



# Hope Interfaith Center

October-December 2018

## Fall Surrender and Gratitude by Jinelle and Amy

Take a moment to acknowledge that you are not the same person as you were when you entered Summer. You have gained new knowledge, you have evolved, you have transformed into a new being of light. Your entire body is different, and so is your soul.

Fall is the time to integrate and be grateful that we are different and ready for new callings! It is a season for saying yes to life! Are you feeling called to a new purpose? To heal old wounds? To give thanks to Gaia, Mother Earth? Maybe it's time to forgive yourself and kick out old beliefs?

As the leaves fall from the trees, they do not resist, they surrender to their next step. When their time is called, they gently release from the tree and float gracefully to the ground. They know that their purpose was fulfilled yet another season. It is truly magnificent.

Visualize yourself shifting into a higher vibration. We all know the want to grow, to reach a goal, to take the next step yet many of us feel we cannot move forward because we are so filled with fear and doubt that it can stop us. When we feel that fear we know we are on the right track because it is bringing us out of our comfort zone. Fall is the season to release that resistance.

We grow when we are out of our comfort zone. It feels so good to be in but when we take a step out of it and then take leaps out of it feels incredible, because growing feels incredible.

Our purpose is not inside of our cozy comfortable bubble, it is out in the world, it is using our voices and our resources and taking action. It is being part of a loving community that is stronger with each other.

We are letting go of our old selves and moving into our new beings. It is being grateful for what is and what is yet to come.

Take a moment and see what that looks like for you.

When the leaves surrender to their purpose, when they are so comfortable on the tree and so full and luscious they know that is not where they stop, they know they have a lot of life left and a lot more to give to this world.

Then they change. Within that change they are even more beautiful than they were before. Just think of how you can change and grow, how much more you have to give in life, and how much more beautiful your life can become.

The world is ready for you to change, for you to grow, for you to fully be in control of your life. Do not wait until you are ready, until it is "time". The time is now to surrender. The time is now to run and leap and take chances.

We watched our beautiful mom release to the Divine, she knew it was time. She could no longer fight her destiny to transition out of this world and into heaven. As we watched her transition we witnessed the most beautiful miracle; then we became scared of what was to come next. As time passed and we grieved and healed, we gained so much from her life, wisdom and love. We see in our dreams how beautiful she is, how strong she is.

Even though we thought we could never go on, we did, we surrendered. What our life is now is so beautiful because we choose to be strong and brave. We don't let fear hold us back from taking chances. We have seen how special and limited our time on this earth is and we are making the most of it, and we hope you will too!

Whether it is going out of your way to help someone, or helping yourself. Starting a blog, teach (or take) a class, living your passion. Know that you are good enough to do anything you want in this life. If no one has given you permission, this is us saying YES to you! YES YOU CAN!

May you be blessed with Joy and Miracles!

Jinelle and Amy

## ~Hope Interfaith Center~

114 Pohl Road, Mankato, MN 56001  
 Phone: (507) 386-1242  
 Email: hopeinterfaith01@gmail.com  
 Visit us online at: www.hopeinterfaithcenter.com  
 www.facebook.com/hopeinterfaith

Executive Director: Rev. Janice Hope Gorman  
 Office Manager: Rev. Jody Scholtz  
 Bookkeeper/Outreach Coordinator: Amy Oberle  
 Fellowship Minister: Rev. Jo Gangestad  
 Volunteer Coordinator: Rev. Kim Stanton  
 Board of Directors: Ruth Ann Rosenwinkel, Rev. Jill Grace, Rev. Jessica Hebert, Bob Dickhudt, Shelly Bode, Lynette Ayers & Val Adams

For directions to the Center and other information, see column on the right or please visit us online at: www.HopeInterfaithCenter.com

**Spiritual Services/Rituals/Ceremonies**

*Second Sunday of every month - 10:00 a.m.  
 Facilitated by Rev. Janice Hope Gorman*

Interfaith Services at the Hope Interfaith Center are inclusive of different scriptural text and mystic writings of East and West. We meditate, and sometimes chant, and also have laughter at many of our great services. After my studies of all the different text, it is clear that they are not at odds. The world's spiritual traditions have produced many mystics. In the writings and poetry, all dogma disappears while religious titles and creeds dissolve. Only the taste of Infinite remains on their lips and speaks through their writings.

Come join us at the Hope Interfaith Center for our Spiritual Service. Stand together in agreement that there is a dynamic Presence that is the life force enlivening all that there is, that longs to articulate itself through all beings equally. The doors to heaven are open to ALL!

Come and join us and find a new way of worshipping that is honoring us all as ONE FAMILY!

**Sunday, October 14, 10:00 a.m.**

\*Honor St. Francis of Assisi- Animals Welcome!\*

**Sunday, November 11, 10:00 a.m.**

\*Sound bath and entering into a Pathway! Bring your Crystal bowls or your Tibetan bells or Tibetan bowls and lets do a communal sound bath!\*

**Sunday, December 9th, 10:00 a.m.**

\*It is in the Giving that we Receive\* The Giving Tree. Bring a wrapped gift for the Communal giving tree!

## ~Directions to HIC~

**From the West:**

Highway 14 East to Highway 22 South. Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Ave. (curvy road) Turn left onto Pohl Rd. The Center is the magenta-colored building on the hill on the right.

