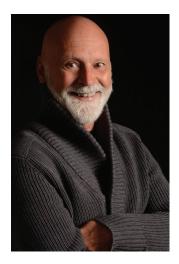
# Let's Talk About Death

International Speaker, Author, and Death Educator, Stephen Garrett, will be facilitating three workshops about Dying & Death at the Hope Interfaith Center June 8-10, 2017



Facilitator: Stephen Lloyd Garrett

#### **Costs For Workshops:**

Thursday evening by Donation Friday evening: \$49.00 Saturday: \$99.00 **Or Both Trainings: \$125.00** 

#### Location:

Hope Interfaith Center 114 Pohl Road Mankato, MN

#### **Registration Contact:**

Jody Scholtz (507) 386-1242 hopeinterfaith01@gmail.com



## **Death Café**

Thursday, June 8 7:00pm – 8:30pm

At a Death Café, people gather to discuss death with the objective 'to increase awareness of death with a view to helping people make the most of their (finite) lives'.

Note: This is a discussion group rather than a grief support group.

### Who Dies? A Graceful Death Can Be in the Power of Your Choices

Friday, June 9 7:00pm – 10:00pm

The quality and depth of our personal choices at the end of life has an impact on all the people around us whether they are family, friends, co-workers, or healthcare staff. This training is designed to support each of us in learning how to make even more powerful choices for the end of our lives based on our own unique heart's wisdom. The only power any individual truly has is the power of his or her own choice.

## We Can Die Better Being with the Dying

Saturday, June 10 9:30am – 4:30pm

What Could Dying and Death Look Like? What Are the Different Ways People Die? What Does Grief's Expression Look Like?



Explore these guiding questions in depth and learn the art form of supporting others through the transition of death. You will gain a deeper understanding of how each individual death 'demands' unique approaches in the way compassionate support to the bereaved is offered.

FOR MORE DETAILS AND REGISTRATION INFORMATION, PLEASE VISIT OUR WEBSITE AT: WWW.HOPEINTERFAITHCENTER.COM/DEATH-AND-DYING-WORKSHOPS

Hope Interfaith Center