



Hope Interfaith Center

July - September 2018

Multidimensionality and the Galactic Family Tree *By Jill Grace*

A channeled message via Jill Grace from a Collective "Team" of Higher Dimensional Galactic, Angels, Ascended Masters, Guides, and Teachers.

We see you gazing into the brilliant night sky in deep awe of the vastness of space and twinkling lights that light up your nighttime skyscape. What if we told you that your Galactic Family of Light has just as much wonderment and awe when gazing into Gaia's earthscape? Yes, we see your shining lights! From our viewpoint within your galaxy, you really are quite brilliant and magnificent! You may be wondering, why would we be enamored by the human race? In order to really answer this question, we will take a little tour through your galactic family tree and your multidimensional nature. As you may be aware, you are far vaster than the third dimensional bodies in which you currently inhabit. As a multidimensional being there are many fragmented aspects contained within the unified field of oneness.

Yes, you are far grander than a singular being who is playing out a fragment of your consciousness within this human incarnation. Your consciousness is vast and multidimensional in nature. There are many aspects of YOU residing within the star systems and within the higher dimensional frequencies, in which is often termed, the heavenly realms. This would mean that there are aspects of YOU that dwell within the higher dimensions. As a multidimensional being you have access to these higher aspects of your magnificence! These higher aspects of YOU are all wise, knowing, and connected to Source/God/Goddess. These higher aspects are often referred to as Higher Self, Oversoul, The Mighty I AM Presence, as well as many aspects that are Ascended Masters, Teachers, Spiritual Guides, Angels, and Healers.

We wish for you to know that these aspects are the Multidimensional YOU! These Higher Aspects of YOU are able to reach through the time/space continuum in order to assist you on your evolutionary path towards oneness. In fact, we would go so far as to say that the entire purpose of this earthly incarnation is to Re-Member who YOU are as a Multidimensional being! The entire ascension process is about unifying all of those multidimensional aspects of YOU back into the Divinity of God/Goddess or Prime Source Energy.

Jesus said "The kingdom of heaven is within!" No truer words could have ever been spoken! Everything is a microcosm (a part) of the macrocosm (the whole) and you are a vast universal system within your cellular structure. How can you be so VAST as a human being? We would say it is not the human framework that is so vast, as much as consciousness which inhabits your cells and human form. You see consciousness is non-local, which means that your consciousness is capable of being in many places at once, including being in the higher dimensional realms, at the same time you are here on planet earth. How is that for a mind bender?

We would go so far as to say this entire multiverse is a huge hologram in which there are many fragmented parts to the whole. What you do within the hologram affects the whole, and yet it is always connected and always ONE unified field within that hologram. You cannot separate any part of a hologram. Within each frag-

ment is the WHOLE hologram. We liken this to the old familiar saying that when a butterfly flaps its wings across the world, it has an effect on the entire universe (hologram). How could that be? How could a simple butterfly flapping its wings have an energetic imprint on the hologram? We live in a vibratory universe and what we do matters energetically to the whole universe. Yes, you are that important! Yes, you are a magnificent part of the cosmic hologram! Yes, you really do matter! Your worth is beyond precious! You really are quite impressive, you see!

The saying "as above, so below" points to the powerful relationship between you and your galactic family tree within the cosmos. The planetary and solar alignments within your galaxy have an effect on YOU because you are a part of it! Yes, there is no coincidence why full moons, solar cosmic rays, and lunar eclipses have an effect on the human body. It is an energetic alignment within the hologram and the whole multiverse effects the whole of creation!

So how do you claim your Multidimensionality? The truth is you already ARE multidimensional. You do not need to try to be. You simply need to think much more expansively about your true divine nature. The quote, "where your attention goes, your energy flows" explains that your consciousness can be anywhere, at any time. You wish to travel to that twinkling star system? No problem. You can interdimensionally travel to the stars. Why limit yourself? Whatever you can imagine, you can do! You are limitless in your potential, which is why we are in awe of you!

We see that many humans have amnesia and feel quite powerless to change their lives. The reason for this is because many humans are underutilizing their potentials, and creating by default. We see you yearning for something more. The yearning that you are feeling is your remembrance of what it is like to be multidimensional. As you look up into the stars, how many of you have wanted to go Home? It is your yearning for your remembrance of your multidimensionality that drives you on your evolutionary path back into unity consciousness. We delight in watching you gain mastery over your human emotions by releasing and healing old wounds and pains which no longer serve you. As you heal yourself, you heal not only this planetary system, but the entire multiverse!

We wish to thank the Hope Interfaith Community for your contributions of love, light, and service to humanity! The brilliance of your Beloved Temple of Light is recognized throughout many star systems. We bow to your brilliance and beauty! Shine on... Shine on... Shine on...

Jill Grace is a multidimensional mentor and spiritual teacher/channeler at HIC. She channels a Collective "Team" which consists of higher dimensional galactics, angels, ascended masters, and off planetary teachers. She and her "Team" focus on higher states of consciousness, personal and planetary ascension, vibrational frequency, as well as teaching how to channel. The time is now to step up and into your brilliance! To contact Jill Grace, email her at: jillmarie56081@yahoo.com

~Hope Interfaith Center~

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Visit us online at: www.hopeinterfaithcenter.com

www.facebook.com/hopeinterfaith

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Volunteer Coordinator: Rev. Kim Stanton

Board of Directors: Ruth Ann Rosenwinkel, Rev.

