



Hope Interfaith Center

January - March 2017

A Message From Reverend Janice Hope Gorman

Dear Friends,

As I ended last year, I was given several experiences that demonstrated the ongoing nature of our work here at the Hope Interfaith Center. The experience that I am going to talk about may give us all a preview of the next phase of the journey. Through experiences, I began to better understand energy outside of this physical dimension. I met the radiance of God/Goddess, Source, Oneness and left my body behind, experiencing the free energy of my spirit. It happened in the following way:

I awoke early morning December 7 at 3:40 a.m., the 75th anniversary of the attack of Pearl Harbor. I began to vibrate to an almost uncontrollable level. I could feel the kundalini energy rise up my body and then I found myself having a conversation with a Buddhist Holy Woman. For several days after that, Her Holiness was in my daily visions, motioning for me to continue or stop what I was doing, directing me. At one point, she asked me to write and said that she would help me with this process. I told her that I had difficulty with spelling words and she smiled at me and said, "my child that is why you have spell check. Just write!" So I began the process and I plunged ahead, because it was the right thing to do. Following Spirit when my higher self, my over soul and my guides and Angels talk to me has always been a priority in my life. This is what happened:

Hope: With great respect and honor, I welcome your presence and assistance.

Her Holiness: You have been preparing for this journey and you have done such a great job listening to us and doing your sacred contract. Now it is a time to rest. Your hard work and focus will come to fruition. Success for the Hope Interfaith Center and working with all of the people to wake up to the truth of who they are has been exciting to watch. Please tell them that this year will be one of hardship but yet, opportunities to move into the golden light.

Hope: What do you mean? What golden light are you speaking about?

Her Holiness: She once again pointed for me to come and she showed me a narrow stone-paved street, and she was waving me through a wooden door and over the doorway it had the number 2017 on it!

I passed through the door. I moved into a new space, which appeared dark inside, but now that I entered in it, there was a brilliant light, too bright to look at. Intense. I am now being touched by God I thought. I was very centered in my body; however, I had a feeling like I have never felt before. Her Holiness continued to usher me into the light. I had been standing before it, and now it is clear that I was directed to enter into it. There was a buzzing, a static, quite loud, like the sound between radio stations, and I heard someone speaking to me. I continued my inward movement into the light. I somehow moved so slowly that it

The Next Direction



felt like moving molasses. Her Holiness spoke and said you are holding back. You are resisting? This is the time of the number 10 vibration and you will begin the birthing of the awakened you. Please tell all beings that you will come in contact with at the Hope Interfaith Center that the vibration of 10 offers them a New Beginning, but they must step into the brilliant light, be still, and know that they are one with ALL THAT IS!

Hope: What does that really mean? Many people do not understand these words nor do they believe in these words.

Her Holiness: They must ask themselves what is holding them back? What fear? Why do they resist the very thing that they are so deserving of and which is who they really are? All that they desire personally as well as on your planet is dependent on their awakening. Her Holiness told me to receive and I will show you how it feels.

Message continued on page 3...

~Hope Interfaith Center~

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Janice Hope Gorman: Minister
 Jody Scholtz: Office Manager
 Bookkeeper: Holly Anthony
 Fellowship Minister: Rev. Jo Gangestad
 Volunteer Coordinator/Program Director:
 Rev. Kim Stanton Cummings
 Board of Directors: Ruth Ann Rosenwinkel,
 Jill Grace, Rhonda Cannata, Mona Smiley, Becky
 Beyer, Jessica Hebert, and Kristin Underwood
 Temple Keeper: Mona Smiley

For directions to the Center and other information, see column on the right or please visit us online at: www.hopeinterfaithcenter.com

~Spiritual Services~

Second Sunday of every month - 10:00 a.m.
Every quarter we have an additional Spiritual Gathering
Hope Interfaith Center
Facilitated by Rev. Janice Hope Gorman

The Hope Interfaith Center rejoices by bringing people together for Spiritual Service the second Sunday of each month. "God" according to the thirteenth-century mystic Mechthild of Magdeburg, "Is not only fatherly. God is also mother who lifts her loved children from the ground to her knee." What a wonderful image conveying how we are cherished and nurtured by She Who Is!

We also care for you at the Hope Interfaith Center and we want to lift you up!

We welcome all and recognize that we are all ONE in the eyes of CREATION!

Sunday, January 8, 10:00 a.m.

Happy New Year

Sunday, February 12, 10:00 a.m.

Theme of LOVE Yourself

Sunday, March 12, 10:00 a.m.

Nature

Sunday, March 26, 10:00 a.m.

