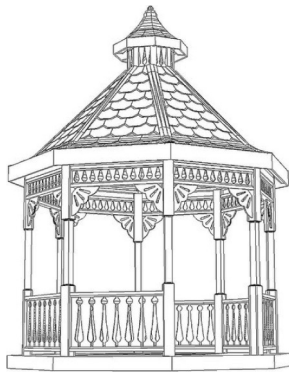
The first day of Autumn is one of the four temperate seasons, the transition period between Summer and Winter. Many cultures feature autumnal harvest festivals. So as always I am looking for new ways to celebrate these beautiful, powerful celebrations. How about joining us at the Hope Interfaith Center for a Country Brunch at the winery. What could be more down-home than hand crafted fine wines paired with local, fresh, and ORGANIC foods from our Minnesota River Valley regional farms.

At the Morgan Creek Vineyards we will have festive food and a wine menu served under the winery portico. All breakfast menu items are cooked to perfection in their outdoor wood fired ovens. Let us meet at the HIC parking lot on Sunday at 10:30 a.m. and we can car pool to the Morgan Creek Vineyard in New Ulm, Minnesota. What a wonderful event to join us in fellowship and laughter and gleefulness. This is such a beautiful season to celebrate. Invite others to this event. Share this time with someone you love or perhaps call a friend to come along. As always it is helpful to have an RSVP to let them know how many are coming from our community. Please call Jody at the center 507-386-1242 You can check their website to see a menu and cost.

We will be leaving from our parking lot at 10:30.

***SAY YES to LIFE! LIFE is a VERB!
LET US REJOICE AND BE GLAD!***

Gatherings and Opportunities



Home Visits Available

Rev. Jo Gangestad, an ordained Hope Interfaith Minister since 2005, has accepted the call to be HIC's Fellowship Minister. Jo exudes a special kindness in her heart and looks forward to visiting our HIC friends when they are hospitalized. She will also make home visits or phone calls. Please contact the Hope Interfaith Center if Jo's services are needed.

Summer Energy Book Event

Early Sunrise Opportunity

July 2,9,16,23,30 Wed at 7:00 a.m. until 7:55 a.m.

"Pleiadian Initiations of Light with CD meditations"

(You can come a bit earlier to sit in silence if you like.

Doors will be open!)

Moving from a 3rd dimensional state of consciousness to a 4 or 5th dimensional state of consciousness means living in a state of LOVE.

Many of us here on the earth plane are playing roles in holding energetic spaces and places to allow this new Summer energy to anchor onto Mother Earth. This Spring when I was up by Lake Superior asking the energetic portals to open me to my next level one of the bits of information I received is how important it is to provide a space for people to come to awaken to their truth and to their next level. I am an early bird and one of the best times of the day is the early crisp morning for meditation. So I am offering a place for those who are interested in coming to play the role in holding energy as a circle to anchor this next new level of LOVE onto our planet. This LOVE energy is here to open up the hearts of many. The clear vision I received while meditating on the shore of Lake Superior is the important role that the Hope Interfaith Center has in helping our world. I know it is hard to believe at times that our temple is known by the Spiritual Hierarchy but it truly is. They see the work that is being offered and they see the classes and they

know that our intention is to help awaken the planet during the greatest shift our planet has ever seen. Just think, we are playing a role in this mighty shift into the Light of the New Dawning.

As we read a bit from the book the Pleiadian Initiations of Light by Christine Day and we do the meditations we will be assisting the world. Also during this month of dedication you personally will be blessed so you can remember your unlimited state of SELF. What does this mean? Health, Abundance, New Jobs, New or Better Relationships with Self and Others. As always when two or more are gathered there is the energy of TRANSFORMATION. Many people still doubt the ability to heal or receive abundance or is it possible to seek a new job at my age? Well this is how this circle of Initiations of Light works.

When one tuning fork is struck near another one, the second tuning fork begins to vibrate at the same frequency as the first one. As we align our thoughts and energy together with the energy of LOVE, every cell of your body responds to the rhythm of healing. You will be able to feel the light moving through your body to renew and strengthen the cells. How abundance comes is as you sow so shall you reap! This tuning fork that we will be aligning to is the Pleiadians as well as the Spiritual Hierarchy and as we tune to the tuning fork of this light we begin to vibrate to that same frequency as the ONE. Makes sense does it not? When we sit around in other circles that are negative and of a low vibration the tuning forks all begin to vibrate at that level. I have seen this happen so many times. So, become an early bird this Summer with me during the month of JULY! It will be worth getting up for.