Jill Grace, Rev. Jessica Hebert, Becky Beyer, Bob

Dickhudt, Shelly Bode, Amy Oberle & Val Adams

For directions to the Center and other information, see column on the right or please visit us online at: www.HopeInterfaithCenter.com

Spiritual Services/Rituals/Ceremonies

Second Sunday of every month - 10:00 a.m.

Facilitated by Rev. Janice Hope Gorman

Interfaith Services at the Hope Interfaith Center are inclusive of different scriptural texts and mystical writings of East and West. We meditate, and sometimes chant, and also have laughter at many of our great services. After my studies of all the different text, it is clear that they are not at odds. The world's spiritual traditions have produced many mystics. In the writings and poetry, all dogma disappears while religious titles and creeds dissolve. Only the taste of the Infinite remains on their lips and speaks through their writings.

Come join us at the Hope Interfaith Center for our Spiritual Service. Stand in agreement that there is a dynamic Presence that is the life force enlivening all that there is, that longs to articulate itself through all beings equally. The doors to heaven are open to ALL!

Sunday, July 8, 10:00 a.m.

Come Celebrate LOVE

(Held outside by the Gazebo)

Sunday, August 12, 10:00 a.m.

Sunday Fun-day - Laughter & Joy!

(Held outside by the Gazebo)

Sunday, September 9, 10:00 a.m.

What's in a Name? Why people sometimes change their names

Sunday, September 23, 10:00 a.m.

Guest Speaker

~Directions to HIC~

From the West:

Highway 14 East to Highway 22 South. Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Ave. (curvy road) Turn left onto Pohl Rd. The Center is the magenta-colored building on the hill on the right.

From the East:

Highway 14 West to Highway 22 South. Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Ave. (curvy road). Turn left onto Pohl Rd. The Center is the magenta-colored building on the hill on the right.

From the North:

Highway 169 South to Highway 22 South (one block past the last stop light in St. Peter) Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Ave. (curvy road). Turn left onto Pohl Rd. The Center is the magenta-colored building on the hill on the right.

From the South:

Highway 169 North to Riverfront Drive exit. Turn right onto Riverfront Dr. (past West High School). Turn right onto Stoltzman Rd. (follow this road and signs to MSU). Turn left onto Stadium Rd. (drive up hill past MSU). Turn left onto Pohl Rd. (twin homes on corner). The Center is the last building on the corner.

~Spiritual Counseling~

Spiritual Sessions are available. Please contact the center for more information. And please remember, the Hope Interfaith Center is a non-profit spiritual center; therefore, a portion of your spiritual counseling session donations are tax deductible.

*** It's Important to RSVP ***

Please RSVP for gatherings by calling or emailing your intention to attend. It's a really nice thing to do for yourself and it helps in our planning. When you come to the center, we would ask that you remove your shoes if possible. This is not only to help keep the center clean but it is also a way of honoring the sacredness of the space. Thank you!

CHILDREN'S PROGRAM

Children's Oneness School - *On Break Until September*

Second Sunday of each month during Spiritual Service at 10:00 a.m.

There is a book called "*Grandma Knows Best, But No One Ever Listens!*" Becoming a grandmother is the ultimate happiness. Just when you've settled for being an ordinary person, you find out you're a super person because a grandchild comes along who holds that opinion. So I am going to give to you some grandmotherly advice...

"Our Oneness Sunday School ROCKS!"

Here are some tips and also a few things you may expect to see and hear if your child/ren attend Oneness Sunday School at Hope Interfaith...

1. Clear the refrigerator door to make space for drawings.
2. Enjoy the conversation with your kids when they come home and ask them what they did!
3. Watch how they come into service during communion always wanting to know what we are having for communion. (*Because it is always awesome!*)
4. Watch how comfortable they are with their teachers and watch how they look for mom and dad or grandparent or friend to see if they are watching them.

Our goal for the children, just like the adults, is to celebrate our differences and help them become the peace-makers of our world. Our Spiritual Services and our Sunday Oneness School help all of us to know how important it is to learn about how to love one another.

We have been so fortunate to have Connie Haugen coordinate the program and teach at our Sunday School. And now we have a beautiful young mom who will be guided by Connie to establish and lead a volunteer program for our community to teach Sunday Oneness School. Yup, and that beautiful young woman is my beloved daughter, Cara Gorman.



Cara has a list of people whom she will be contacting to serve one Sunday to teach the children at Oneness Sunday School. We know all of you have such great ideas. If you want to be on the list to be contacted to help out at Sunday School, please contact the center at 507-386-1242 or you can contact Cara directly at 507-340-8718.

**Currently on Summer Break!
Oneness School will resume
in September. 😊**

All creation is engulfed in the momentum of change. All are experiencing the acceleration of the wonders of a new world of ONENESS! The momentum toward recognition of our mutual Oneness with each other is here. Our children are so precious and need our leadership and guidance into that ONE-

NESS. Volunteering one Sunday out of the year would be so helpful!! What a great opportunity to share yourself and for you to receive blessings as well! We look forward to hearing from you.

Note: Sunday School is for ages 3-13. Childcare is available for the younger children as well.

"The most effective kind of education
is that a child should play amongst lovely things." -Plato

COUNSELING & HEALING SESSIONS

Appointments with Hope in 2019

Awakening our inherent love-nature can be messy and uncomfortable at times, but this is truly the way to healing. We are often unaware of when and how low-level anxiety overtakes our minds. We've accepted that it's normal to be tense, upset, reactionary, fearful, doubt-filled, and in disharmony, which leads to physical and mental illness and an unhappy unfulfilled life.