(First Quarter Second Sunday Service)

Special Guest

~Directions to HIC~

From the West:

Highway 14 East to Highway 22 South. Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Ave. (curvy road) Turn left onto Pohl Rd. The Center is the magenta-colored building on the hill on the right.

From the East:

Highway 14 West to Highway 22 South. Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Ave. (curvy road). Turn left onto Pohl Rd. The Center is the magenta-colored building on the hill on the right.

From the North:

Highway 169 South to Highway 22 South (one block past the last stop light in St. Peter) Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Ave. (curvy road). Turn left onto Pohl Rd. The Center is the magenta-colored building on the hill on the right.

From the South:

Highway 169 North to Riverfront Drive exit. Turn right onto Riverfront Dr. (past West High School). Turn right onto Stoltzman Rd. (follow this road and signs to MSU). Turn left onto Stadium Rd. (drive up hill past MSU). Turn left onto Pohl Rd. (twin homes on corner). The Center is the last building on the corner.

~Spiritual Counseling~

Spiritual Sessions are available. Please contact the center for more information. And please remember, the Hope Interfaith Center is a non-profit spiritual center; therefore, a portion of your spiritual counseling sessions donations are tax deductible.

*** It's Important to RSVP ***

Please RSVP for gatherings by calling or emailing your intention to attend. It's a really nice thing to do for yourself and it helps in our planning. When you come to the center, we would ask that you remove your shoes if possible. This is not only to help keep the center clean but it is also a way of honoring the sacredness of the space. Thank you!

THE NEXT DIRECTION - *CONT. FROM PAGE 1*

Message from Rev. Gorman - cont. from page 1...

Hope: I entered! I entered! And I entered! Now my cells are opening. Each one is a bursting supernova. I feel a oneness with the light, its brilliance spreading through me and outward, extending through my arms and my face. I am a conduit for the energy of God, a source of the radiance, a golden glow of brilliance, a beacon and a healer. I feel the radiance at my back coming up above my head, scouring those cells and making them shine. All over, I am covered with golden diamonds of light. Inside of me there is no darkness. I am told that inside all of you there is no darkness. Then I see us (yes all of you my friends of the Hope Interfaith Center) your cells are connecting to my cells and our cells connected to everyone in the world's cells. We then connect our cells with the Ocean, Sky, Earth, Water, Fire, Animals. We are all a brilliant network of lights.

Her Holiness: Her Holiness shows me all of us all rotating in many directions, including upside down. We are all a huge explosion of light, moving like a super-nova star system. All is golden and there are many golden eggs or sparks of light coming forth from all of us together. The golden strings of energy are weaving themselves through space as they travel outward. The ends of these strings are creating rainbows. She said we are the ones who have come to create peace, harmony, abundance, and joy upon this planet. And that we are not losers; we are winners. We are all great and mighty souls. She said to tell you all to continue to step forward into the light and do not, please, do not fear.

Hope: As I continue this experience with Her Holiness, my body is now clear, completely transparent, and at one with all that is around me. I see who I really am. I see who we all are! I am crying with joy! And I ask Her Holiness, how can I help people know this about themselves?

Her Holiness: She motions me through the same wooden doorway. I see a lot of small figures working on individual projects, something like Santa's workshop. And each person is on their own station doing their own journey. Their own work! Their own experiences! Learning their own lessons!

She told me all I can do is share this experience with any that would read it and if they wanted to walk through this doorway of 2017 without holding back, they too can see the truth of who they are. She told me to share this with you and invite you to come to our temple of Love and Light at the Hope Interfaith Center.



Hope: I share this with you in great enthusiasm and share it with you with the intention of letting you know that your light inside is as brilliant as the stars, sun, and moon. And you have within you a great treasure map that will lead you to your purpose and your true destiny. Pay attention to the sign posts that will and always appear to us. Follow those signs and stay in the Zone of remembering the truth of who you are and all of your new beginnings of 2017 will come into fruition!

May you all have a very Happy New Year!
And show UP in your LIFE!

With Pure Heart,
Hope



BEFORE HE MELTS AWAY- Before We Melt Away!

Welcome to our Spiritual Services!

Winter is upon us! And perhaps SNOW and COLD and SNOWMEN are here as well! I am going to share a story that will warm your heart because this is what we do here at the HOPE INTERFAITH CENTER. This is a story that will bring you back into the moment of NOW!

This story will give you the true meaning of Frosty the Snowman and this is a true story about a gentleman and his son who had cancer.