Love and Light,

Mother Hope

Relationship Group

Summer Fun for HIC's Relationship Group

(S'mores and More)

Third Thursday of every month-6:30 to 8:30 p.m.

(refer to the calendar for dates)

facilitated by the GROUP

Does anyone spend summer without s'mores-at least one????

You know what s'mores are, right? Chocolate, a marshmallow, and two graham crackers getting nice and toasty over a campfire! Sounds sexy and romantic to me. It's a marvelous, sweet tradition. Don't miss sharing it together. Here are some other things you can do this summer that are both healthy and fun for your relationship to grow strong and wonderful.

Come join HIC's relationship group! Making partnerships work is a divinely inspired art form. That is why the Hope Interfaith Center has been helping couples come together and have fun. It is better to enrich your relationship than to try and fix it. Whether

-All Sacred Pathways Honored-

Gatherings and Opportunities

you are a same sex couple or a heterosexual couple you are welcome to our group. This group is always about LOVE and FUN. We have a lot of laughter in this group.

Many couples speculate about our relationship group and they immediately believe that it is a group that talks about our problems. This is so far from the truth of this group that we have created. Our main focus is on fellowship, laughter and learning how to maintain the magic of love in our relationships.

For example in March we went to the "Wine Café" in Mankato to brainstorm what we wanted to do this summer. This is the list we came up with:

April: Watch Movie at HIC called "The Family Man" and ate popcorn.

May: No meeting because some of the couples went to Peru

June: Jen Galvin Anderson- doing a program on oils to help keep relationships going smoothly.

Now you can join us for the rest of these months and have fun with us!

July- We will be going to Westwood Restaurant out on Lake Washington to eat and have fun.

August- We will meet at Chankaska Winery for wine and appetizers.

September- Possible Potluck and Barbeque at Julie Thorliefson's and Dean Musings house.

OK, now can you see that is this a group that is dedicated to have FUN! Please join us and enjoy fellowship with other couples who are dedicated to making their relationships fun and exciting and happy and balanced and calm and real. For further information please feel free to call Jody at the center. (Remember to look at Calendar for dates)

Reiki Share

1st and 3rd Tuesday of each month

Jessica of Intu Tarot and Wellness invites energy healers and enthusiasts to her Reiki Share. At this event, healers will have the opportunity to exchange healings and knowledge. Feel free to bring a blanket or massage table, and the expectation to leave rejuvenated. A love donation would be much appreciated. All experience levels are welcome!

Providence Partners

First Thursday of every month at 7:00 p.m.

(refer to the calendar for dates)

This financial investment group meets monthly to study smart and conscious investments, and investing as a group. There are still a few spaces open for new investors. Call Joe Gilbert at 507-317-3966 for more information.

Yoga, Breath, and Movement

Mondays

9:00-10:00 a.m.

10:30-12:00 p.m.

Facilitated by Rev. Nora

Stretch yourself in more ways than one! Monday mornings, HIC offers two yoga classes - an hour long class from 9 to 10 that includes Hatha yoga, Tijah movement and breath awareness, and a 90-minute class from 10:30-12 that will use Hatha yoga and Tijah to warm us up and then lead into various Kundalini kriyas. If you have any questions please call Nora at 507-381-5272. There is a cost of \$5 for the 9:00 a.m. class and \$7.00 for the 10:30 a.m. class.

Journeys

Reflecting... Creating... Writing...

Join Julia, Judy, Joan, and Klea

2nd Tuesday of the month, 6:30 p.m.

"Undoubtedly, we become what we envisage." Claude M. Bristol

Journeys will continue with guidance from Julia Cameron's *The Artist Way: A Spiritual Path to Higher Creativity*. We see creativity not only for those interested and involved in the arts, but expanding the concept of creativity to all we do. As many have taught, "We create our own reality." Topics include integrity, abundance, and strength. Feel free to read the book or just come and participate. Our evening also includes journaling and a hands-on project such as a vision board, focus wheel, or collage bookmaking. We honor who you are, what you do or would love to do, and where you are at right now. RSVP if possible. Just so we can bring extra supplies. Julia 345-8943

Gatherings and Opportunities

Men's Group

"Hear the call. Take the risk. Get the rewards."