This is not our natural state! As Hope leads you into a spiritual counseling session and healing opportunity, you will be welcomed into her office to hear information that will help guide you back into your natural state of ease, grace, and flow. Perhaps you will have a moment or two in silence to feel the sacred in self and all others. She does not deny and will not make you deny what is going on around us—that people are starving; children are being hurt and forgotten; or that you even have some hard-physical complications going on inside of you. What Hope will be helping you with is knowing what is required to begin shifting these external facts, maintaining a focus on individual inner growth, awakening and change of thoughts, words, deeds and actions to self and others. In order to fully become awake to your true essence of who you are, the soul must be cultivated. In Spiritual counseling and healing, we must till the soil of our consciousness with spiritual tools and inner nutrients that enable us to fully deliver our gifts, talents, and skills to the world. Through our individual inner work, we discover that we have ample gifts to contribute to establishing an enlightened society.

After having sessions with Hope, you will find that your life will begin to shift and then you will maintain a life of purpose, joy, abundance and health. There are many theories that contain evidence on how we might deploy the science of positive emotions and thoughts and choices to create a better life. There are theories that contain evidence on receiving a calibration of energy can help the body to recover and feel more alive.

If you are looking for spiritual liberation with a message about your greatness and healing to occur in your life, I promise with an open heart, these sessions can help you! Moving into health, wealth, and love is all about attuning ourselves to the evolutionary impulse that governs the universe, which is infinite, conscious, and seeks to articulate through us.

Hope has been dedicated to doing her work for over 26 years now and wishes to help those who want to awaken to the beauty of who they are. If you are looking for practical spiritual quantum physics information and want to start working with your intuitive wisdom, activate your Spiritual remembrance of your DNA, and become mentally and physically healthy, please feel free to call. We will begin taking appointments for next year on **Tuesday, October 9th**!

I always request either a maximum of six times a year or a minimum of four times a year. We also have cancellations, if you are wanting to get in sooner, ask about our waiting list. Hope will be working on Tuesdays, Wednesdays, and Thursdays. Hope only takes those who are on a personal spiritual journey of awakening. She will continue to do body-mapping which you may inquire about with Jody her beloved assistant. Hope wants those to come to her, who want to know and be their Divine Authentic Self. You cannot be your Authentic Self without becoming intimate with your true nature, your soul.



This is our time to challenge our beliefs. The moment we stop running, our life staying small to please our society, family, friends, or bosses, our original face will start to come into focus and we will know who and what we really are as an emanation of the Universal ONE. Through this inner work, with each session with Hope, your consciousness becomes a fertile ground for conscious participation in creating better health, better relationships, better jobs, a better world. You will no longer be driven by external conditions to make your choices, but by your internal impulse of the Divine.

If you would like to make appointments with Hope, please call Jody at 507-386-1246

WOW

WOMEN OF WISDOM

Thursday, August 2, 6:30 PM

Topic: Health for the Best You

We will begin this WOW panel event by emphasizing the importance of cultivating a healthy body temple, which in turn supplies the vibrant energy required for the body's cells to replicate so that individuals may function at their creative peak. When we are healthy, we have a greater chance of being conduits for what is seeking to emerge at this particular stage of our planet's evolution.

The livelihood in which we engage to support our lives and the spiritual practices we incorporate into our daily routine are for the same purpose: to experience the flourishing life we are meant to live. This WOW event will be filled with wonderful information for those women and men who are struggling with health issues such as cancer, fibromyalgia, rheumatoid arthritis, fatigue, weight issues, skin rashes and depression and so many other ill effects that may be going on in their body. If you know of anyone who is struggling with any of these issues or other health issues, please feel free to invite them to come with their notebooks to receive valuable information. If you are wanting additional information to stay motivated to stay healthy yourself, please come and learn more.

I recently hosted a group at the Hope Interfaith Center named Grit. Grit is a determination to move beyond while staying resilient during issues of health, grief, and loss. This WOW event is dedicated to helping everyone stay healthy during this time of great shift.

Come join me as we listen to dedicated women who are working in the field of health. Please RSVP by calling the Hope Interfaith Center at (507) 386-1242 or RSVP via email at hopeinterfaith01@gmail.com.

A love donation is always appreciated but no one is turned away. All donations are earmarked for women who come to our center in need of help as well as for supplies for our declared Sanctuary for undocumented immigrants. A suggested donation of \$15.00 or less.

Women of Wisdom Panelists - "Health for the Best You!"

Julie Dickhudt- Isagenix Health Coach, Motivational Speaker, Yoga Instructor, and Teacher.

Charlotte E. Gallagher, LIC- Well-Known Acupuncturist, a Vegetarian and Lover of Animals.

Kristi Schuk- Owner of WYSIWYG Juice Co. in Mankato, a Motivational Speaker on Health.

Kristin Cronn-Mills, PhD- Instructor at South Central College, and a Local Publicist Author and Award Winning Writer.

These women have all been through major changes and have sustained losses of their loved ones, health issues and personal pain just like we have. I have traveled on International Expeditions with some of these women and they have shared stories of their paths with me and or I have known them during their losses. In every single one of those situations, I have always experienced the integrity of their lives being lived out. "Grit" is in the word Integrity and just as I have encountered that in them, so will you, during this wonderful event!

Women and Men please attend to become more aware of what you can do
to create the Best Healthy YOU!