**From the East:**

Highway 14 West to Highway 22 South. Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Ave. (curvy road). Turn left onto Pohl Rd. The Center is the magenta-colored building on the hill on the right.

**From the North:**

Highway 169 South to Highway 22 South (one block past the last stop light in St. Peter) Turn right on Hoffman Rd. (past East High School, cross Victory Dr.) Hoffman Road becomes Glenwood Ave. (curvy road). Turn left onto Pohl Rd. The Center is the magenta-colored building on the hill on the right.

**From the South:**

Highway 169 North to Riverfront Drive exit. Turn right onto Riverfront Dr. (past West High School). Turn right onto Stoltzman Rd. (follow this road and signs to MSU). Turn left onto Stadium Rd. (drive up hill past MSU). Turn left onto Pohl Rd. (twin homes on corner). The Center is the last building on the corner.

## ~Spiritual Counseling~

Spiritual Sessions are available. Please contact the center for more information. And please remember, the Hope Interfaith Center is a non-profit spiritual center; therefore, a portion of your spiritual counseling session donations are tax deductible.

**\*\*\* It's Important to RSVP \*\*\***

Please RSVP for gatherings by calling or emailing your intention to attend. It's a really nice thing to do for yourself and it helps in our planning. When you come to the center, we would ask that you remove your shoes if possible. This is not only to help keep the center clean but it is also a way of honoring the sacredness of the space. Thank you!

## CHILDREN'S PROGRAM

### Children's Events at Our Oneness School

*Second Sunday of each month during Spiritual Service at 10:00 a.m.*

There is a book called "*Grandma Knows Best, But No One Ever Listens!*" Becoming a grandmother is the ultimate happiness. Just when you've settled for being an ordinary person, you find out you're a super person because a grandchild comes along who holds that opinion. So I am going to give to you some grandmotherly advice...

## “Our Oneness Sunday School ROCKS!”

Here are some tips and also a few things you may expect to see and hear if your child/ren attend Oneness Sunday School at Hope Interfaith...

1. Clear the refrigerator door to make space for drawings.
2. Enjoy the conversation with your kids when they come home and ask them what they did!
3. Watch how they come into service during communion always wanting to know what we are having for communion. *(Because it is always awesome!)*
4. Watch how comfortable they are with their teachers and watch how they look for mom and dad or grandparent or friend to see if they are watching them.

Our goal for the children just like the adults, which is to celebrate our differences and help them become the peacemakers of our world. Our Spiritual Services and our Sunday Oneness School help all of us know how important it is to learn about how to love one another.

Cara has a list of people whom she will be contacting to serve one Sunday to teach the children at Oneness Sunday School. We know all of you have such great ideas. If you want to be on the list to be contacted to help out at Sunday School, please contact the center at 507-386-1242 or you can contact Cara directly at 507-340-8718.

All creation is engulfed in the momentum of change. All are experiencing the acceleration of the wonders of a new world of ONENESS! The momentum toward recognition of our mutual Oneness with each other is here. Our children are so precious and need our leadership and guidance into that ONENESS.



Volunteering one Sunday out of the year would be so helpful!! What a great opportunity to share yourself and for you to receive blessings as well! We look forward to hearing from you.

Note: Sunday School is for ages 3-13. Childcare is available for the younger children as well.

“The most effective kind of education  
Is that a child should play amongst lovely things.” -Plato

## COUNSELING & HEALING SESSIONS

### Spiritual Counseling and Healings for 2019

High levels of gratitude are moving through my veins as I write this to all of you. Having had the huge privilege of allowing four exceptional souls to incarnate through me, I can affirm in all humility that it is thanks to my four children and six grandchildren that I have become who I am today. This, my friends, is also true of all of you from the Hope Interfaith family. Your continued presence at the center has been one of the greatest things that has ever happened to me. You have opened up to many high-level entities and ascended masters that present themselves to you in their coats of many colors. You all should be so very proud of yourselves because as you raise your vibration you also have raised the vibration of the world. It is a sure sign of your spiritual rise, and a sign that soon you will be at last face-to-face with your brothers and sisters of light in joy, bliss, and celebration of the heart. The more the divine light penetrates into you, the more your Merkaba is activated, aligning all your chakras and making you aware that you shine and radiate more and more.

Health, Love, Happiness, Abundance, and Life Purpose happen as you elevate yourself toward the sky to the great central sun. You are becoming a sun yourself and you will feel an immense joy settle into you, as a serene peace permeates you. You will finally taste the absolute state of grace.

There will be many opportunities to continue your journey raising your frequency, bringing this energy and spreading it throughout the entire world, and connecting with others like you who have merged with their divine selves. Along the way, you inundate with love and light all those who surround you, all those you love, and all those you have encountered in your daily life. Welcome to the fifth dimension! Om namah shivaya!

If you would like to continue your journey of learning and growing, we will be taking appointments for next year. After having sessions with me, you will find that your life will begin to shift and then you will learn how to maintain that vibration which brings you bliss. I have been dedicated to doing my work for over 26 years now and wish to help those who want to awaken to the beauty of the power within. I can help you activate your Spiritual remembrance and help you on the road to happiness once again. Appointments for next year 2019 will be starting on **Tuesday, October 9<sup>th</sup>**.

I always request either a minimum of four times a year or a maximum of six times a year. We do have cancellations, if you are needing to get in for an emergency. I am also doing body mapping which is a blue print that works to help those who want to stay in balance and maintain their frequencies.