1st and 3rd Thursdays 5:30-6:30 p.m.

Hope Interfaith Center

facilitated by Bob Dickhudt and Paul Gorman

The New Macho Paradigm

He cleans up after himself.

He cleans up the planet.

He is a role model for young men.

He is rigorously honest and fiercely optimistic.

He holds himself accountable.

He knows what he feels.

He knows how to cry and he lets it go.

He looks for ways to serve others.

He knows future generations are watching his actions.

He is kind to women, other men and children.

He is working to create a new world of Peace!

This of course is a small list of the New Macho Paradigm. A new type of man comes to a men's group. A man who is dedicated to his path of remembering who he is and dedicated to making the world a better place to be. This men's group is a place where men are building and supporting the emotionally mature, accountable, and compassionate male role models that our world so desperately needs.

This men's group is open to everyone. You do not need to be a member of HIC. Take a leap of fun and faith and come to HIC's men's group. If you have any questions, contact Dr. Paul Gorman at 507-420-0138 or Bob Dickhudt at 507-779-6971.

Wednesday ONENESS

Blessing Circle

Wednesdays at 5:30 p.m.

Hope Interfaith Center

facilitated by ONENESS Blessers

Please join us, and invite others, on Wednesday evenings for ONENESS Blessings! The ONENESS blessings are based in the practice of Deeksha. In its simplest definition, as described by our Beloved Teachers, Deeksha is the practice of "getting one's self out of the way" so that Divine Light and Love can be channeled through us and given as a Blessing to others. Our HIC ONENESS Blessing Givers are excited to bring weekly opportunities to give and receive ONENESS Blessings. We truly welcome you to join us!

Mankato Area Spiritual

Stay At Home Parents (MAAS)

Third Tuesday of each month

Hope Interfaith Center

As a stay at home parent, Jessica Hebert of Intu Tarot and Wellness knows how important it is to balance and incorporate one's family and spiritual life. She invites Mankato area stay at home parents to meet once a month to connect and play. MASS will have fun opportunities to learn about meditation, yoga, holistic health, and other fun spiritual topics. MASS may also serve as a support group. It is Jessica's intent for this group to be child-friendly. If you have been looking for a place to bring your kids (of any age) to play and to meet like-minded parents, this is the place for you. Come one, come all!

Serenity Group

2nd and 4th Wednesday of each month at 12:30 p.m.

in the Great Room

Hope Interfaith Center

Facilitated by Judy Mosca

If life is tugging at your heart strings, Serenity Group will allow you to tell your story in a safe and confidential place. All are welcome to come, share, and find peace in your in soul. Questions? Call Judy Mosca 507-387-4629

A Course in Miracles Study Group

Every Wednesday at 10:30 a.m. to 12:00 p.m.

facilitated by Judy Mosca, Certified Spiritual Director

Join us Wednesdays for the Course in Miracles, whether you are already practicing ACIM or are new to the course. You are all welcome. We are learning, and our discussions have been interesting and helpful for understanding the Course. Questions? Call Judy Mosca 507-387-4629

-All Sacred Pathways Honored-

Welcome! Welcome! Welcome!

I would like to introduce our new bookkeeper and the keeper of the website. I just read an article that said that the best support for another woman is another woman. And this woman contains so much talent, wisdom and gentleness that I knew she would be an excellent fit for this position. She truly embodies the energy of Spirit and is here to support the mission of the Hope Interfaith Center. She is dedicated to helping us create new ideas for our future here at the center. I asked Holly to write just a few lines about herself. Please help me welcome Holly Anthony to our center.

Holly lives in Madison Lake with her husband, Dale, and their two children; Liza (12) and Parker (10). In addition to supporting the mission of The Hope Interfaith Center, Holly is a consultant providing administrative/online marketing services to solo-entrepreneurs. In her spare time, Holly enjoys spending time with her family, making jewelry, studying complementary and alternative medicine, horseback riding, and traveling.

I am truly honored and grateful to be part of the HIC community.
-Holly

Appointments for 2015!