He was standing at the front of the classroom, leaning on a podium as thirty-three high school students stared at him. Some eyes were alive with interest, others were glazed with boredom. He was about to talk about a book of Don Quixote. You know the mad knight and windmills, puissant Biscayans, troublesome sheep, and now, with dreamy persistence, searches for the golden helmet of Mambrino. *(If you haven't read the book perhaps you might want to)*

Then there was a knock at the door, and the English department secretary told Mr. Hanmer, your wife is on the phone. She needs to speak with you immediately. It's urgent. This of course never sounds good. Stepping out of the classroom, he calls her and he hears her voice. "Come to the hospital as fast as you can," She says. "Something is wrong with Nino." Nino is twenty months old.

Entering the examination room, he sees his wife delicately holding their son as a doctor shines a little flashlight into his eyes. The doctor leaves the room, saying he is going to bring in his colleague. *(Which never sounds good.)* Two doctors enter, then three. He has a sinking feeling in his chest and a constricting sensation in his throat. There is a smell of hand soap and hospital, the sound of squeaky shoes on pearly-white floors and machines quietly whirring. Finally one doctor tells Mr. and Mrs. Hanmer, "He has a tumor."

Hours later they leave the hospital, knowing only that their child has retinoblastoma-malignant cancer of the eye. Fear of course, anger of course, confusion of course and anything else that goes through a body of a parent when they hear that their son has a tumor. *(I know what it feels like to have a little boy die at the age of 18 months old)*

For weeks his heart is flooded with pain. Unbelievable pain! Indescribable pain! *(I know this personal pain)* One late night he finds his journal and attempts to make sense of what is happening to his little boy, to his family, to him, as he puts pen to paper: Nino has cancer. Seeing it written down hurts his stomach. Over the last three weeks of hospital visits and wrenching fears, it has become unreal. Nino has cancer and he is dying! Now it is real!

Nino's favorite book is called "Frosty the Snowman", and tonight on a cold winter time of the year he snuggles into my arms and says daddy read me Frosty. He sits on his daddy's lap and he tries to hold back the tears. His fuzzy hair smells wet and he holds his stuffed teddy bear and he says "sing, Dada, sing." I look down at his clear brown eyes imploring me. I look at his right eye-the eye with the cancer that's killing him.

"Sing, Dada," Nino repeated. He was in his flannel green dinosaur onesie pajamas, and the cold snow was lashing the windows. While the moment of the now counts, Mr. Hanmer will refuse him nothing. He opens the book filled with colored pictures of the snowman, who magically comes to life for the children, and he sings the lines: "Frosty the snowman knew the sun was hot that day, so he said, Let's run, and we'll have some fun now before I melt away." But suddenly he was weeping with waves of salty warm tears, Mr. Hanmer chest heaving with pain of a parent who can do little to save his child. He does not want Nino to melt away.... Please don't let Nino melt away....

Nino turned the page with his chubby little fingers. "Sing Dada Sing" So his father sang the next line: "He waved goodbye, saying, don't you cry. I'll be back again someday." Mr. Hanmer's stomach convulsed as his little boy asked him to sing the story again. Thumpety thump, thump, thumpety thump, thump, over the fields of snow.

Cont. on page 5...

BEFORE HE MELTS AWAY- Before We Melt Away!

Welcome to our Spiritual Services - cont. from page 4

After surgeries, and more and more chemo, Nino's soft fuzzy hair was gone. Nino was one of those kids that we see on TV or ads, or one of those kids that you are asked to give money to. They became one of those families that needed counseling, help and a shoulder to cry on. They became a family that needed a community of Spiritual enlightenment to make sense of it all. They became the people who would call me (Hope) in the middle of the night asking for help. They are the type of people who reach out to the HOPE INTERFAITH CENTER! We, Jody and I, see this all the time!

I will never read or sing "Frosty the Snowman" again in the same way to my Greta, little Joe, Matthew, Bella, or Bennie. I shall never stop telling my kids I love them. I am a changed woman because of this temple of light called the Hope Interfaith Center. I know that we have not only touched lives but we have changed lives and have saved lives.

We do not receive grants to support our mission at the Hope Interfaith Center. We do not get support from any large corporations in town! It is through your support that we continue to be standing at 114 Pohl Road, Mankato, Minnesota 56001. Please know that I have appreciated all of your support during the years that I have been director of the Hope Interfaith Center. I have appreciated all the acts of kindness, donations and help. If you have not received a card in the mail, please know that my heart is full when I think of all of you!

As we move into this New Year I am asking you to continue to support us during this time of great need. I just wanted to share one of many stories that have happened in my life and the life of the Hope Interfaith Center. We are going into a year where you will be asked by many places to give your time and money and prayers to. I am asking that you remember the Hope Interfaith Center this year as we go into a year where there will be a big need for Spiritual Support during this time of great shifts and changes.