Please join me for my last full year of teaching. I will be working less on a one to one basis with people in the year of 2020. So this is the year to come, if you have been wanting to understand that universal divine essence which is You. Come and reconnect to that luminous part of your being and watch your world change for the better. Also, in addition to personal counseling, I love to do couple counseling as well. Our ultimate goal remains to be aligned with all the parts of our Divinity. People who have mastered this are called "realized beings of their own Divinity." And they live a completely different life of grace and love and happiness.

Imagine wiping the slate clean and starting over without preconceived notions, so you can live in a world of daily wonder. Spiritual counseling can be a key that opens your life to a new universe of possibility and accomplishments.



Sessions will be 50 minutes long with time to integrate and breathe after each session. The love donation for sessions is \$67.00. If you have any questions about sessions for next year, please contact my assistant, Jody, at (507)387-1242.

**WOW****THE LAST WOMEN OF WISDOM**

Thursday, November 8th, 6:30pm

Topic: Young Women, Old Souls, Wise Advice

First, I want to thank all of our WOW panelists who we've had over the past two years. If it were not for you - your energy, your gifts, your strengths and your wisdom, there would have been no content for these panels of wisdom. I could not be who I am if you were not so clearly who you are; and if not for our souls' contract over many lifetimes together, there would not be this cosmic opportunity to bring this spiritual body of wisdom to those who have come to the panels and to the world. With all my love, I thank you.

It is now my honor and my delight to introduce you to our last panel of young women who are all old souls. From my reading and studying of reincarnation and astrology I knew that at some point I would be meeting some wise sage women of a younger age. These women are my visionary family. (They are called "visionaries" because their priority in this life is to aid the evolution of humanity through the transmission of universal knowledge via communications (the media, computers, or other means. These other means are by channeling, teachings and healings. ) They all possess an incredible nature of integrity, frankness, authenticity and compassion that make them remarkable beings. They will teach you how to listen to your intuition and to pay attention to your incarnation contract. Each person on this planet has a contract and we welcome you to come to this event to understand your purpose on the planet now at this time. As many of you know, my path has led me to regard the entities of the higher dimensions as brothers and sisters, united in a similar evolution, in communion with them.

So when you come you will open, you will create a vortex where all that will come will open you up to hear your higher soul self. You have come to this planet to experiment with your divinity in matter; but you are not limited to your physical envelope. Your subtle bodies go through all the extra temporal dimensions, and you can easily access all the information of the universe by connecting to it through the heart and becoming one with all that is. Come join me and listen to these young women of wisdom who are visionaries of our planet.

**Women of Wisdom Panelists - "Young Women, Old Souls, Wise Advice"**

**Amy Oberle-** Spiritual Teacher, Intuitive Healer, Lover of all things

**Jill Grace-** Multidimensional Mentor, Spiritual Teacher/Channeler

**Jinelle Anlea Fryklund-** Spiritual Coach, Inspirational Teacher, Author

**Chasity Senesac-** Lightworker, Spiritual leader, Divine mother



A love donation is always appreciated but no one is turned away. All donations are earmarked for women who come to our center in need of help as well as for supplies for the declared Sanctuary for undocumented immigrants. A suggested donation of \$15.00 or less.

*"The Universe has shaken you to awaken you!"*

## GATHERINGS & OPPORTUNITIES

### Relationship Group

**\*\* Meets once per quarter\*\***  
*Thursday Nov. 15*  
*6:00-9:00 p.m.*

This group meets once per quarter. On November 15th, we will give you an opportunity to join us for a Marriage/Partnership encounter. How about a potluck experience filled with Gratitude? Usually we meet at 6:30pm but let's meet at 6:00 pm. I am asking each couple write a letter of gratitude to your significant other.

Reading letters of gratitude creates a momentum of new dynamic energy that heals the other person while you are reading it to them. It also alters the cells of the one who is reading the letter of gratitude. And guess what? Those who are just sitting there listening and watching other couples show signs of affection and kindness towards each other also receive an energetic flow of energy. This has been proven in scientific laboratories. When we participate in acts of kindness either as a witness or as an active participant, our heart cells open up to this creative flow of energy called love.

Join us as we participate in the acceleration of our quantum healing energy.

Watch us as we bring forth the unconditional love that the world needs right now.

When we meet in community a river of light goes out into the world and everyone feels the reverberation of this frequency. I know how hard it is to believe this, but it is so true.

Happiness is not something you do, think or search for. It is something that you already are and can feel and experience. Happiness and Love are present in every cell of your body, in every cell of the universe and beyond. It is always with you and in you. Sometimes that energy can lie dormant in the cell and just needs to be activated. Our relationship group can help you reactivate your dormant energy inside of your body. Yes, it has been proven that people who are in love and show it to their significant other have a better sex life and are healthier; they literally shine with this luminous energy.

We invite all of you to come join us for this November "Pot Luck of Love." We will eat, drink and be merry as we share our letters of love and gratitude.

**ALL Are welcome.** Please RSVP by calling the center (507)386-1242.

### Providence Partners

*Meets once per month at 7:00 p.m.*

Do you want to find a way to connect with others who are interested in being financially wise? This is a financial investment group that comes together to make good conscious investments, and investing as a group.