Call Tues. Sept. 2nd 2014 for returning clients

Call Wed. Sept. 3rd 2014 for new clients

For several years now you may have noticed that everything in and around you seems to be going very fast. The energy appears increasingly favorable to new life decisions, new relationships and new ways of life.

People have been coming to awaken into their own truths and to walk through a radical new gateway to personal and global transformation. Coming to sessions with Hope can precipitate a shift towards a completely different state of consciousness. The purpose of a spiritual teacher is not to transmit knowledge but to facilitate the client in becoming aware of his/her pre-existing nature. A session with Janice Hope can help bring to surface the client's dormant qualities.

What you can expect from a session?

- How to be more present - living in the now.
- How to connect to your higher self.
- How to quiet and listen deeply.
- How forgiveness can brighten your life.
- How to let the light shine through you.
- How to act creatively and co-create.
- How to become more compassionate.
- How to speak your truth with Love and integrity.
- How to listen to and follow your intuition.
- To receive messages from the Spirit world with your guides and angels to help you on your journey.

Sessions are a Love donation of \$55.00, telephone or Skype sessions are \$60.00.

It is that time of the year. If you are interested in making appointments for 2015, please call the Hope Interfaith Center beginning on Tues. Sept. 2nd for returning clients and Wednesday, Sept. 3rd for new clients. Because of the demand of students at this most important time, we will be limiting appointments to 6 during the year. Please call HIC for your appointments at 507-386-1242

Blog Talk Radio Show

"The Pure Hope Show"

Every month on the last Tuesday at 7:00 p.m.

I have surveyed and asked other hosts how they are generating more listeners. I am passing these tips on to you my HIC friends. Why? Because like always, Spirit is asking me to be bold, brave and yet humble to ask for help in this area of the show. I am dedicated to this new step in the life of the Hope Interfaith Center. I am dedicated to this momentous event that is taking place in the evolution of human consciousness and this will not be talked about on our news tonight nor written about in our newspapers. And I am aware of the smorgasbord of talk shows that are on T.V. and even on the blog talk radio that are getting a lot of attention.

But you must ask yourself which programs add to the light of the world? Why am I listening to this or watching that? And is it creating the New Earth of peace, love and harmony? On our planet, and perhaps simultaneously in many parts of our galaxy and beyond, consciousness is awakening and moving towards the light. The Pure Hope Show hopes that it is reaching out to many more people than I could possibly teach on a one to one basis. I have had the opportunity to meet and greet and receive a lot of interesting, helpful information during this short year and a half. I intend to continue my quest on reaching out to other people to receive information that would be helpful for all of us. At times you might only receive a gem on the whole program but a gem can help you shine brighter than before. I feel a lot of energy around this Blog Talk Radio Show. But the energy is not about me, nor even the people who I interview. The energy I feel around this program is to help people to awaken to their next level of remembering. Christine Day, Patricia Diane Cota Robles and even Dave the Mystic and our 44 dimensional friend SSuzanne Grandon and of course Dr. Carol Parrish...having them on the show has added to my light and I deeply appreciate their wisdom. From all over the nation we will continue to have outstanding speakers, teachers, helpers and healers on the program. So here are a few ways in which you can help our show shine out unto the world.

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-All Sacred Pathways Honored-

1. Encourage by word of mouth. Ask your friends, colleagues, family and current listeners to help spread the word about the show.
2. Social Media Marketing is the Key! Please put this on your Facebook, Twitter and other types of media marketing to help spread the word about the Pure Hope Show.
3. Invite others to come over and listen with you to help them get started.
4. If you have a blog please write about it on your blog.
5. And last but not least pray for the Hope Interfaith Center and the success of the show.

“A new type of thinking is essential if mankind is to survive and move towards higher levels” Albert Einstein

“The influence a person can have upon others goes far beyond the function they perform. They can bring about a lessening of the ego in everyone who comes into contact with them.” Eckhart Tolle

Thank you for your help and your loving support for this journey of Light and Love.....Hope

Sunday Noon Meal at the Mankato Salvation Army

Sunday, July, 13th 11 AM – 1:30 PM

Volunteers needed to bring food and serve!

Please sign up by Monday, July 7th!!