You are all welcome to come to our temple of LIGHT! Every second Sunday of the month we have Spiritual Services that will fill you with the true meaning of how LOVE works upon this planet. Our services are always at 10:00 a.m. and we always welcome new and returning faces. Please join us for a class or an event and send others our way who are in need of Spiritual Support!

Blessed Be!
Rev. Janice Hope Gorman

ADDITIONAL SUNDAY SPIRITUAL SERVICE

We are growing at HIC and so in order to serve more people, we added an additional Sunday Spiritual Service, which began this past September. What I see is that people who attend our Sunday Service, classes and events, are giving birth to a "Universal Being of Light and Love." They do not label themselves with one religious tradition over another. People who come to the Hope Interfaith Center see themselves as Interfaith and citizens of the Omni Universe - Universal beings who are passionately living and creating a New World. We started offering the second Sunday service once each quarter to see how well they are attended.

If you are looking for a place that is dedicated to helping create a new world and know that raising one's consciousness and awakening to the divine within is the answer to this creation, then HIC is the place for you! If you are looking for a place that offers the teachings of meditation and toning; honoring Mother Earth and following your compass of Joy; sowing seeds of kindness and love to all; connecting with Angels and your own personal guides, *[and so much more]*; then we welcome you to connect with us. What I say to everyone is the same statement that is used in AA, "Keep Coming Back, It Works!" Every time you come, your heart chakra opens more and more to our Oneness and you will understand that the most powerful change agent on this planet is LOVE!

Please note that the second Spiritual Service for the first quarter of 2017 will be held on March 26. Please join us as we will be having a special guest!

With Love,
Rev. Hope

NEW CHILDREN'S PROGRAM & CURRICULUM

Children's Sunday Oneness School

Sundays: January 8, February 12, and March 12 at 10:00 a.m.

Finding the Oneness that connects us all is the most important issue that we are facing right now in our daily climate upon this planet. The church/center of the Hope Interfaith Center provides inspiring sermons, music, connections with others who are likeminded and now our Sunday school assists the children.

We chose the name, Children's Sunday Oneness School, as this is our spiritual path returning to the understanding and being of our family of ONE, which is our family of LOVE beyond measure and acceptance for all! We are all connected but yet, unique to ourselves. Our Spiritual Services and our Sunday Oneness School [for children ages 3 on up to 13] help us all discover our intuitive gifts, confidence of our holy self, to care for Mother Earth, to respect the power of the elements, to honor the stars, the moon and the sun and to know and respect others of different faiths, creed and color.



Our slogan, which hangs in the front of our great room reads: "We Honor All Sacred Pathways!"

Our ministry focuses on non-judgement towards one another, forgiveness, loving one another, non-dualistic metaphysical truths, connecting to our angels and guides and honoring our beloved ancestors and know that we can create a new, beautiful, and kind Universe. This is our responsibility as Lightworkers upon this planet.

Children's Oneness School Curriculum: September 2016 – May 2017

September 2016- Learning to Pray and The Lord's Prayer

October 2016- The Golden Rule, In Our Culture and Others

November 2016- Children of God – Teachings from Neale Donald Walsch:

- *You don't need anything outside yourself to be happy.
- *Failure is fiction. We try different things, make adjustments, and keep moving forward.
- *You are never separate from God; you are one with all people and all life.
- *We live in a world of abundance. It is in the sharing, not the gathering, that we receive the most.
- *You are not required to do or be anything different from what and who you are in order to receive God's love. God's blessings are for everyone.
- *You are perfect and beautiful in the eyes of God just as you are. God doesn't punish people. Consequences and punishment are not the same thing.
- *Sharing love with others is the greatest gift you can give to the world.
- *My way is not the only way to do things and to live. It is only one path in a world of many paths.
- *There is nothing that you cannot do! Lots of help is available to us.

December 2016 - The Christian Meaning of Christmas

January 2017 - Angels

February 2017 - Meditation

March 2017 - Healing the Body

April 2017 - Native American Beliefs - General

May 2017 - What Happens When You Die?

WHAT'S NEW AT THE HOPE INTERFAITH CENTER

HEALTH REALIZATION RECOVERY COUNSELING

Health Recovery honors all pathways to recovery, acknowledging that each person's path is unique and reflects their personal strengths. Self-Management, Balance and Personal Responsibilities are encouraged while also having access to other modalities for recovery such as reiki, massage, spiritual growth, meditation, yoga and Oneness Blessings and so many other ways to find health.

The following is a poem that was given to me during my recovery in my parent Alanon group! For all of my co-dependency people!