GATHERINGS & OPPORTUNITIES

Relationship Group

*Thursday, September 6 and November 15
6:30- 9:00pm [Free]*

This group meets once per quarter. These are the last two dates for this year. Back in March, we gathered to do the "Four Agreements" and how they work within our relationship. In May, we discovered our love language working with the DVD called "The Five Love Languages." Now as we gather in September, our topic will be, "Sometimes love is a Decision." Where we invest our energy is a result of choice. The energy investment choices we make are either conscious or unconscious. Either way, where we direct the energy of our thoughts and emotions gives rise to our experiences.

We will be discussing the topic of making the decision to Love. When we do this, a shapeshifting occurs. We can either be unconscious shapeshifters or conscious shapeshifters. Here is an example of an ordinary everyday activity of shapeshifting a relationship. Your husband is home and is happy and ready to take you on a hot date. He meets you at the door with a grin on his face and you meet him with a comment like: "What are you so happy for? I had a terrible, crappy day." You have just reshaped an opportunity to love and light. Now this is a conscious way of investing your energy to experiencing a better outcome. Your husband is home and is happy and ready to take you on a hot date. He meets you at the door with a grin on his face and you meet him with a comment. "Wow what a great smile. I had a hard day and just seeing you has made me feel better already."

Choices! Have you ever heard the words, "It exists because you give it energy?" There are responses that drain energy and responses that can come from a choice of LOVE, that give energy. Now there's nothing wrong with informing someone about what ails you, but it's the state of consciousness in which you do so that makes all the difference. If you are unconscious, then you don't take self-responsibility, and all that's left is for you to is to play the victim and complain to anyone who has the patience to listen. In contrast, when you are conscious, you are aware of how the laws of the universe works. This positions you to take self-responsibility and be a much better creator. Come join us in September to learn how to make the decision to love.



On November 15th the topic is "Showing Acts of Kindness."

As always, all couples are welcome to come. You do not need to be married. If you are dating, if you are a beautiful couple of the same sex, if you are thinking about divorce but still together, whatever the case may be, this is an easy-going group that is fun and positive minded. It is not a support group, but a group that is dedicated to becoming a better partner. Please if you have any questions, call Jody at the Hope Interfaith Center at 507-386-1242.

Providence Partners

Meets once per month at 7:00pm

Do you want to find a way to connect with others who are interested in being financially wise? This is a financial investment group that comes together to make good conscious investments, and investing as a group.

We welcome new investors to join the group. For more information, you are welcome to come to a meeting to learn more. Please contact Paul Gorman at (507) 420-0138 to confirm meeting dates and locations.

ONENESS Blessing Circle

*Wednesdays - 5:30pm
Facilitated by ONENESS Blessers*

Please join us, and invite others, for ONE-NESS Blessings! The ONENESS Blessings are based in the practice of Deeksha. In its simplest definition, as described by our Beloved Teachers, Deeksha is the practice of "getting one's self out of the way" so that Divine Light and Love can be channeled through us and given as a Blessing to others. Our ONENESS Blessing Givers are excited to give and to receive ONENESS Blessings.



GATHERINGS & OPPORTUNITIES

Kundalini Yoga

Mondays - 9:00-10:15am

Wednesdays - 6:15-7:30pm

Refer to the Calendar for Exact Dates

Facilitated by Rev. Marcia Nermoe

Class Fee: \$10

Kundalini Yoga is a 5,000 year old system of yogic exercises and meditation that is designed to give you a "hands on" experience of your highest consciousness. Spend some time living in your higher self through movement, breathwork, mantra, and meditation. Experience the transformative power of Kundalini Yoga as taught by Yogi Bhajan.



ACOA Support Meetings (Adult Children of Alcoholics)

Resuming in August: Every Thursday-6:00pm

Facilitator: Bob Dickhudt BS, LADC

Goodwill offering welcomed at each meeting

All are welcome to attend!

Adult Children of Alcoholics - The term "adult child" is used to describe adults who grew up in alcoholic or dysfunctional homes and who exhibit identifiable traits. The group also includes adults raised in homes without the presence of alcohol or drugs.

By attending meetings regularly and by sharing our lives, we gradually change our thinking and behavior, we also find a Higher Power experience, and astonishing improvement in body, mind, and spirit.

ACOA is a nationally-known program. If you have any questions about the program, please give Bob a call at (507) 779-6971.

**ACOA Group will resume
meeting every week
beginning August 2**

Connecting to Your Higher Self: The Art of Channeling for Higher Guidance

Saturday, September 22, 1:00pm – 4:45pm

Facilitator: Rev. Jill Grace

Spiritual Teacher/Channel

What if you could ask your Higher Self a question and access your own Divine Wisdom and guidance to steer your life? Is it possible for everyone to be able to channel and connect? It is not only possible to communicate with your Higher Self, it is easier than you may think to receive higher guidance from within. In this exciting workshop, we will demystify the art of channeling and connecting to our Higher Support Teams, which include our Higher Self (I am Presence), Angels, Spiritual Guides and Ascended Masters. As an incarnate Divine spark of God, we are connected to All that Is and it is our divine birthright to be able to connect and access this divine wisdom ourselves!

We will discuss and explore a variety of subjects including: the many ways in which we can connect to our higher self-wisdom and guides, how to access this connection easily through meditation, and the important role vibrational frequency and prayers/invocations play in this process. This workshop will be an individual inner experience, as each individual may receive guidance in different ways. We will explore a variety of ways to connect to that infinite pool of divine wisdom that is available to us all!!

WHAT TO BRING: Journal, pen, and crystals if you have them (not necessary). Also bring a pillow to sit on, if you desire.

RSVP via email to:

jillmarie56081@yahoo.com or you can let Jody know at the Center and she will add you to the list for the class!!