We welcome new investors to join the group. For more information, you are welcome to come to a meeting to learn more. Please contact Paul Gorman at (507) 420-0138 to confirm meeting dates and locations.

### ONENESS Blessing Circle

*Wednesdays - 5:30 p.m.*  
*Facilitated by ONENESS Blessers*

Please join us, and invite others, for ONENESS Blessings! The ONENESS Blessings are based in the practice of Deeksha. In its simplest definition, as described by our Beloved Teachers, Deeksha is the practice of "getting one's self out of the way" so that Divine Light and Love can be channeled through us and given as a Blessing to others. Our ONENESS Blessing Givers are excited to give and to receive ONENESS Blessings.



### Pound Pro Class

Six-Week class, beginning Tuesday October 16  
 5:45-6:30

\$8 Love donation - punch cards also available  
 Laurie Thorstad is certified *Pound Pro Teacher*, she will be teaching this class through the fall and Winter months. Walk in's are welcome!  
 The Pound Class weighted drumsticks to help you sweat your way to a rock-hard body. Let's be honest-when a workout *isn't* fun, it's hard to stick with it.  
 CHANNEL YOUR INNER ROCKSTAR WITH THIS FULL BODY CARDIO JAM SESSION!!

**Come Join Me!**

## GATHERINGS & OPPORTUNITIES

### All Levels Yoga Class

Monday, Sept.17 at 9:30 a.m.

Class Fee: 10 weeks for \$80 or \$10 for drop ins



Julie Dickhudt will be leading an All Levels Yoga class, Mondays at 9:30 AM. This class is designed to include poses for all levels of yoga practice.

There will be modifications offered to modify the intensity of poses. Yoga practice is a highly individual and mindful experience.

Julie's intention is that all class attendees leave her class with greater awareness of their body alignment, strength and overall wellness. "I want people to feel good about their body and have fun with movement."

Julie is a certified yoga instructor and received her training through SunMoon Yoga studios in Mankato. She has also been a Certified Massage Therapist since 1996.

She incorporates healthy lifestyle suggestions, nutrition and music for an overall uplifting environment.

### ACOA Support Meetings (Adult Children of Alcoholics)

*Facilitator: Bob Dickhudt BS, LADC  
Goodwill offering welcomed at each meeting  
All are welcome to attend!*

Adult Children of Alcoholics- The term "adult Child" is used to describe adults who grew up in alcoholic or dysfunctional homes who exhibit identifiable traits. The group also includes adults raised in homes without the presence of alcohol or drugs.

By attending meetings regularly and by sharing our lives, we gradually change our thinking and behavior, we also find a Higher Power experience and astonishing improvement in body, mind, and spirit.

ACOA is a nationally-known program. If you have any questions about the program please give Bob a call at (507) 779-6971

Calling The  
POWER WITHIN!

Thursday, October 18 6:00-8:00 pm

Join us for a Powerful and  
Inspiring evening!



Are you ready to live a more powerful and purposeful life? Are you being called to Wake Up and move forward with your goals and dreams?

Come for an evening of self empowerment! There will be meditations, writing exercises, and connecting with others! Take charge of your own life and be excited to live your best life NOW!

This class will be life changing as it has already helped many!

### Get your tickets now here:

<https://callingthepowerwithin2.eventbrite.com>  
Or email Jinelle at: [jinelleanlea@gmail.com](mailto:jinelleanlea@gmail.com)

Tickets are available at the door. Early bird and general admission tickets available.

*Cost of event: \$30*

We can't wait to see you there!

XO

Amy and Jinelle

## WORKSHOP WITH SPIRITUAL TEACHER SELINA MAITREYA

### "Namaste and Send Them On Their Way"

October 11th

7:00pm-9:00pm

Love Donation: \$15

As you walk the path seeking higher consciousness, working hard to use your daily events as transformational tools, you may begin to recognize that there are people in your life that no longer choose to be around. Sometimes those people are opportunities for you to go to compassion and understanding and tolerance. Sometimes those relationships need to be released.

How do you know which relationships are for your growth?  
How do you kindly and lovingly release relationships that no longer serve you?

Join Selina as she shares a teaching and a practice you can use immediately.

**All Participants will receive an MP3 with the practice after the event.**

#### About Selina Maitreya:

Selina is an internationally celebrated lecturer, author and teacher of Practical Spirituality. Practical Spirituality is a transformational teaching that utilizes one's daily life as the practice pad for increased consciousness and connecting to higher wisdom.

Students of Practical Spirituality learn how to identify and access their highest wisdom 24/7 living lives that are based in true abundance and peace.

Website: [www.PracticalSpiritualityWithSelina.com](http://www.PracticalSpiritualityWithSelina.com)  
Facebook: [www.Facebook.com/PracticalSpiritualityWithSelina](http://www.Facebook.com/PracticalSpiritualityWithSelina)



## TWO MAMMA MIA MOVIE NIGHTS!

At HOPE'S HOUSE!!

1748 Orchid Dr. South. North Mankato, MN. 56003

First Movie Night: Thursday, October 25<sup>th</sup> at 6:00 p.m.  
Second Movie Night: Saturday, November 3<sup>rd</sup> at 6:00 p.m.

Bring your lawn chair and a snack to share to Gorman's heated 3 stall garage. Wine and Water will be available for all of my Dancing Queens.