Let Go, Let God

*To "let go" does not mean to stop caring, it means I can't do it for someone else.
 To "let go" is not to enable, but to allow learning from natural consequences.
 To "let go" is to admit powerlessness, which means the outcome is not in my hands.
 To "let go" is not to try to change or blame another, it's to make the most of myself.
 To "let go" is not to care for, but to care about.
 To "let go" is not to fix, but to be supportive.
 To "let go" is not to judge, but to allow another to be a human being.
 To "let go" is not to protect, it's to permit another to face reality.
 To "let go" is not to deny, but to accept
 To "let go" is not to nag, scold or argue, but, instead,
 to search out my own shortcomings and correct them.
 To "let go" is not to adjust everything to my desires,
 but to take each day as it comes and cherish myself in it.*



We are so fortunate to have Bob Dickhudt on our staff here at the Hope Interfaith Center! Bob has degrees from Minnesota State University, including a BA in Sociology/Psychology, and a Certificate/Minor in Chemical Dependency/Addiction. He is a Licensed Alcohol Drug Counselor.

Bob has worked here in Mankato at Addiction Recovery Technologies for a year and a half performing chemical use assessments, individual tracks counseling, and group counseling.

Bob is experiencing long-term sobriety and he has learned the joys and the many benefits of freedom from addiction. He loves to share his experience and hope for all.

Please call Bob directly if you would like to set up a Chemical Dependency Health Realization appointment with him.
 Bob's phone number is (507) 779-6971.

HEALTH REALIZATION RECOVERY COUNSELING
BOB DICKHUDT, BS, LADC
(507) 779-6971

FULL MOON GROUP

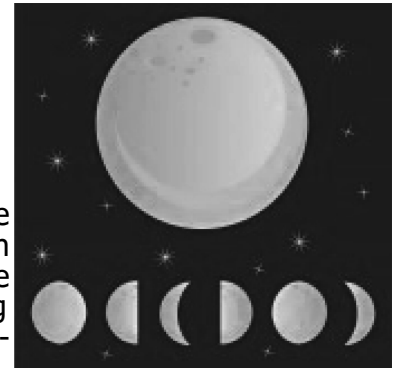
TRANSMISSION MEDITATION GROUP

January 12, February 9, March 9

We'll gather at 5:15 p.m. and start promptly at 5:30

Held in the Great Room at HIC

During the Full Moons in January, February and March, we will once again come together to do transmission meditation. There is danger in seeing the enemy as being the one outside of the circle of LOVE. The world gets divided between "the good" and "the bad." We are among the good; the others are the bad. A True community is different because of the realization that we are all ONE FAMILY.



There has never been a more important time than now to spread loving energy to all of the world. During transmission meditation under the experienced guidance and direction of the Spiritual Hierarchy of our planet, we will feel the bliss of doing service to our world.

There are more than 1,000 transmission groups in 40 countries worldwide that have been meeting monthly to help serve humanity at this time. I have been dedicated to this type of meditation now for over 20 years. And we are the beautiful souls that are dedicated to bringing in the New Energy for the emerging New World. Humanity finds itself in the midst of a major shift in worldview. Such a shift involves a fundamentally new way of perceiving the world, the environment, each other, and ourselves.

This type of meditation work and energy work helps shift the collective perceptions, beliefs, and actions concerning many areas of life: the environment, economics, religion, interpersonal relations, personal identity, health and healing, and even the scope and limits of science. It is a global shift, both in the sense that it is happening all over the world, and in the sense that it will impact all aspects of society: the way we live, share, and understand ourselves and the world. Our new president of the United States of America needs our help. His success is our success! Transmission meditation is one way of getting into the Oval Office to help make a difference. Transmission meditation is one way of helping transform our government. Consciousness is energy and is coming to be understood as the underlying foundation of reality, out of which the entire cosmos arises. In addition to the potency of regular Transmission Meditation, the Full Moon period of each month marks the time when the impact of the divine energies of Light, Love and Power are at their peak. This is why I am inviting you to join me on these most important gatherings.

THANK YOU HIC COMMUNITY!

We appreciate all the donations of time, support and monetary gifts during this past year of 2016! We Thank You for helping to support us with our mission for this Temple, which as you know helps to keep HIC's LIGHTS BURNING BRIGHT! Also, your continued support has made it possible for us to help many others within our community who are in need. Our Hearts Smile with LOVE to ALL!

We Thank All who volunteered for projects within our community and who helped with spiritual service, events/workshops, as well as the Fundraisers! As always, we also appreciate all those who help around HIC without being asked! Simple gifts such as putting the chairs away, helping in the kitchen after Sunday Service, emptying the garbage, etc. All those actions are witnessed and greatly appreciated!