***Please note, this is the same class that was offered in April. I am repeating this class for those who were not able to attend on that date. Thank you.*

Class Fee: \$30

Hope to see you there!
Rev. Jill Grace



GATHERINGS & OPPORTUNITIES

We are no longer waiting
to live our best lives, the
time is now!

*Facilitators: Jinelle Anelea and Amy Oberle
Thursday, July 19, 6:30pm - 8:30pm*



Join us for a Powerful and
Inspirational evening!

We will teach you how to find your power and hold it at a high vibration. We will integrate and learn how to live our power every day. We will be doing exercises and meditations to help ourselves grow into our new life.

This class will be life changing and it has already helped many!

Get your tickets now here:
<https://callingthepowerwithin2.eventbrite.com>

Early bird and general admission tickets available.

We can't wait to see you there!

XO

Amy and Jinelle

Pound Pro Class

Six-week class, beginning Tuesday, July 10
5:45pm - 6:30pm
\$8 love donation - punch cards also available

Laurie Thorstad is a certified *Pound Pro Teacher*, she will be teaching this class thru the Summer months. Walk in's are welcome!

The *Pound class* uses weighted drumsticks to help you sweat your way to a rock-hard body. Let's be honest--when a *workout* isn't fun, it's hard to stick with it.

CHANNEL YOUR INNER ROCKSTAR WITH THIS FULL BODY CARDIO-JAM SESSION INSPIRED BY THE INFECTIOUS, ENERGIZING, AND SWEAT-DRIPPING FUN OF PLAYING THE DRUMS .

Bring a friend and come join us!

Pickin' in the GAZEBO Free Family Fun for all ages!

Facilitated by: Bob and Friends
Meeting place: Hope Interfaith Gazebo

The 3rd Friday of each month
July 20, August 24, September 21
6:00pm - 7:30pm

Bring your lawn chair and sit a spell. Come play or just listen to a little gospel, old time country, and perhaps original tunes and sing along songs. Professional and amateurs are invited to bring instruments and spend a couple of hours "Jamming", Pickin' and Playin'. It will start around 6:00 p.m. and go until around 7:30 or 8:00 p.m. Come for some of it or for all of it. If you like to bring your supper, please do, or order pizza to be delivered to the lawn at HIC.

This is an easy going jam where all are made to feel welcome and encouraged to participate. It will be an open community jam for all acoustic instruments such as guitar, mandolin, banjo, Dobro, fiddle and or bass.

Turn off the TV and let go of all the have-to's and/or should's and come and enjoy some honest, healthy, family fun! All ages welcome.

SERVING THE SALVATION ARMY

Sunday Noon Meal at the Mankato Salvation Army Sunday, July 29, 9:30am-1:30pm

We are asking for you **Cash Donations** for purchasing the food items and **Volunteers are NEEDED** for food preparation as well as serving! Please sign up by Tuesday, July 10th.

The Sunday Noon Meal serves a healthy full meal to those in our area who are in need of nourishment and fellowship. It is served every Sunday and uses the Salvation Army site as its base facility. Currently more than 120 guests are served each Sunday. Hope Interfaith Center has agreed to provide and serve once during each year.

Serving the Sunday Noon Meal involves the following:

NEW AGENDA! PLEASE READ!

Due to new guidelines by the Salvation Army, we will be preparing and cooking at the facility for this meal. The menu will be pre-planned and HIC will purchase all the items, which will help us with the new process. We plan to purchase the food according to the pre-planned menu, but most importantly we need helpers at the Salvation Army to make this happen! What an opportunity to be in community! Please contact Jody at (507) 386-1242 if you can help us out.

WEDDINGS DESIGNED BY/WITH HOPE

One of my first passions is to help couples design weddings, celebrations of life, and baptisms. More and more couples today say they want a spiritual, but not religious, wedding ceremony. They are wanting to create a ceremony that reflects their deepest values and beliefs of honoring each other as well as the inclusion of the greater community. Last year, one in three American weddings were officiated by a friend, a family member, or an Interfaith Minister. A standard wedding doesn't suit everyone and for those who want to make their special day more personal and have a ceremony tailored to reflect their own spirituality, it takes a little extra planning to achieve it. The greatest artistic heartfelt achievement is how we enter into the sacred vows of marriage. We are all meant to live on the creative edge of self-discovery and self-reflection as well as self-expression. When we don't live by this mandate, we abandon our inner essence of creativity with meaning.

If you are looking for an officiant who will help you enter into the biggest moment of your life more mindfully than most, I would love to help you in this process. I continue to raise my vibration while helping people walk into marriage with an inner integrity. I keep raising my vibration through a routine of daily meditation, affirmative prayer, introspection, and spiritual study. I will help you maintain your vibration by seeing you at least three times before your wedding date to pray and prepare a ceremony that is intentional and infused with love and light. I do this privately outside of the Hope Interfaith Center as well. If you or anyone you know would like to discuss how to create a wedding ceremony, baptism, or celebration of life that is infused with love, please call me at the temple and we will begin to set up the date to talk about dates, fees, and design. I walk in gratitude for all the blessings that are present in my life and especially for the capacity to love and to develop ceremonies that are mindful and will also nourish all who come. If I am unable to do the date that you would like, we have other fantastic Interfaith Minister's that I can introduce you to that would love the opportunity to serve. The number to call is (507) 386-1242.

Testimonial:

Dear Janice,

How do I even say thank you for how amazing you helped make our wedding!? It was such a special day—especially our ceremony in a huge part thanks to you! Thank you for creating such a beautiful energetic space for us to commit to each other for our friends & family to share in. Having you and Paul there was so special. You are such a huge part of me, it wouldn't have been so perfect without you!