The movies are indeed great. We will watch the first movie and then watch the second movie the second night. These story-telling movies have the magic of ABBA's timeless, fun, powerful songs. Songs like "Take a Chance on Me," "SOS," "Dancing Queen," and of course "Mamma Mia" propel the enchanting tale of love, laughter and friendship, creating an unforgettable movie.

These are feel Good Movies and as soon as I saw the second movie I knew I wanted to share it with my Dancing Queens. This is free and a wonderful opportunity to connect as women to just enjoy the wonderful energy of friendship.

**Dancing will occur!!!**

## HEALING TOUCH

Jim Heins a Healing Touch energy medicine practitioner at HIC, and in Bloomington. He has received many years of mentoring, training, teaching, and healing from several experienced gifted teachers and healers of multiple healing, teaching, and spiritual modalities. He is a graduate MSU, BS Cum Laude, 1976.



Jim also owns and manages several farming related businesses in Minnesota. He previously taught middle school, high school, and adult education in Mankato, Minneapolis, and Tampa, FL. He also has owned and managed several businesses in Minnesota and Florida. He lives on a farm near the woods by the Blue Earth River close to Vernon Center with his wife, Betsy, and many animal companions: dogs, horses, ponies, cats, and wild-life. (Healing Touch energy is very beneficial for animals also!)

To schedule an appointment with Jim, you can contact him directly via text at (507) 420-4090 or email him at jimheinshrf@yahoo.com

## IGNITE RETREAT

**SAVE THE DATE: February 22, 23,24 2019**

A Retreat called: "IGNITE"

With Hope Gorman and Renita Robinson

Be **BOLD, GUTSY**, and **AUDACIOUS** at any age. That's the kind of moxie information that you will receive on our retreat. Recovering from Divorce? Come reclaim yourself.

Stressed Out and Ill? Rise up (Re(treat) yourself. Depressed and Bummed Out?

Create your own natural "Love Drug" which increases your braver and socially smarter self in challenging times.

Whatever you want to "IGNITE" in your life we will help foster transformation in your life. Renita and Hope are dedicated champions for social justice and empowerment. We will take you through teachings and experiences that will impact your world assisting you in becoming a fearless humanitarian, hero, a mover and shaker, out of the box entrepreneur and thrill seeker of newness for your new life.

Come join us! I, Hope, am in transition myself. If you are in the Autumn years, your life is not over. It can just be the beginning of moving from one spot in your life to the next. So come join us in creating the LIFE you want and deserve.

You will walk out of this retreat amplified and on fire, ready to create your life. You will experience instant growth and stay put performance at an unbeatable value. There are some moments you never forget and for me, one standout was the first time I met Renita. I couldn't be more thrilled to be doing this retreat with her. If you are looking for an ultimate, rise up and be on fire to IGNITE and find your voice experience, this would be a retreat for you. From the moment you arrive you will know that you made the right choice.

February 22, Friday Night: Meet and Greet 6:00 pm to 9:00 pm

February 23, Saturday: 9:00 am to 4 :00 pm

Learn to Speak, Stand your Ground, Know your Worth, Know how to be a visionary, builder and artisan of your own life. Become Healthy and Alive, willing to begin again! Power teachings and experiential opportunities will be provided!

February 24, Sunday Morning: 9:00 am to 12:00 pm: Application! (And choosing a date for follow up)

Love Donation is \$175.00 dollars, if you sign up by December 31<sup>st</sup> 2018  
Love Donation will be \$200.00 dollars beginning the 1<sup>st</sup> of January 2019

## INVESTING IN SELF AND SERVICE

### Investing in Self and Service to Our World!

The Leadership Program is now a self-study program. This option will help meet the need of those who are deeply interested in becoming an Interfaith Minister.

**Program Delivery and Requirements...** Each month, beginning in the month of April 2019, you will receive all the homework assignments, study materials, as well as the audios filled with information to become a Minister. The first six months will be dedicated to getting to know yourself on a deeper level. This will include digging deeper, perhaps more than you have ever done so before. Also, every three months you will have a one-hour tele-conference with me personally to answer questions and/or to check in on your personal growth and comprehension of the study material. Yes, there will be homework, which helps both me and you to stay in integrity. You will be required to hand-deliver or email your homework to me.

**Upon Completion of the Program...** As a legally ordained Minister of the Hope Interfaith Center, you will be able to marry, bury and baptize legally. Your name will be recorded on the State's records and you will receive your Ministerial Credentials on a beautiful certificate which you will receive upon finishing this year-long program.

### Why Become a Minister...

We who are Interfaith Ministers are people of all walks of life and from all religious backgrounds. We hold on to the truth that we are ALL ONE. Your study and credentials will help you walk with others on their spiritual journey. Spiritual Counseling is so incredibly important now for our world.

## WEDDINGS DESIGNED BY/WITH HOPE

One of my first passions is to help couples design weddings, celebrations of life, and baptisms. More and more couples today say they want a spiritual, but not religious, wedding ceremony. They are wanting to create a ceremony that reflects their deepest values and beliefs of honoring each other as well as the inclusion of the greater community. Last year, one in three American weddings were officiated by a friend, a family member, or an Interfaith Minister. A standard wedding doesn't suit everyone and for those who want to make their special day more personal and have a ceremony tailored to reflect their own spirituality, it takes a little extra planning to achieve it. The greatest artistic heartfelt achievement is how we enter into the sacred vows of marriage. We are all meant to live on the creative edge of self-discovery and self-reflection as well as self-expression. When we don't live by this mandate, we abandon our inner essence of creativity with meaning.