GATHERINGS & OPPORTUNITIES

Relationship Group

*Third Thursday of every month
January 19, February 16, March 16
6:30-9:00 p.m.*

Relationship Group is usually held the Third Thursday of every month. However, if I am traveling, we will let you all know if there is a change to the schedule.

Life is a sacred adventure. Every day we encounter signs that point to the active presence of Spirit in the world around us. But sometimes we are not really actively working with the active presence of the Spirit of our relationship. Knowing our values and taking action is what this group is all about. What can we actually do in our relationship to embody the values that we proclaim to have? How can each of us personally help bring about a better connection to our partners?

Our significant other is the most important connection we will ever have when it is the real deal! Please pray and consider coming to the Hope Interfaith Center's Relationship Group where we have fun, joy and excitement in the opportunity for growth.

We come together to benefit and learn from each other. Our world needs strong, loving marriages and partnerships. We have had book studies, movie nights, and wine and appetizer adventures. We have had speakers, teaching DVD's and so much more. Each night we have a topic that is perfect for gaining more knowledge and for discussion.

If you have questions about this wonderful group, please feel free to call the center at (507) 386-1242 and we will answer all your questions. This invitation is sent out to all types of couples. You do not need to be married to join us!

Blessings Always,
Rev. Hope



Reiki Share

*Second Sunday of every month - 5:00-6:30 p.m.
Facilitated by Trained Reiki Practitioners
Suggested Love Donation: \$5.00*

Reiki practitioners come together to practice Reiki on one another and other Reiki specific healing modalities. If you are interested in experiencing Reiki, no experience is necessary so please feel free to join us. Open to all individuals.

Providence Partners

January 5, February 9, March 2 - 7:00 p.m.

Do you want to find a way to connect with others who are interested in being financially wise?

This is a financial investment group that comes together to make good conscious investments, and investing as a group.

We welcome new investors to join the group. For more information, you are welcome to come to a meeting to learn more or please contact Joe Gilbert at (507) 317-3966.

Yoga, Breath, and Movement Stretch yourself in more ways than one!

*Every Monday - 9:00 a.m.
Facilitated by Rev. Marcia Nermoe
\$7 Love Donation*

Monday mornings, HIC offers an hour and a half long class that includes Hatha yoga, Tijah movement and breath awareness.

If you have any questions, please call Rev. Nermoe at (507) 381-5272.

ONENESS Blessing Circle

*Every Wednesday - 5:30 p.m.
Facilitated by ONENESS Blessers*

Please join us, and invite others, on Wednesday evenings for ONENESS Blessings! The ONENESS blessings are based in the practice of Deeksha. In its simplest definition, as described by our Beloved Teachers, Deeksha is the practice of "getting one's self out of the way" so that Divine Light and Love can be channeled through us and given as a Blessing to others.

Our HIC ONENESS Blessing Givers are excited to bring weekly opportunities to give and receive ONENESS Blessings.



GATHERINGS & OPPORTUNITIES

A Course in Miracles Study Group

*Every Wednesday - 10:30 a.m. - Noon
The group will gather in the Great Room at HIC*



Join us as we explore the Course in Miracles. Whether you are already practicing ACIM or are new to the course, you are welcome to join the group.

We are all learning and our discussions have been interesting and helpful for understanding the Course. If you have any questions, please call Jody at (507) 386-1242.

Kundalini Yoga

*Wednesdays, 6:15-7:30 p.m.
Refer to the Calendar for Exact Dates
Facilitated by Rev. Marcia Nermoe
\$10 Love Donation*

Kundalini Yoga is a 5,000 year old system of yogic exercises and meditation that is designed to give you a "hands on" experience of your highest consciousness. Spend some time living in your higher self through movement, breathwork, mantra, and meditation. Experience the transformative power of Kundalini Yoga as taught by Yogi Bhajan.



Lemurian Sisterhood! Calling All Sisters!

*Second Monday of the month
7:00 p.m. - 9:00 p.m.
Suggested Love Donation: \$20.00*

Gathering of the Goddesses!

Please join us to connect with your sisters and to return the Divine Feminine energy and wisdom to the planet. This will help to re-awaken your Lemurian Akash and DNA. You will discover your 'Point of Light' on the Goddess Grid.



Come and Connect to your Goddess Tribe!

Registration: Send email w/name, phone & address to annegy@hickorytech.net

PATH OF THE HEART GROUP

*Fourth Tuesday of the month - 8:30-10:30 a.m.
Facilitated by Anne Ganey, MPH
The group will gather in the Great Room at HIC*

A career/leadership group designed to help you bring your whole self to work.