We love you!

Jess & Burge

WORKSHOP WITH SPIRITUAL TEACHER SELINA MAITREYA

Become the Abundance You Seek

Facilitated by: Selina Maitreya

5 monthly teachings for HIC's Community
2nd Thursday of each month, 7:00pm-9:00pm
Love Donation: \$15 each Teaching

Each evening will start with a brief teaching and go directly into experiential practices, and end with a group discussion and Q&A.

JUNE 14th - "Heal Your Relationships"

When Relationships are not going well, we often blame others. In placing blame, we lose the opportunity to see our opportunity for growth.

There is nothing of greater importance in our life than our relationships. There is also nothing more charged with emotion and personal history. Our relationships are always a work in progress and we are, too. Whether you seek to mend family ties, friendships, business alliances, or your relationship with you...there is a spiritual solution. Join us and learn how to respond to individual, emotionally-fueled situations with a specific manifestation of Love.

Selina will share a teaching directed from spirit and then we will go through a very powerful cording practice, and we end the evening with a new meditation designed to heal your relationships, which you can use over and over again.

All participants will receive an MP3 with this practice after the event.

JULY 12th - "Experience Loss Through Joy"

As we live our lives it's inevitable that we will experience loss. Whether it's a job you enjoyed, or a person that you deeply loved, loss will find you. When we are young we are trained to grieve loss, to sit inside of it, until we are ready to move forward. But often we become so stuck inside of the loss that moving forward doesn't seem possible.

In January 2017 Spirit downloaded a teaching to me and told me that we are to experience loss through joy. When I asked them how we could experience the loss of good health, or the loss of a beloved through joy they shared a teaching and practice with me that is monumental.

Whether you are experiencing poor health, the loss of a beloved, or a relationship, or perhaps you've lost your job recently, please join us and learn how to experience loss through the energy of joy.

Experiencing any loss through joy allows you to respond to tragedy and difficulty with a manifestation of love our true state.

During this evening session you will receive a teaching and an experiential practice that will give you the opportunity to experience your loss through joy.

All participants will receive an MP3 with the practice after the event.

Become the Abundance You Seek cont. on next page...

WORKSHOP WITH SPIRITUAL TEACHER SELINA MAITREYA

Become the Abundance You Seek cont...

AUGUST 9th - "Leave Your Stories Behind"

When we experience pain, it's part of our human existence to create a story around the event. Often that story is told over and over, sharing with others the pain we experienced. For many repeating their stories, seeking sympathy, is a roadway to healing. But for those of us that work with energy, we know that repeating a story about the pain we've experienced truly doesn't serve, as storytelling creates more of the frequency we never wanted in the first place.

Join Selina as she shares a teaching and practices that we can use to leave our stories behind.

All participants will receive an MP3 with the practice after the event.

SEPTEMBER 13th - "Open To Receive"

You may be the world's biggest giver but do you allow others and the universal forces to be of service to you?

If you give, give, give but are not in receivership, you block the natural order of flow.

Join Selina and receive practices and exercises that you can use to help you open to receive, from others, and from the Universe long after our session is over.

Selina will follow the teaching with an email to each student that contains a special gift: a link to access her online, 60-minute transformational Master Class, *Become The Abundance You Seek*, for FREE.

OCTOBER 11th - "Namaste and Send Them On Their Way"

As you walk the path seeking higher consciousness, working hard to use your daily events as transformational tools, you may begin to recognize that there are people in your life you no longer choose to be around. Sometimes those people are opportunities for you to go to compassion and understanding and tolerance. Sometimes those relationships simply need to be released.

How do you know which relationships are there for your growth?
How do you kindly and lovingly release relationships that no longer serve?

Join Selina as she shares a teaching and a practice that you can use immediately.

All participants will receive an MP3 with the practice after the event.

About Selina Maitreya

Selina Maitreya is an internationally celebrated lecturer, author and teacher of Practical Spirituality. Practical Spirituality is a transformational teaching that utilizes one's daily life as the practice pad for increased consciousness and connection to higher wisdom. Students of Practical Spirituality learn how to identify and access their highest wisdom 24/7 living lives that are based in true abundance and peace.

Website: www.PracticalSpiritualityWithSelina.com
Facebook: www.Facebook.com/PracticalSpiritualityWithSelina



STAR GATHERING

A keynote experience helping our planet navigate to peace by moving into Oneness.

Saturday & Sunday, June 23-24, 2018

Hope Interfaith Center

114 Pohl Road, Mankato, MN 56001

We welcome all of our brothers and sisters, to collectively create critical mass of consciousness through intention, that helps our planet navigate to peace, by disrupting the illusion of separation and to move into Oneness.

This keynote experience features six teachers dedicated to helping Gaia. Our master of ceremonies, Rev. Kari Chapman will lead us in grounding, anchoring a city of light, and a closing ceremony. We will also receive much needed, helpful, planetary and galactic information from David Barnett, Shirley Bolstok, Caroline Oceana Ryan, Garrett Duncan and Christine Day. Sunday afternoon they will all come together as a panel to tell more about themselves, and field our questions.