If you are looking for an officiant who will help you enter into the biggest moment of your life more mindfully than most, I would love to help you in this process. I continue to raise my vibration while helping people walk into marriage with an inner integrity. I keep raising my vibration through a routine of daily meditation, affirmative prayer, introspection, and spiritual study. I will help you maintain your vibration by seeing you at least three times before your wedding date to pray and prepare a ceremony that is intentional and infused with love and light. I do this privately outside of the Hope Interfaith Center as well. If you or anyone you know would like to discuss how to create a wedding ceremony, baptism, or celebration of life that is infused with love, please call me at the temple and we will begin to set up the date to talk about dates, fees, and design. I walk in gratitude for all the blessings that are present in my life and especially for the capacity to love and to develop ceremonies that are mindful and will also nourish all who come. If I am unable to do the date that you would like, we have other fantastic Interfaith Ministers that I can introduce you to that would love the opportunity to serve. The number to call is (507) 386-1242.

*Testimonial:*

*Dear Janice,*

*How do I even say thank you for how amazing you helped make our wedding!? It was such a special day—especially our ceremony in a huge part thanks to you! Thank you for creating such a beautiful energetic space for us to commit to each other for our friends & family to share in. Having you and Paul there was so special. You are such a huge part of me, it wouldn't have been so perfect without you!*

*We love you!*

*Jess & Burge*

## PURE HOPE SHOW

### The Pure Hope Radio Show Podcast

The last Tuesday of every month at 7:00 p.m.



LIVE (Most of the Time)

Pure Hope Show is one of the most dynamic shows orbiting the planet Earth. We are a program that does our best to address all areas of Spiritual growth and Metaphysical information. Topics from the paranormal, to the energy of Sasquatch, to humor to improve your health, to DNA wake up calls through downloads and many others have been presented. We have authors, healers and motivational speakers who will talk about their inspirational stories of experience, strength, hope, super powers, compassion and Love.

We bring our broadcast anywhere in the world with anyone around the world. You will perhaps meet your soul family on these broadcasts. When you do and you listen to them, it heightens your vibratory level so that you have at your disposal the maximum energetic potential finally to recognize yourself and remember who you really are. They are a part of you, and you are part of them. By connecting to them you plug directly into the divine universal energy you originated from.

I know that it is hard to believe but when you listen to these programs your light cocoon returns to its original ovoid shape: stable, luminous, and balanced. You will open to others, thus allowing you to radiate like a thousand suns to be fully in harmony with heaven and earth, and connected to all that lives.

When you listen and or connect to light information you remember and become revitalized. This helps you understand who you are. These broadcasts are FREE!!!!!! So when people report that they can't afford energy work, well, listen in to our program. With every broadcast our guest supplies us with energy downloads and meditations, as well as chants and divine equations to help restore us to our journey as a light workers.

So, to those who want to move out of being mind controlled by mainstream media, shut off the TV and tune in to our Pure Hope Show and live in the ZONE of inspiration that is provided for you each month. The ZONE of inspiration is an energy that everyone can partake in to make changes in your life. This is a very practical move as well.

We made it very simple to get on our program. Please go to our website and Google "Pure Hope Show" and you will find instructions to tune into these programs. All of the programs are archived for your convenience as well. Our "Pure Hope Show" is a monthly audio podcast show. So please join Rev. Janice Hope Gorman and her many inspiring quests as they bring new and out of the box spiritual insights to you designed to enhance your life. Hope is a highly sought after spiritual teacher who engages locally with world renowned leaders in meaningful conversations to create conscious and intentional change.

Listen to the show live on the last Tuesday of each month at 7:00 pm central time.

Join the conversation by calling 213-559-2974. If you have a question, press the number one. Tom, our program director, will put you on the air with these dynamic speakers.



## NOVENA FOR PERSONAL AND PLANETARY TRANSFORMATION

### DAY 1

I greet this day with LOVE in my heart. This is the great secret to happiness, health and wealth. I greet this day with LOVE because this is the unseen power that blesses others and also blesses me. I will make love my most effective tool, bringing this energy to life, to myself and to others. LOVE melts the blocks within and around me. Opening me to the full joy of life. I liken love to the rays of the sun, which can soften the cold of the harshest day. I greet this day with LOVE in my heart. I am a member of the 5th KINGDOM! I AM THE GREAT I AM!

### DAY 2

I greet this day with love in my heart. Henceforth, I look on all life with LOVE, I realize the rebirth within myself. I LOVE the sun, and it warms me; Yet, I love the rain for it cleanses my spirit. I love the light for it shows me the way; Yet I LOVE the darkness for it shows me the stars. I welcome happiness for it expands my heart; I endure sadness for it teaches me compassion. I experience the challenges of my life as they aid in my growth. I greet this day with LOVE in my heart. For I am a member of the 5th KINGDOM! I AM THE GREAT I AM!

### DAY 3

I greet this day with LOVE in my heart. I will LOVE those I confuse as enemies and find ways to know them as my brothers and sisters. I will find ways to applaud them. I release harmful words and thoughts. When I am tempted to criticize, I will be compassion. I will be more moved to praise, and I will speak out clearly. I will join the birds, the wind and the sea as nature speaks praise for all creation. I will uplift all life! I greet this day with LOVE in my heart. For I am a member of the 5th KINGDOM! I AM THE GREAT I AM!