The Sunday Noon Meal serves a healthy, full meal to those in our area who are in need of nourishment and fellowship. It is served every Sunday and uses the Salvation Army site as its base facility. Currently more than 110 guests are served each Sunday. This mission came out of the Mankato Hunger Task Force which was formed in the mid-80's. Starting with 5 churches sharing the task, it now has evolved into a base of 14 spiritual communities working together! Hope Interfaith Center has agreed to provide and serve twice during each year.

Serving the Sunday Noon Meal involves the following:

We will need approximately 16 people/units to help donate, make and serve the food. There are five categories – the main dish, a vegetable, salad, bread, butter and milk, and dessert. Jody has more information and there is a sign-up sheet at HIC. On the Sunday we serve, we will meet at the Salvation Army at 11 a.m. The meal is served from noon – 1 p.m. and all volunteers should be able to leave, following clean up, by 1:30. This is a very worthwhile way to serve others and a good family activity, too. If you are unable to help serve that day, you can donate food (ask what is needed) or money to buy the food – there are many options available to come forward and serve!

SILENT AUCTION!

Sunday, September 14 through Sunday, October 13

If you have never participated in the yearly Silent Auction here at HIC, please come and join in on the fun! You will find many tables set up with a myriad of wonderful items! Come and place a bid, but check back often if you wish to win the bid, because you never know who may want the same item!

Peace Walk

Saturday, September 27 10:00 a.m.- noon

Facilitated by Hope and Ann Ganey

Meet us at the bend of the river at Sibley Park near the ball parks.

Gray Eagle speaks now of the days of total honesty. These are the days of healing the wounds that have crippled us for so long. At the bend of the River we will come together as a community to meet and greet each other in ONENESS. We will do a ritual ceremony to clear energy.

We all talk about “going to the light,” being embraced by the light, “finding the light”, etc. But what so many of us don't realize is that we are the Light! Each of us is Light, the humane race-every animal, every insect, every tree and every plant, every living thing- is Light, and is of the Light.

We do not have to wait until we die to experience heaven, to experience Light. For every day we have that experience with ourselves with each other, with the spirit world. All we have to do is to recognize it.

We will pass on the peace pole to our next deserving person or place, which will be announced at a later date. We have given peace poles in our North Mankato area to BENCHS, SCTC, Golden Heart, and in our beautiful Mankato area peace poles have been given to the Land of Memories Park, YWCA, Peace Park, and the UCC Church. Our peace poles have also been planted in Israel, Palestine, and Turkey.

Come join us and pass on the peace that has been given to you! Bring your drums, rattles and other instruments to join us for a circle dance of Peace!

A love donation will be taken for our next peace pole to be given in 2014.

Poetry Power Page

When sitting under a tree this summer you might want to read some of these poems to be inspired to write one yourself. The energy of Love is in the "AIR" and you are all expanding beyond human consciousness and receiving your own material. I know I just sat with Lisa Starkweather and she read to me some of the material she is receiving. I told her that you are indeed hearing the energy messages of the DIVINE. Let us rejoice and allow ourselves to receive for all of humanity. Every time you write something down that you are receiving from the DIVINE you are down loading it onto Mother Earth.

Dedicated to my friend Penny Tower

By Donna Miesbach

If I could
I'd give you wings
To fly your special skies
And courage, too,
I'd send to you
To help your spirit rise.....

And breezes fair
And swaying trees
And lovely star-filled nights,
I'd like to give you
All of these
To make your days just right.

And then I'd do
Just one thing more-
A prayer of praise I'd send
Because I feel
So very blessed
To have you for my friend.

Open Your Heart

By R. H. Grenville

Yesterday a rose in bud;
Today a rose in bloom,
Unfolding crimson petals,
Exhaling its perfume.

To people, as to roses,
At the deepest in most part
Life signals when to blossom.
"To beauty, love, and wisdom; To joy, and to each other,
Open your heart!"

God Omnipresent

By R. H. Grenville

"Know that I AM ALWAYS WITH YOU."
How can that be? demands the puzzled
mortal part of me
that judges by appearances, is bound by time and space;
but the inarticulate heart is reassured,
made glad in grace
by the Voice that called forth light
and life's great mystery:
"What is part of Me?"