SCHEDULE:

Saturday, June 23

8:30am - Doors Open and Check-in
 9:00am - Welcome & Grounding Ceremony
 9:30am - Dave the Mystic
 11:00am - Break
 11:30am - Shirley Bolstok
 1:00pm - Lunch
 2:00pm - Caroline Oceana Ryan
 4:00pm - Break
 4:30pm - Rev. Kari Chapman
 6:00pm - Break
 6:15pm - City of Light, Rev. Chapman



Rev. Kari Chapman



David Barnett



Shirley Bolstok

Sunday, June 24

8:30am - Doors Open and Check-in
 9:00am - Welcome & Grounding Ceremony
 9:30am - Garrett Duncan
 11:00am - Break
 11:30am - Christine Day
 1:30pm - Lunch
 2:30pm - Panel
 4:45pm - Break
 5:00pm - Closing Ceremony



Caroline Oceana Ryan



Garrett Duncan



Christine Day

More details about this event including a special video invitation from Hope are on the HIC website at:

<http://www.hopeinterfaithcenter.com/star-gathering/>

PURE HOPE SHOW

The Pure Hope Radio Show Podcast

The last Tuesday of every month at 7:00pm



Please read about our POPULAR "PURE HOPE SHOW" on Blog Talk Radio! Listen to the show live on the last Tuesday of each month at 7:00 p.m. central.

40 million people listen to Blog Talk Radio. Blog talk radio has flown under the radar, but has grown significantly since its launch in 2006. It was created to give people an opportunity to hear information that is not on broadcast T.V., as the news and information is controlled by those who want to keep us ignorant of important information.

Currently, there are 15,000 radio hosts registered on Blog Talk Radio, and the Pure Hope Show is one of them. We have been registered and on the air for over five years. The most popular topics in Spirituality podcast include psychic, love, healing, spirituality, spirit, star beings and communication, membership angels, tarot, empowerment, astrology and empowerment. Our "Pure Hope Show" has this and even more.

Living in the ZONE of inspiration is what we provide every month to those who want to move out of being mind controlled by main stream media. The ZONE of Inspiration is an energy that everyone can partake in to remember who they are and to remember how much power lies in the ability a person has to change their life. The ZONE is the mystic's raptures of divine love and helps you release false inhibitions. Listening to a human voice that is awakened, can break open the heart and transport a person to a realm of awe. You can then feel a surge of life energy that rushes through you and inspires you to tap into your own creativity. Within each of us is an inner urge to self-expression, which is vital to bring forth at this time.

Each of us at this time is a co-creative agent with Spirit. Acceptance of our creative nature is the key to the inner vault of riches beyond our wildest imagination. One of the Keys to unlock the door to your beauty and your beloved remembrance of your magnificence can happen to you just by listening to our broadcast every month.

We have made it very simple to get on our program. Please go to our web-site and google "Pure Hope Show" and you will find how to tune in to these programs. All of the programs are archived for your convenience as well. Our "Pure Hope Show" is a monthly audio podcast show. Please join Rev. Janice Hope Gorman and her many inspiring quests as they bring new and out-of-the-box spiritual insights designed to enhance your spiritual journey and well-being.

Hope is a highly sought after spiritual teacher who engages locally with world renowned leaders in meaningful conversations to create conscious and intentional change.

Listen to the show live on the last Tuesday of each month at 7:00pm central.

Join the conversation by calling, 213-559-2974. If you have a question, press the number one. Tom, our program director, will put you on the air with us.



MESSAGE FROM HOPE!

BLOOM WHERE YOU ARE ROOTED! BEGIN RIGHT WHERE YOU ARE!

All major spiritual Light workers and spiritual warriors and those of the beloved community who are always looking for your gifts and for your purpose. Please begin right where you are and bloom this Summer. Release the vibration of love wherever you go-in line when you are checking out at the grocery store, on airplanes when traveling across the nation or world, on the freeway, at the gym, in your workplace, on picnics this Summer, when having coffee with a friend, any place you are at and anything of what you are doing your purpose is to LOVE.

With increasing commitment and devotion let us stop looking for a purpose but just be it. Let us wrap our awareness around the preciousness of all human life and devote our energies to realizing our oneness with our brothers and sisters on the planet. We are so powerful all of the time and you are all walking with the Infinite, the Powerful and the Presence within all that exist. Knowing this and holding this awareness enables you to move through society as a transformational agent who dares to stand in spiritual integrity announcing the truth that love is the Universal Law of Life.

Let us not wait to find our purpose. Let us not wait to use our gifts and skills and talents. Dr. Martin Luther King, Dalai Lama, Nelson Mandela, Dolores Huerta, Susan B. Anthony and you and I are emissaries of peace. We are all ordinary people who have the ability to do extraordinary things. Our greatest spiritual gift and or skill or purpose is to LOVE! "Love one another like I have Loved You!" said Jesus to us, when speaking of our purpose.

Your life is as significant as the greatest bringing of Peace. You are cherished by the Spirit as any Avatar, Master, or Saint who ever walked the planet. When you speak and act from a spiritual consciousness, you have joined within the line of all of the great ones. You have joined the revolution of values and serve as a beneficial presence on this planet. As a change agent and transformation agent upon this planet you no longer furthering the goals of the little self; you recognize the ONE LIFE that walks through all feet. It is in doing all of this that your life takes on a depth of purpose. The energy you invest in this transformation will yield rich returns. Come join me as a rebel of LOVE and Inclusiveness at HIC and all of our events this Summer. We will rebel together against the hypocrisy in humankind's economic social, governmental, educational, familial, and religious life structures that are not expressing LOVE and JUSTICE for all!

Together through Spiritual Service, classes, meditation, music out in the Gazebo on Friday nights and other events and happenings we are here to dare to stand in spiritual integrity, announcing the truth that love is the answer.

Happy Summer!
Hope

THANKS!