### DAY 4

I greet this day with LOVE in my heart. I embrace all of humanity, seeking qualities to admire. Though I often have not been able to see clearly at times. With love I will tear down walls of separation which have been built. In their place I will build bridges of connection. I LOVE the ambitious, for they inspire me to greater action. I LOVE those who fail, because they teach me endurance. I LOVE the young, for the faith that they hold, the elders for the wisdom they offer. I embrace the rich and the poor, the meek and the bold. I will acknowledge the spark of divinity that resides in each life that I meet today. I greet this day with LOVE in my heart. For I am a member of the 5th KINGDOM!

### DAY 5

I greet this day with LOVE in my heart. I respond to the actions of others with love from my heart. My energy of LOVE sustains me when I am alone. My shield of LOVE protects me from hurts. My shield of LOVE Uplifts me in moments of despair. LOVE calms me in times of confusion. I awaken to this new day with vitality and joy for living. My desire to greet the world with love continues to grow within me. I accept happiness in my heart and I shall share this light with all I meet. For surely it is coming back to bless me this is how the Universal Energy works. What you sow, so shall you receive. As I become stronger, I cast aside the shield and walk unencumbered among the family of humanity, giving and receiving. The radiation of unconditional love reawakens the joy of living in everyone I meet. I greet this day with love in my heart. For I am a member of the 5th KINGDOM!

### DAY 6

I greet this day with LOVE in my heart. I address each one whom I confront with tenderness and strength, knowing that LOVE is within my heart. The offering of LOVE shines in my eyes, unwrinkles my brow, brings a smile to my lips, and a sweetness to my voice and a gentleness to my touch. I greet this day with LOVE in my heart. For I am a member of the 5th KINGDOM!

## NOVENA FOR PERSONAL AND PLANETARY TRANSFORMATION

### DAY 7

I greet this day with LOVE in my heart. This day I will LOVE myself. I will resist overindulgence and I will cherish my body with cleanliness and moderation. I will uplift my mind with knowledge and with words that are only of LOVE. I will fill myself with gratitude and feed my spirit through meditations and contemplate the great mystery of life. My LOVE blesses me and my LOVE blesses all of the earth. I greet this day with LOVE in my heart.

For I am a member of the 5th KINGDOM!

### DAY 8

I greet this day with LOVE in my heart. Henceforth, I shall LOVE all life and all kingdoms in every expression. At this moment I take steps toward a greater level of expressions of LOVE for myself and all humanity. I grow in my understanding of the power of LOVE and its holy purpose. I can succeed with LOVE alone in my life. LOVE alone is capable of unifying all life. I greet this day with LOVE in my heart. For I am a member of the 5th KINGDOM!

### DAY 9

I greet this day with LOVE in my heart. This is the great secret of joy. Only the unseen power of LOVE can open my heart to all others and their hearts to me. I will make LOVE my most effective tool. Bringing happiness to others and to myself I give now only LOVE that is needed in this world. That I might bless and be blessed. I now know that the great secret of joy is LOVE. I greet this day with LOVE in my heart. For I am a member of the 5th KINGDOM! **I AM THE GREAT I AM!!**

## THANKS!

Thank you to those who.....

There is another book that many of you might remember called "Simple Abundance." We at the Hope Interfaith Center have many people to thank for the simple acts of kindness that you have done for us over this Summer. First, I want to thank the Universe for the wonderful love and provisions given to us. Then, I want to thank you all for your small and large donations that help keep the doors of our center firmly open. Your continual effort to move this center forward with your time and resources are highly appreciated. Personally, I have benefited from the wise counsel that I have received from my board members. Without your help our Star Gathering could not and would not have been a success. You are all deeply loved and honored!

We do want to give a shout out to Marcia and Craig for all the wonderful things that they have given to HIC over the years. Now they are off to Arizona and beginning their married life together. Thank you and congratulations! Another shout out to Holly Anthony for her love and support as book-keeper at our center. Your expert abilities, kindness, love & dedication to the mission of HIC have helped us all soar like an eagle. We would all like to thank you for your grace and assistance. Selina Maitreya, thank you for holding classes here where all of your proceeds were given to the center. Thank you for your grace and gifts!

We so much could not go on without all of you coming to the center. Our mission continues to spread throughout the Mankato area helping all those who come to live a Spiritual life.

## MESSAGES FROM HOPE!

I am getting ready to travel with members of the Hope Interfaith Center to Hawaii!! So, we are reading a book called "Zero Limits: The Secret Hawaiian System for Wealth, Health, Peace, and More" by Joe Vitale. If you are overworked and over stressed and finding professional success and personal fulfillment frustratingly difficult to attain, perhaps you would like to read this book and learn this system?

For many people it seems like you work hard but never get anywhere. Maybe the limitations holding you back come from inside you, not from the outside world. Zero Limits presents a proven way to break through those self-imposed limitations to achieve more in life than you ever dreamed.

Joe Vitale was once a homeless, ill man; now he's the millionaire author of numerous bestselling books, an internet celebrity, and an in-demand online marketing guru. What happened to create all of this success? How did he make this happen? The answer may surprise you. It wasn't until he discovered the ancient Hawaiian Ho'oponopono system that he finally found truly unlimited success.