Objectives:

To gain tools to bring the whole self to work and life; to create a safe space in which to practice new tools; to build a network of trusted advisers; to gain new ideas, insights, practices and solutions; and to take action towards your goals.

Results:

- A more powerful experience and presentation of yourself.
- A trusted network of advisers you can rely on.
- New ideas, insights and solutions.

Mankato Salvation Army Sunday Noon Meal

*Sunday, February 19, 11:00 a.m.
Volunteers needed to bring food and serve!
Please sign up by Tuesday, Feb. 14*

The Sunday Noon Meal serves a healthy, full meal to those in our area who are in need of nourishment and fellowship. It is served every Sunday and uses the Salvation Army site as its base facility. Currently more than 110 guests are served each Sunday. This mission came out of the Mankato Hunger Task Force which was formed in the mid-80's. Starting with five churches sharing the task, it now has evolved into a base of many spiritual communities working together! Hope Interfaith Center has agreed to provide and serve once during this year. (Which is near and dear to Hope's heart!)

Serving the Sunday Noon Meal involves the following: We will need approx. 16 people/units to help donate, make and serve the food. There are five categories: the main dish, a vegetable, salad, bread, butter and milk, and dessert. Jody has more information and there is a sign-up sheet at HIC. On the Sunday we serve, we will meet at the Salvation Army at 11 a.m. The meal is served from noon – 1 p.m. and all volunteers should be able to leave, following clean up, by 1:30. This is a very worthwhile way to serve others and a good family activity too. If you are unable to help serve, you can donate food (ask what is needed) or money to buy the food – there are many options available to come forward and serve.

GATHERINGS & OPPORTUNITIES

WOW - Women of Wisdom Panel

Thursday, February 2, 6:30 p.m. - 8:30 p.m.

BARRIERS REMOVED! VULNERABILITY REVEALED, EMPOWERMENT REALIZED!

Trusting the Universe to move towards your dreams is of course a very important factor now. But there also needs to be some kind of action that propels us forward. Choosing to be sure, making right choices, but also seeking opportunities is also a must.

I am bringing together a very powerful group of women to sit on a panel and answer questions and talk about each of their journeys, which will move you in ways that I cannot describe. Each of the women have helped me become the woman I am today.

You cannot just wait for something to come to you. Things will come, no doubt, but that is a very passive arrangement. Many people just sit around and complain. It is time now to actively seek others who are willing to gather to empower us and perhaps even show us the way. Interaction creates!

Come and enrich your life with human interaction and deeper connections than you have had before. Go further in your relationships and your jobs and your dreams. This is a number 10 year and it is all about New Beginnings! I know that after the election many women have been wondering why people voted for a man who degraded women. Calling them fat pigs, telling a woman on national T.V. that who would vote for you? Look at that face. Making statements about a woman in the Miss Universe pageant that she was getting fat. Also making statements about race, creed and color. I, myself, moved through a period of shock. But I am back up on my feet and dedicated to helping women to work together toward the greater good. I have played the role of activist all of my life. Bringing people together to empower them and to give them a safe place to speak up. Please come and help yourself relax by not worrying so much and begin to believe in the power that you have within you. Come cultivate a connection with other women that will be powerful.

I have to say that I have always been a person thinking about whom I could start a conversation with that would stimulate the Goddess within me? And all of last year I started meeting women that feed my soul and the fire within me. I believe that when you get into a conversation that is real we enter into the ZONE! It's interesting that many sports players will understand what it is like to be "in the ZONE," when the players all click at once and the sum of their effort is magically greater than all of the parts added together. Musicians will know "the groove," when an energy climax is surpassed and the result is music that moves almost by itself. Look at body workers, healers, teachers, speakers, painters, actors, and authors find themselves in the ZONE where their craft or work or their life is effortless. I now understand the importance of healthy partnerships with women; they stimulate me and encourage me to be my most powerful self!

The powerful women on the panel are: Rev. Janice Gorman, Renita Robertson, Diana Gabriel, Anne Ganey, and Jean Keenan. Come and join us for an evening, which you will not forget!

Please call the center to reserve your spot at (507) 386-1242.

A suggested Love Donation of \$15.00 or more would be greatly appreciated!