Thank you to those who...

I want to acknowledge all those who support the mission of the Hope Interfaith Center. Your small donations, from gifts for the auction to small and large donations to keep our center running. We will always be eternally grateful. Thank you Nan Wilhelmson for the cards to continue my spiritual practice of card showers and of course for your generous gifts that you give to us. Sherri DeJong for your generous prayers for our success and your generous gifts to HIC. To Marcie Wesley who pops in every once in a while to give Jody and I flowers. To Connie Haugen for your endless unconditional dedication to our Children Oneness Sunday School for two years. To all of my board of trustees, who has so selflessly given of your gifts, talents, and skills. Brian Robertson who brought electricity to our sign outside so we could have light shine in the dark. To Cam and his brother who have done a great job of keeping our parking lot cleared and sidewalks shoveled. David Scholtz for putting together our new podium and hanging our beautiful Oneness symbol. To my husband Paul who has been a dedicated partner helping me to bring my teachings to the world. To Christopher Emmanuel for coming from Canada to do a men workshop and to help bring light to our temple. And to all the women who have ever been on our WOW panels. And of course for those of you who always help put away the chairs and set up the chairs and do the little things that sometimes get un-noticed. I notice and I thank you all.

For those members who keep showing up and giving me hugs at the beginning of service and at the end of service I love you. HIC has a wonderful community and I thank you all!

Namaste', Hope

CALENDAR**≡CALENDAR OF EVENTS≡****July**

2,9,16,23,30 Kundalini Yoga 9:00am
 8 Spiritual Service 10:00am
 10, 17, 24, 31 Pound Pro Class 5:45pm
 11, 18, 25 Oneness Blessings 5:30pm
 11,18, 25 Kundalini Yoga 6:15pm
 12 Become the Abundance You Seek 7:00pm
 19 Calling the Power Within 6:30-8:30pm
 20 Pickin' In the Gazebo 6:00-7:30pm
 29 Salvation Army Noon Meal
 31 Pure Hope Show-Blog Talk Radio 7:00pm

August

1,8,15,22,29 Oneness Blessings 5:30pm
 1,8,15,22,29 Kundalini Yoga 6:15pm
 2 WOW Event 6:30pm
 2,9,16,23,30 ACOA Support Group 6:00pm
 6,13,20,27 Kundalini Yoga 9:00am
 7, 14 Pound Pro Class 5:45 PM to 6:30pm
 9 Become the Abundance You Seek 7:00pm
 12 Spiritual Service 10:00am
 24 Pickin' In the Gazebo 6:00-7:30pm
 28 Pure Hope Show - Blog Talk Radio 7:00pm

September

5,12,19,26 Oneness Blessings 5:30pm
 6 Relationship Group 6:30pm
 6,13,20,27 ACOA Support Group 6:00pm
 9 Spiritual Service 10:00am
 9 Sunday Oneness School 10:00am
 13 Become the Abundance You Seek 7:00pm
 21 Pickin' In the Gazebo 6:00 PM to 7:30pm
 22 Connect to your Higher Self 1:00-4:45pm
 23 Spiritual Service 10:00am
 (addt'l quarterly Spiritual Service)
 25 Pure Hope Show- Blog Talk Radio 7:00pm

Please RSVP for gatherings by calling HIC at (507) 386-1242 or emailing your intention to attend to hopeinterfaith01@gmail.com.

It's a really nice thing to do for yourself and it helps in our planning. Thank you!

Join Us!

ESSENTIAL OILS**≡ESSENTIAL OILS AT HIC≡**

**Hope Interfaith Center is
 a Plant Therapy
 Essential Oil Reseller!**

WHEN YOU ORDER PLANT THERAPY
 ESSENTIAL OILS THROUGH HOPE INTERFAITH
 CENTER, THE CENTER RECEIVES
 A PORTION OF THE SALE!

Plant Therapy is based in Twin Falls, Idaho. "Plant Therapy's standards of quality are some of the strictest in the industry" and they do everything possible to ensure their oils are "100% pure, natural, AND of the highest quality...Plant Therapy works directly with world renowned essential oil expert, Robert Tisserand, and several analytical laboratories."

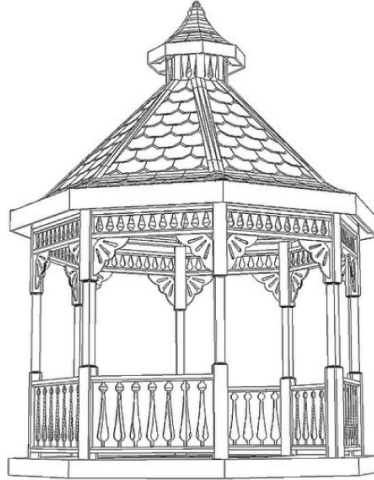
If you love dōTERRA or Young Living oils, check out Plant Therapy's synergy blend comparison chart, which lists the other company's blends that are similar to Plant Therapy. You can find the comparison chart online here: <https://goo.gl/qJQaxP> or you can pick up a copy at HIC.

For more information about Plant Therapy, visit their website at www.PlantTherapy.com. To place an order, call HIC at (507) 386-1242. *There are a few oils available to sample at the Center.*

**THANK YOU IN ADVANCE
 FOR SUPPORTING HIC!**



ALL SACRED PATHWAYS HONORED



HOPE INTERFAITH CENTER *A CENTER FOR SPIRITUAL LIVING*

We Inspire All in Oneness to Create a Better
World by Empowering People to Recognize
and Honor the Divine in Self and All.

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