Teaming up with Dr. Ihaleakala Hew Len, master teacher of modern Ho'oponopono, Vitale shows you how to attain wealth, health, peace, and happiness. This ancient system, helps you clear your mind of subconscious blocks so that destiny and desire can take over and help you get what you truly want from life.

Please pray for us who are traveling together to Molokai for one week and then to Kauai for the next week. We are all preparing for an opportunity to perfect this ancient technique as well as work with the grid for Gaia Mother EARTH!

Ten years ago, I began the study of this ancient system. I have come to understand that this Hawaiian problem solving process makes more sense now to me than ever before. Many systems utilize and move energy (like moving pieces on a chess board). Ho'oponopono, however, awakened me to how to change the energy within me.

This is what the Hope Interfaith Center classes, groups and events do. They help people take responsibility for their own energy field and stop blaming everyone and everything for what is going on around them.

I would love to encourage you to join us at the Hope Interfaith Center as members of our congregation and show up more and more and more proving to yourself how much your life can change just by exploring the blocks that you might have that keep you from your success.

Together through Spiritual Services, classes, meditation, Oneness Blessings, yoga, Pound class and other events and happenings you can move into the life that you have always wanted. If you have any questions about our center or wish to speak to me or another Minister, please feel free to contact us.

May you all be blessed beyond measure!

Love,  
Hope

"The Best and Most beautiful things in the world cannot be seen or even heard, but must be felt with the heart" -Helen Keller

## GATHERINGS & OPPORTUNITIES

### CALENDAR OF EVENTS

#### OCTOBER

- 1,8,15,22,29 All Levels Yoga 9:30 am  
 3,10,17,24,31 Oneness Blessings 5:30pm  
 4,11,18,25 ACOA Support Group 6:00pm  
 11 Become the Abundance You Seek 7:00pm  
     14 Spiritual Service 10:00am  
     14 Oneness Sunday School 10:00am  
 16,23,30 Pound Pro Class 5:45pm-6:30pm  
 18 Calling The Power Within 6:00pm  
 25 Mamma Mia Movie Night 6:00pm  
     (Hope's House)  
 30 Pure Hope Show- Blog Talk Radio 7:00pm

#### NOVEMBER

- 1,8,15,22,29 ACOA Support Group 6:00pm  
 3 Mamma Mia Movie Night 6:00 pm (Hope's House)  
 6,13,20 Pound Pro Class 5:45-6:30pm  
 7,14,21,28 Oneness Blessing 5:30pm  
     8 WOW Event 6:30pm  
     11 Spiritual Service 10:00am  
     11 Oneness Sunday School 10:00am  
     15 Relationship Class 6:00pm-8:30pm  
 27 Pure Hope Show- Blog Talk Radio 7:00pm

#### DECEMBER

- 5,12,19,26 Oneness Blessing 5:30pm  
 6,13,20 ACOA Support Group 6:00pm  
     9 Spiritual Service 10:00am  
     9 Oneness Sunday School 10:00am  
 25 Pure Hope Show 7:00pm

*Please RSVP for gatherings by Calling HIC at (507)-386-1242 or emailing your intention to attend to hopeinterfaith01@gmail.com.*

*It's a really nice thing to do for yourself and it helps in our planning. Thank you!*

# Join Us!

### ESSENTIAL OILS AT HIC

## Hope Interfaith Center is a Plant Therapy Essential Oil Reseller!

WHEN YOU ORDER PLANT THERAPY ESSENTIAL OILS THROUGH HOPE INTERFAITH CENTER, THE CENTER RECEIVES A PORTION OF THE SALE!

Plant Therapy is based in Twin Falls, Idaho. "Plant Therapy's standards of quality are some of the strictest in the industry" and they do everything possible to ensure their oils are "100% pure, natural, AND of the highest quality...Plant Therapy works directly with world renowned essential oil expert, Robert Tisserand, and several analytical laboratories."

If you love dōTERRA or Young Living oils, check out Plant Therapy's synergy blend comparison chart, which lists the other company's blends that are similar to Plant Therapy. You can find the comparison chart online here: <https://goo.gl/qJQaxP> or you can pick up a copy at HIC.

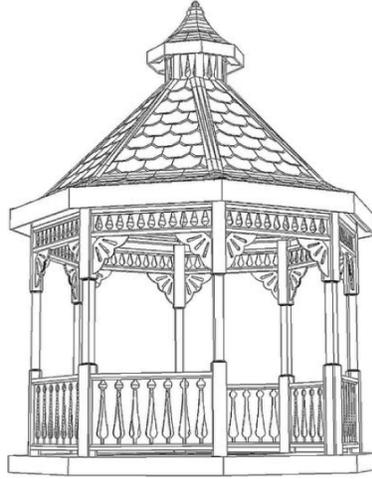
For more information about Plant Therapy, visit their website at [www.PlantTherapy.com](http://www.PlantTherapy.com). To place an order, call HIC at (507) 386-1242. *There are a few oils available to sample at the Center.*

## THANK YOU IN ADVANCE FOR SUPPORTING HIC!



PLANT THERAPY  
100% PURE ESSENTIAL OILS

ALL SACRED PATHWAYS HONORED



HOPE INTERFAITH CENTER  
A CENTER FOR SPIRITUAL LIVING

We Inspire All in Oneness to Create a Better  
World by Empowering People to Recognize  
and Honor the Divine in Self and All.

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