Calendar of Events

July

- 1 Mankato Area Spiritual Stay At Home Parents MASS 12 p.m. to 2 p.m.
- 1, 15 Reiki Share 6:30 p.m.
- 2,9,16,23,30 Summer Energy Book Event 7 a.m.
- 2,9,16,23,30 Wednesday ONENESS Blessing Circle 5:30 p.m.
- 2,9,16,23,30 ACIM Book Study Group 10:30 a.m.
- 3, 17 Men's Group 5:30 p.m.
- 3 Providence Partners 7:00 p.m.
- 7,14,21,28 Yoga, Breath and Movement 9 & 10:30 a.m.
- 8 Journeys, 6:30 p.m.
- 9, 23 Serenity Group 12:30 p.m.
- 13 Salvation Army Sunday Noon Meal 11:00 a.m.
- 13 Spiritual Service 10:00 p.m.
- 14, Full Moon "Welcome Home" 6:30 p.m.
- 17 Relationship Group 6:30 p.m.
- 20 Salon 10:00 a.m.

August

- 4,11,18,25 Yoga, Breath and Movement 9 & 10:30 a.m.
- 4 Welcome Home 6:30 p.m.
- 5 Mankato Area Spiritual Stay At Home Parents MAAS 12 p.m. to 2 p.m.
- 5,19 Reiki Share 6:30 p.m.
- 6,13,20,27 ACIM Book Study Group 10:30 a.m.
- 6,13,20,27 Wednesday ONENESS Blessing Circle 5:30 p.m.
- 7, 21 Men's Group 5:30 p.m.
- 7 Providence Partners 7:00 p.m.
- 10 Spiritual Service 10:00 a.m.
- 12 Journeys, 6:30 p.m.
- 13, 27 Serenity Group 12:30 p.m.
- 17 Salon 10:00 a.m.
- 21 Relationship Group 6:30 p.m.

Calendar of Events

September

- 2 Mankato Area Spiritual Stay At Home Parents MAAS 12 p.m. to 2 p.m.
- 2, 16 Reiki Share 6:30 p.m.
- 3,10,17,24 ACIM Book Study Group 10:30 a.m.
- 3,10,17,24 Wednesday ONENESS Blessing Circle 5:30 p.m.
- 3,17 Men's Group 5:30 p.m.
- 8, 15, 22, 29 Yoga, Breath and Movement 9 & 10:30 a.m.
- 4 Providence Partners 7:00 p.m.
- 8 Welcome Home 6:30 p.m.
- 9 Journeys, 6:30 p.m.
- 10, 24 Serenity Group 12:30 p.m.
- 14 Spiritual Service 10:00 a.m.
- 18 Relationship Group 6:30 p.m.
- 21 Salon 10:00 a.m.
- 27 Peace Walk 10:00 a.m.
- 28 Equinox Brunch at Morgan Creek Vineyard 10:30 a.m.



Dear HIC Family and Friends,

Your loving support and your much appreciated financial support for HIC goes beyond words. It is with deep humility and gratitude that I accept your generous love birthday donation. This Love Donation from you will be used to help pay off our mortgage which helps us to be able to expand our service to Humanity.

Your birthday wishes are now in a box called my blessing box. And I am holding your names in the sacred space for your financial freedom.

I have been taught by Patricia Diane Cota Robles that there is a Golden Flame of God's/ Goddess of Infinite Abundance. This Golden Pyramid of Light is pulsating above the Earth. It can be called on at any time. I have called on it to bring abundance to the blessing box and to all of you. This powerful force field is magnetizing the Golden Light of Abundance in and through and around all of your birthday wishes and your love donations. So your money that you have given to help the Hope Interfaith Center will be returning to you 10 thousand fold. You are all in my prayers and your donations are now flowing back to you in gratitude from the Spiritual Hierarchy.

We at the Hope Interfaith Center are so proud of the work that we are doing and we pledge to you that we will continue to help planet earth and all of her inhabitants to ascend into peace, harmony and balance. There is not a day that goes by that we don't have a visitor or a phone call from some one in need. So from the bottom of my heart I thank you for your love and for all the Light you are adding to the world. I look forward to moving forward with all of you in love and abundance and peace and health and harmony.

I will continue to keep you all in my prayers as we move into the new dawning of the NEW EARTH!

Blessings and Love,
Rev. Janice Hope Gorman

-All Sacred Pathways Honored-

All sacred pathways honored

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