**"Wisdom is the reward of experience
and should be shared."**

~Unknown

CALENDAR OF EVENTS**~JANUARY~**

2, 9, 16, 23, 30 Yoga 9:00 AM
 4,11,18,25 ACIM Book Study Group 10:30 AM
 4,11,18,25 Oneness Blessings Circle 5:30 PM
 4,11,18,25 Kundalini Yoga 6:15 PM
 5 Providence Partners 7:00 PM
 8 Spiritual Service 10:00 AM
 8 Children's Oneness School 10:00 AM
 8 Reiki Share 5:00 PM
 9 Lemurian Sisterhood 7:00 PM
 12 Full Moon Transmission Meditation 5:15 PM
 19 Relationship Group 6:30 PM
 31 Pure Hope Show - Blog Talk Radio 7:00 PM

~FEBRUARY~

2 WOW-Women of Wisdom 6:30-8:30 PM
 9 Providence Partners 7:00 PM
 6,13,20,27 Yoga 9:00 AM
 1,8,15,22 ACIM Book Study Group 10:30 AM
 1,8,15,22 Oneness Blessings Circle 5:30 PM
 1,8,15,22 Kundalini Yoga 6:15 PM
 9 Full Moon Transmission Meditation 5:15 PM
 12 Spiritual Service 10:00 AM
 12 Children's Oneness School 10:00 AM
 12 Reiki Share 5:00 PM
 13 Lemurian Sisterhood 7:00 PM
 19 Salvation Army Noon Meal 11:00 AM
 23 Relationship Group 6:30 PM
 28 Pure Hope Show - Blog Talk Radio 7:00 PM

~MARCH~

2 Providence Partners 7:00 PM
 6,13,20,27 Yoga 9:00 AM
 1,8,15,22,29 ACIM Book Study 10:30 AM
 1,8,15,22,29 Oneness Blessings Circle 5:30 PM
 1,8,15,22,29 Kundalini Yoga 6:15 PM
 9 Full Moon Transmission Meditation 5:15 PM
 12 Spiritual Service 10:00 AM
 12 Children's Oneness School 10:00 AM
 12 Reiki Share 5:00 PM
 16 Relationship Group 6:30 PM
 26 Second Spiritual Service 10 AM
 28 Pure Hope Show - Blog Talk Radio 7:00 PM

Join Us!

BLOG TALK RADIO

In January of 2017, we're starting off the Pure Hope Show with an amazing guest, Christine Day. Christine is the founder of *Frequencies of Brilliance*, a healing modality that has been channeled through her for over 20 years. She was born and raised in Australia and now connects and communicates with the Pleiadians. It sounds extraordinary, I know, but she does! She is known as an ambassador to the Pleiadians to bring forth messages of hope and truth for our world at this time.



In February, our guest will be Amber Wolf, Ph.D. She will be speaking about the Lemurian Sisterhood. An invitation to activate your Lemurian DNA, reawakening your DIVINE Feminine Essence and to be initiated into the sacred circle of the Lemurian Sisters. Hear how women are coming out in 2017 to form circles of influence!

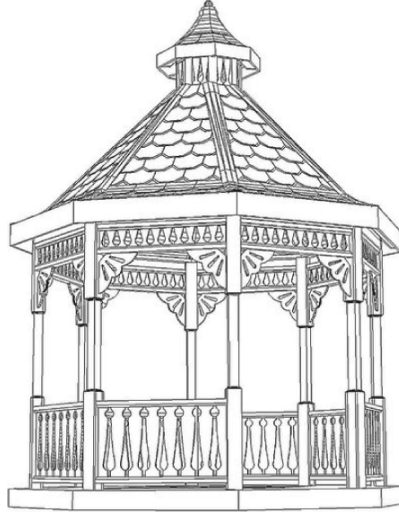
The Pure Hope Show has been a big hit and we are listened to across the nation as well as around the world. If you have not listened to the program before, I invite you to try it out on one of these cold winter nights because it will warm your heart! And to those of you who have listened, I invite you to continue to tune in and to tell others about it!

Now more than ever in this next year, we will have speakers that will help you stay stable in an unstable world of great change. We continue to make it simple to tune in to the programs. You can either click on the link in the email that Jody sends out for the current show or, you can go to www.blogtalkradio.com/janicehopegorman and select the show that you would like to listen to. If you do not have Internet access, you can also call (213) 559-2974 on the fourth Tuesday of each month beginning at 7:00 p.m. and listen to the program LIVE.

Today and always on the Pure Hope Show, we are explaining what is currently occurring around this precious globe and give you ways to maintain the beautiful original blueprint of your Divine Holy Self! The shift that the planet is in this year is more than an internal process, it also includes action with the purpose of moving Spirit and embodying Love and of experiencing and expressing compassion. When we make this shift, new ways of being will unfold. We will continue moving in this New Year towards our next evolutionary level of development.

Blessings & Love,
 Rev. Hope

ALL SACRED PATHWAYS HONORED



Hope Interfaith Center

We inspire all in Oneness to create a better world by empowering people to recognize and honor the Divine in Self and All.

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